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OC News

Woman Convicted Of Torture

OCDA RELEASE

Garden Grove – A woman was convicted today of torturing a man, with whom she had a romantic relationship, by cutting off his penis after tying him to his bed following an argument.

Catherine Kieu, 50, Garden Grove, was found guilty by a jury of one felony count

[see Torture Page 8](#)

IE News

Spot Drug Houses

BY: ANDREW HOOVER

Inland Empire - Several upscale communities like Walnut, Diamond Bar, Chino Hills, and Eastvale have been targets for "marijuana grow houses." Just recently, the Sheriff Dept. has released a statement indicating that over 17 houses have been uncovered in a 20 mile radius since Jan 2013. The Sheriff Dept. has also released tips

[see Drug Page 2](#)

Sheriff Variety Show Sponsors Step Up

BY SARAH ARMIJO

Walnut/Diamond Bar – Sponsorships have stepped up tremendously for this Saturday's May 4th Sheriff Variety Show at Walnut High School. The generous sponsorships that were received are from Don Knabe's office, the City of Diamond Bar, and Marcos Granda from American Pacific Mortgage.

The Walnut Valley Unified School District has also joined the efforts of

[see Sponsors Page 3](#)



PHOTO COURTESY: GIL RIVERA
Photos of some of the participants from last year's Variety Show held on Oct. 27.

Local High Schools Ranked Best in US

BY KELLI GILE

Walnut - Diamond Bar and Walnut High Schools have been ranked as two of the best in the state and nation in the 2013 U.S. News Best High Schools Rankings released on April 22.

The outstanding schools are in the top 10% of high schools in the state and top 3% nationwide.

Diamond Bar High School received the Gold Medal Award.

DBHS is ranked 39th within California and 219th in the nation.

"Congratulations to our students, staff, and parents in building and supporting such a wonderful learning community for our children!" said DBHS Principal Catherine Real.

"If you look closely at how the rankings were compiled, you will see that among other criteria, our school philosophy of open access to AP courses and AP testing has played a big part in

how well we ranked. Not only have we increased access to more AP courses, but we have simultaneously maintained an excellent pass rate!" Real said.

Walnut High School received the Silver Medal Award. WHS is ranked 122nd within California and 629th in the nation.

"This is a great honor for Walnut High School. Our staff

[see Ranked Page 7](#)

Plastic Task Force Seize 30K Of Stolen Plastic

STAFF REPORTS

Industry - The Industry Plastic Industrial Theft Task Force (PITTF) identified and seized a warehouse containing stolen trademarked plastic goods with an estimated value of \$30,000. In addition, \$60,000 worth of miscellaneous equipment was seized in the search as well.

The discovery was made by task force members as a result from a lengthy investigation and serving a search warrant at the location.

No information was released on the location of the warehouse, the date of the bust, or name of potential suspects. Also no suspects were arrested, according to a statement issued by LASD.

Most of the plastic goods were found intact. However, some had been ground down in an effort to make them untraceable.

The PITTF is a division at the Industry Sheriff's Station that is completely funded by the City, and has been in operation since September of 2011. Most of the stolen and recovered plastics are

pallets, trays, shelves, baskets, and totes (collapsible crates) from grocery stores, pizza places, bakery industry, restaurants, beverage companies, and shipping and receiving companies.

Once thieves collect the plastic, they take it to sites where it can be ground down and then sold to plastic manufacturers.

Since its creation, task force agents have recovered and returned over 7 million dollars in

[see Plastic Page 8](#)

BUSINESS FEATURE

Massage Envy- Giving Every Client The WOW Experience

BY: ANDREW HOOVER

Diamond Bar - If you're looking for a place to relax, relieve some pain, or even get a little pampered then Massage Envy is the place for you. Their goal is to give you the WOW experience.

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[see Massage Page 7](#)

BUSINESS FEATURE

Facebook Giveaway Winners

BY SARAH ARMIJO

Eastvale – Congratulations to our FIVE winners in our Facebook Giveaways this past month.

Our first winner was CECILIA CHAPA, who won a \$1,100 Cannondale Bad Boy 5 bicycle. A special thanks goes out to Elixixir Bicycles, located at 20687-3 Amar Rd, Walnut, 91789, who co-sponsored the event with ABC Public Relations in Chino. For all your bicycle supplies, repairs, and needs, call Elixixir at (909) 595-6116.

Our next four winners won 4 tickets each to Circus Vargas. NATALIE CLIFTON was the



PHOTO BY: MICHAEL ARMIJO
Elixixir Cycles owner, David Park, gives Facebook Giveaway winner Cecilia Chapa her \$1,100 Cannondale Bad Boy 5 bicycle last weekend.

[see Facebook Page 8](#)

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WEEKLY NEWS

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The Weekly News would like to hear from you.

Please contact us at:

Letters:

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E-mail:

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Spot drug houses

DRUG from page 1

on how to spot a marijuana grow house.

A "marijuana grow house" is typically a house located in a suburban area that is industrialized to grow and distribute Marijuana. This process includes bypassing the electrical meter by way of expensive and high grade electrical equipment or leading a wire to the power line before the meter. The houses must be maintained at a certain temperature as well to ensure the crops growth. Due to this, the houses can possess the ability to create an immediate fire hazard with all the electricity being generated through amateur wiring. However, fire hazards aren't the only downside to grow houses. Most of the time, growers are involved in gang activity which brings the threat of violent crime into your neighborhood. Grow houses can also cause property values to drop which can put a strain on homeowners in the area.

According to the DEA and



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some form of gang activity and do not want anybody interfering with their operation.

If you or someone you know suspects a home of being a grow house, you are strongly

advised to call calling Deputy Javier Morando at the Jurupa Valley Station at (951) 955-2600 or the Riverside County Sheriff's Department's dispatch center at (951)776-1099.

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<p

Sheriff variety show sponsors step up

SPONSORS from page 1

the Sheriff's Booster Club by co-hosting the 2nd Annual Variety Show, being held this Sat. The show will be held at the Walnut High School Performing Arts Center located at 400 Pierre Road, Walnut, 91789, beginning at 6 pm.

"We are honored to help the efforts of the Sheriff's Department and the Booster Club," said WVUSD Superintendent Dr. Dean Conklin. "Since 100% of the money raised goes towards the local station, we are pleased it ultimately helps our community directly."

Local dance, karate, singing and performance groups will be showcasing their talent at this exciting community event.

Tickets for this show are \$11 and all proceeds go to the Walnut-Diamond Bar Sheriff Booster Club, a non-profit organization that fundraises for items that are currently not on the LA County Sheriff Department's budget. Some of the beneficiaries of the Booster Club fundraising efforts are the Sheriff's Reserves, Sheriff's Explorers, and the Sheriff's Civilian Volunteers.

Tickets are available online at www.seatyourself.biz/sheriff or are available at the door. Tickets can also be purchased over the phone and placed on "will call" by

calling (909) 464-1200.

Before, during and after the shows, Pomona's RAW Visual Artist of the Year, Mathew Sanchez, will be showcasing his work in the lobby. All his work will be available for viewing and purchase via credit card or cash. Z Ultimate Self Defense Studio in Walnut will also have a table in the lobby at this show.

Some of the participants that will be participating at this show are The Dance Corner studio located in Rowland Heights; Diamond Bar gospel singer Etha Clemens; singing sensation Terrah Xtreme; The Pennies featuring Alisha Ciorlieri, Adrian Vega, Steven Cruz, Bryant Seavy, and Eddie Sanches; The MTM Band featuring Jason Adauto, Michael Hanlon, Ellie Ikeda, Addam Rodriguez, and Jared Witcher; and a scene performed by Emma Aragon and Emi Tsukada. A special performance will also be given by Luke Rivera.

If you would like a DVD copy of

this Variety Show to take home, JDC Cine Photos of jdccinephotos.com will be videotaping the entire show and DVDs will be available for purchase after the show.

We would like to give a special thank you to all our sponsors! If you are interested in being a sponsor that will also be promoted and honored at this event, please contact call Michael at (951) 264-8163 or Gil Rivera at (909) 967-4525.

For more information about this event, go to the event page located on the ABC Public Relations Facebook at www.facebook.com/abcprr1997. You may also contact Gil Rivera of www.sellyourcasa.com at (909) 967-4525 or Michael of ABC Public Relations at (951) 264-8163.

"We hope many of you will continue to support our local schools and our local Sheriff's Department by purchasing a ticket online at www.seatyourself.biz/sheriff or at the door on May 4th," added Dr. Conklin.



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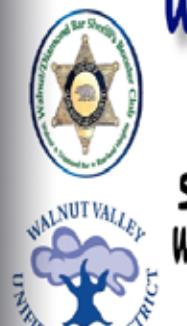
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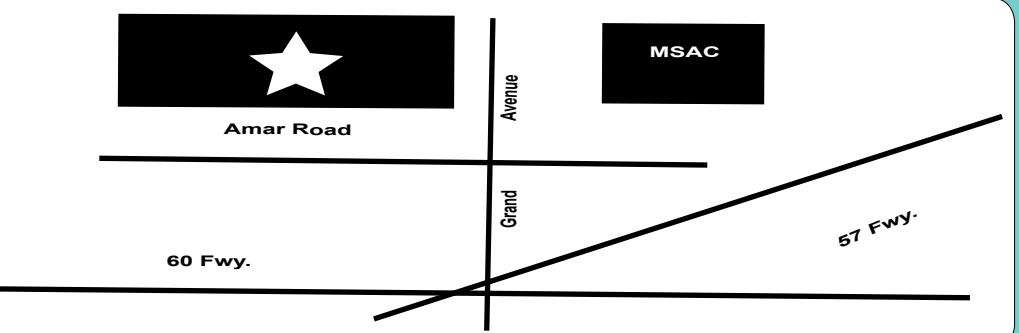
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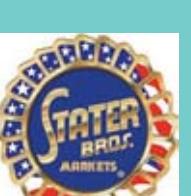
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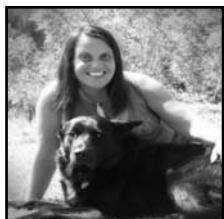
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Be Good To Yourself

By NANCY STOOPS

The holidays are here and it's a great opportunity to learn how to be good to yourself. You're doing an exquisite job creating a wonderful holiday for everybody, but don't forget about you. Please don't think that it's selfish, instead understand how very necessary it is to learn to put quality time into yourself.

I wonder how long it's been since you took a very long bubble bath. I mean the kind where you light the candles, put on the music, and use every wonderful bath product there is. Please trust me when I tell you,



you deserve this. Learning to care for ourselves makes us better to those around us. It makes us less resentful when we spend our time taking care of others. It also makes us feel better about us and that makes us happier and much more pleasant to be around. So understand that by caring for yourself, you also help everybody else in your life, because you are just better!

I have learned that my world and the people in it don't fall

apart when I say no. It makes the people in my life understand that I'm a person and that I can't be everything to everybody. It also makes the people in my life more self-sufficient. So it's really a good thing to set boundaries around what you can and what you can't do. Unfortunately, we tend to get caught up in guilt and guilt is such a useless emotion. You need to think about yourself and learn to not feel guilty. Start with a workout, a bath, a message or whatever

makes you feel as if you are cared for. Make this the year you finally learn to take care of yourself, in the way that you deserve!

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Straight Talk With Danice

DEAR DANICE,

I made a mistake and let one of my friends drive my car. My mom caught me because she was out walking the dog. I was just trying to teach my friend how to drive a stick shift, but she is mad because this is against the rules she gave me. She said that everything has changed now that she isn't sure that she can trust me. I feel rotten. I will do anything to get her trust back. I

am a senior in high school and I am never in trouble. I have no car for a month. I walk to school now and I never complain. Do you think she will trust me again after that? So far, we haven't talked about it. I'm too scared to bring it up.

Jen



Dear Jen,

Parents have rules about their teens driving for a reason. Usually it's to keep you safe, or to avoid financial liability. If something goes wrong and another person is injured, your parents are responsible. It's pretty simple to understand. They have provided a car for you, so it appears they have worked hard to offer you a nice life. I'm sure they would like to keep it that way, so your carelessness with the rules most likely hurt your mom's feelings. You are too

young to see the big picture here, but please make an attempt to sit down with your mom and tell her how sorry you are for betraying her trust. Tell her that you are willing to do anything to repair the situation, and then accept her conditions.

I wish you the best of luck, Jen. Please be careful.

Danice Akiyoshi ND

Danice Akiyoshi is a Naturopathic Doctor and the head of Candid Coaching Service. She has a great passion for alternative healing and has over 20

years of experience in this field. She provides a form of energy psychology called *The Emotion Code*, where she helps people literally get rid of their emotional baggage. She also offers personal coaching services relating to all types of issues and concerns. This is a letter she received from an anonymous reader. To send a question to Danice, email her at straight-talk@candidcoachingservices.com. You can also visit her website at www.candidcoachingservices.com.

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Impressions Of Israel

By MARK HOPPER

Recently a group from our church left on a 12 day trip to Israel. We left on the day after Easter and returned about a week ago.



The most frequent question people ask is, "What were your impressions of Israel?"

One of the most striking things about Israel is how similar it is to California! The geography and climate are very similar to ours!

Israel has a "west coast" just like we do. They have the coastline of the Mediterranean Sea, just like we have our coastline of the Pacific Ocean.

They also have a flat coastal plain just like we do. Tel Aviv is very similar to Long Beach, Seal Beach and Huntington Beach.

Further inland, a ridge of

mountains rises in the east. Jerusalem is located at about 2,500 feet above sea level. Our mountains are higher than that. But, in both Israel and in southern California, the mountains separate the ocean from the desert.

As you go further east into Israel, the land drops off into the Jordan Valley. The hillsides around the Dead Sea looks just like the hillsides above Palm Springs. It is a desolate, dry desert landscape.

The Jordan Valley looks a lot like Palm Springs and the desert city of Jericho looks just like Indio, California, with acres of Date Palm trees.

We have the Salton Sea just like Israel has the Dead Sea. Both have no outlet and both have large mineral deposits in them. Both of them are below sea level. In fact, the Dead Sea is over 1,000 feet below sea level!

The Jordan River is similar to

our Colorado River. The source of the Jordan River is the snow covered slopes of Mt. Hermon near the Israel, Syrian and Lebanese border. The source of the Colorado River is the snow covered slopes of the Colorado Rocky Mountains.

I found it very helpful to see these numerous similarities between the geography and climate of California and Israel. We have more in common than I realized!

Pastor Mark Hopper

Evangelical Free Church of Diamond Bar 3255 South Diamond Bar Blvd. (909) 594-7604

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Massage Envy- giving every client the WOW experience

MASSAGE from page 1

and facial services. They also customize each session to their clients' needs, meaning that you're not constrained to doing a specific routine.

The owners at Massage Envy decided to locate to Diamond Bar so they could develop a team of professional and intuitive therapists and estheticians to help improve the quality of life through the healing touch of massage therapy and facials.

At Massage Envy, you will be immersed in a team environment with 10 plus years experience, and where each employee is constantly giving each other comments and suggestions to help make your experience that much more enjoyable. Each employee strives to constantly provide motivational support to one

another allowing them to reach their maximum potential. By doing this, Massage Envy creates an environment where clients can feel the cohesive team effort allowing for a relaxing, inviting, and memorable experience.

They also specialize in multiple different types of services ranging from relaxation, hot stone, and therapeutic which includes sciatic pain, headaches, migraines, fibromyalgia, back pain, neck pain, frozen shoulder, and more! They also have enhanced therapies such as deep muscle therapy, sugar foot scrub, and an assortment of aromatherapy.

Massage Envy is also offering a couple of special mother's day packages. The first is the mother's day spa package, which includes a massage, facial, and their choice of any of their enhanced therapies for \$99. The next is the three month mem-

bership package, which includes 3 massages, discounts for any additional services during that time, along with a gift package, all for \$177.

If you would love to visit Massage Envy their address is 1195 S. Diamond Bar Blvd. Suite B, Diamond Bar CA 91765, on the corner of Diamond Bar blvd and Grand, right next to the Starbucks. You can also contact them at (909) 612-9700 to make an appointment or get more information.

Local high schools ranked best in US

RANKED from page 1

is dedicated to supporting all students," said WHS Principal Jeff Jordan.

"Walnut High continues to evaluate student success and willing to adjust when necessary. To be recognized as one of the top 3% high schools in the country is a very humbling honor. I am proud of our staff, students, and parents as they are the ones that make this recognition a reality," Jordan said.

Over 21,035 U.S. public high schools were reviewed for this year's report; 630 California schools made the rankings. Schools were awarded gold, silver, or bronze medals based on state proficiency standards,

how well they prepare students for college, and other factors.

In the national rankings, 500 schools earned gold medals, 1,790 were awarded silver, and 2,515 took home bronze.

For the full report, please go

to www.usnews.com/education/high-schools/articles/2013/04/23/us-news-releases-2013-best-high-schools-rankings.



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Plastic task force seize 30k of stolen plastic

PLASTIC from page 1

stolen trademarked plastic products to victimized businesses, and arrested over 71 suspects involved in the theft and possession of stolen trademarked products. Sheriff's task force agents have also seized numerous pieces of equipment that were used in the illegal activities, and have also identified and shut down over 29 locations that were being used to stow, grind,

and prime for sale, intact and/or ground stolen trademarked plastic products.

"The victims of these thefts are hard working businesspeople contributing products and services to their customers, as well as jobs to the economy. The enormous cost to businesses as a result of these thefts is ultimately paid by consumers through increases in prices for goods and services," said Industry Sheriff's Station Captain Mike Claus in a news release.

Woman convicted of torture

TORTURE from page 1

of torture, one felony count of aggravated mayhem, and a sentencing enhancement for the personal use of a knife. She faces a maximum sentence of life in state prison with the possibility of parole at her sentencing June 28, 2013 at the Central Justice Center in Santa Ana.

At the time of the crime, Kieu and 60-year-old John Doe had a romantic relationship and lived together in Garden Grove.

On the night of July 11, 2011, Kieu and John Doe had an argument over the possibility of a friend staying with them at their home at a later date. The defendant then prepared dinner for the victim and laced it with Ambien without the victim's knowledge.

At approximately 9 p.m., John Doe became tired as a result of being drugged and went to bed. As he slept in his bed, Kieu tied the victim's legs and arms to the four corners of the bed with nylon ropes. When John Doe awoke, the defendant pulled down his pants, grabbed the victim's penis, and severed it with a knife.

FB giveaway winners

FACEBOOK from page 1

first winner announced, IRENE HERNANDEZ-BLAIR was our second winner announced, LYDIA VARELA-KRAY was our third winner, and ROSIE FABIAN was our last winner.

To win these prizes, all our participants had to do was "Like" our Facebook page (www.facebook.com/abcpr1997) and "Join" our event and they won FREE prizes!

The winners were picked and announced in a video message on Facebook and published in The Weekly News, the Eastvale Community News and the Community News.

To enter our next giveaway, make sure to "Like" our ABC Public Relations Facebook page at facebook.com/abcpr1997 and keep an eye out for our next posting. Our giveaways will be on this Facebook page from now on.

If you were a winner for this giveaway or if you have any other questions about our giveaways, please call us at (909) 464-1200 or message us on our Facebook page.

"Clearly, the enormity of the loss just in Los Angeles County could easily exceed \$10 million dollars a year. I have been contacted by Los Angeles County and even worldwide global businesses who have made it clear that this is an epidemic that has never been addressed. These businesspeople are grateful that the Sheriff's Department has taken a leadership role in addressing this issue and educating the public about it. While expressing gratitude, some busi-

ness owners explained that their losses had been so huge, that had the thefts continued, they most likely would have had to go out of business."

"We will continue to find these

stolen products and return them to their rightful owners, and the people responsible will be arrested and addressed by the criminal justice system," said Captain Claus.

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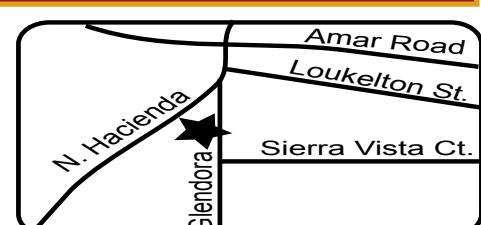
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