

WEEKLY NEWS

Volume 15

Issue 5

Aug 11-17, 2012

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OC News

Parolee Sentenced 15 Years

OCDA PRESS RELEASE

Santa Ana - On Friday, August 3, parolee and Anaheim resident Matthew Castaneda, 36, was sentenced to 15 years to life in state prison and lifetime sex offender registration

see Parolee Page 5

IE News

CNUSD Bond Not On Nov. Ballot

BY CYNTHIA SANTOS

Corona - The Corona Norco Unified School District (CNUSD) School Board has decided not to place the school bond on the November ballot. The proposed \$299 million 30-

see Ballot Page 5

Translators Not Required At Council Meetings

BY CYNTHIA SANTOS

Walnut - The Walnut City Council has decided not to pursue the policy requiring citizens to bring interpreters to city council meetings for non-English speakers.

In mid-July, the council decided to table the proposal until

the city attorney and the Department of Justice had a chance to look it over.

The proposed policy would require the city to hold all meetings in English, requiring those who do not speak the language to provide a translator to pass on the information to the full council and the public.

"At this point, the council is determined that they no longer want to pursue the policy," says Deputy City Manager Chuck Robinson. "It was just misinterpreted."

After the motion was tabled,

see Required Page 3

\$10,000 Missing From Walnut Elementary School's Community Club Funds

BY CYNTHIA SANTOS

Walnut - Superintendent Dean Conklin of the Walnut Valley Unified School District confirmed that a minimum of \$10,000 is missing from the account of Walnut Elementary School's Community Club.

The funds were discovered missing towards the end of the

2011-2012 school year when members of the club noticed their finances were significantly less than expected.

"[The district] then called in our auditors [and] asked them to review the books of the Community Club to report any irregularities," says Conklin. "They reported back to us that they had a concern and there was in fact money

missing and the Community Club was the victim of a crime."

Though the funds were discovered months ago, the auditors have spent this time working on a very thorough investigation and creating an extensive draft report, says Conklin. This report

see Funds Page 3

Study Analyzes Congestion On Fullerton Rd.

BY CYNTHIA SANTOS

Industry - The City of Industry and the County of Los Angeles recently released the results of a \$150,000 study commissioned to find ways to improve traffic along the often congested Fullerton Road Corridor.

According to the study, in order

to improve traffic operations along Fullerton Road and to increase operational safety of the area, a grade separation of the Los Angeles Subdivision has been proposed by the Alameda Corridor East Construction Authority. The grade separation

see Study Page 3



Map of Fullerton Road Corridor Improvement Study.

BUSINESS FEATURE

Walnut Hills Optometry: "Because You Know WHO Will Care For Your Eyes..."

STAFF REPORT

Walnut - Do you know WHO will care for your eyes? Dr. Carmela Larino, OD and her staff would like to remind their community that Walnut Hills Optometry(WHO) will care for your eyes. For over 15 years, Dr. Larino and her staff have aimed to provide vision care with personalized, professional service. Their goal has been to offer Nordstrom-like care and

see Optometry Page 5



Dr. Carmela Larino

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We have been giving away prizes each week throughout the entire summer of 2012. Ten winners have already received beach cruisers, circus tickets, gift certificates and even an IPAD!

The Whole Enchilada in Diamond Bar is sponsoring this week's Facebook Giveaway! You can win a dinner-for-two GIFT CERTIFICATE to THE WHOLE ENCHILADA. The Whole Enchilada is located at 1114 S. Diamond



see Facebook Page 2

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The Weekly News would like to hear from you. Please contact us at:

Letters:
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Walnut Family Festival Booth Applications Available

STAFF REPORTS

Walnut - Good news! The Walnut Family Festival booth applications are now available. Call the Walnut Community Services office at (909) 598-5605 to have one mailed to you or go to the City website at www.ci.walnut.ca.us and print. Booth applications include Arts & Crafts booths, Business Expo, Community Awareness (non-profit groups such as churches, Boy Scouts, American Red Cross), Food Booths, and Game Booths. There is a fee associated with each application.

The Walnut Family Festival will be on Sat., Oct. 13, 2012 at Suzanne Park.

There are many local businesses that utilize the Business

Expo to promote and expand their customer base. The Festival is a great way to achieve a lot of exposure and increase sales for a very inexpensive booth fee.

There is an Arts and Crafts area for those that create and produce their own items. This section is for those that make home decorative items, holiday items, paintings, gift baskets, soaps, candles, clothing, jewelry and lots more.

Food booths are for non-profit 501C3 charitable organizations. Food booth applications must be submitted by August 10, 2012 in order to make application to the Los Angeles County Health Department. Food booth operators are extended exclusivity of their main dish item.

Facebook Giveaway extended

FACEBOOK from page 1

Bar Blvd. Their website is www.wholeenchilada.com or you can reach them at (909) 861-5288.

To enter our Facebook Giveaway, here's what you do: First go to www.facebook.com/theweeklynews and "LIKE" our Facebook page. Then press "JOIN" on the "Facebook Online Giveaway Aug. 15" event page and you will be entered to win!

If you do not "Like" our Facebook page, you will not be eligible to win, even if you pressed "Join". You MUST do BOTH before August 15 or you will be disqualified. The winner will be picked and announced after August 15 on Facebook and published in the **Weekly News**

that weekend.

If you have any questions about this information, please check the event details on our Facebook page or contact Sarah at (909) 464-1200.

Please note that this is an online event. You do not need to be present on day of event. Prize can also be mailed to winner. Everyone is eligible to win, except ABC Public Relations staff.

Also, check out our Grand Prize Giveaway for September on our Facebook page.



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Translators not required

REQUIRED from page 1

the city council expected a return of the proposal within two weeks. During this evaluation period, the proposal was poorly represented by certain media outlets, according to Robinson.

"If [residents] wanted to address the council and English wasn't their first language, they would have to provide their own interpreter so that their remarks could be entered into the official records," says Robinson. "The

\$10,000 missing from funds

FUNDS from page 1

was completed within the last week and reviewed by Conklin.

The district met with the Walnut/Diamond Bar Sheriff's Station to present to them the draft report and request they take over the matter. The final draft of the report was recently submitted and is now in the hands of the sheriff's department, who will continue the investigation.

It appears to the district that

Study analyzes congestion on Fullerton Rd.

STUDY from page 1

would eliminate at-grade crossings between the Union Pacific Railroad mainline track and Fullerton Road, reduce vehicular traffic congestion and queuing and improve the level of service.

"The study for Fullerton Road was done to study congestion release improvement along Fullerton Road that could be done in addition to the grade separation," says John Ballas, City of Industry

media portrayed it as 'you have to speak English to address the council,' which is patently false," says Robinson.

Mayor Pro Tem Tom King says the proposal wasn't for English-only city council meetings.

"The discussion was to advise people whether or not to have a translator," says King.

King had proposed that the city put together a list of volunteers who would assist residents in their language of choice. If a resident needed to address the council in a language other than

English, the council would review the list of volunteers for someone who could translate for that resident.

"Walnut welcomes anyone from the public to address the council on any topic that they desire," says Robinson. "We do not want to detract anyone from doing so."

strict will keep the scheduled trips on the itinerary for the next school year, so that neither teachers nor students are affected by the circumstances.

"The district is committed to making sure that no one loses opportunities because of this situation," says Conklin. "We will make sure that any activities planned by the Community Club will take place."

city engineer.

The cost estimates for ultimate improvements are considered to be about \$3 million for the City of Industry and \$10 million for the County of Los Angeles, says Ballas.

The study analyzes the 15 signalized intersections accessible from Colima Road, Gale Avenue and Railroad Street. Of these 15, nine are located between the one and a quarter mile long stretch from Colima Road and Valley Boulevard. This area was chosen due to the

observed locations of congestion and proximity to the Los Angeles subdivision railroad crossing and the 60 freeway interchange.

In order to assess future conditions, with the horizon year being 2032, a growth factor of 0.4 percent annual growth was applied to the 2012 existing volumes to forecast the conditions. A 100 percent increase in train activity was also applied.

In its conclusion, the study says "The proposed grade separation and associated planned improvements would help the Fullerton



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Road corridor operate with less congestion, queuing and vehicle delay." In addition to the grade separation, it was recommended to add north and south bound right and left turn lanes to Fullerton Road/Gale Avenue and Colima Road and an

addition of north and south band through lanes to Fullerton Road/ 60 East off-ramp.

City of Industry City Council has agreed to look over the report, but no decisions have been made in regards to construction or funding.



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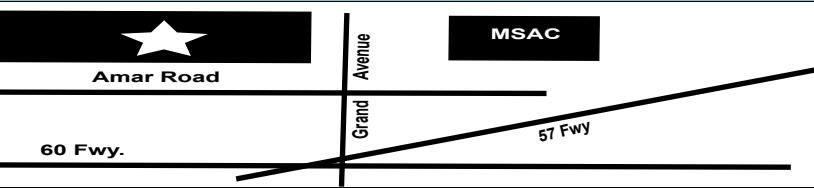
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OPTOMETRY from page 1

products, in an eyecare setting.

Through the years, Walnut Hills Optometry has been able to provide quality eyecare to many people, however, there are still many more who do not realize the importance of yearly eye exams. Dr. Larino aims to educate patients on the importance of annual vision tests, even amongst children.

"Too often I examine someone who has no complaints with their vision, but find that glasses are needed." "This is why parents should not wait for their child to complain about their eyes, nor should they depend on school screenings alone. A child may see fine, but it might take extra effort to read books or look at a computer screen," Dr. Larino said. "In an adult, I often find that a so-called migraine is actually a headache due to poor eye alignment." A thorough eye examination by Dr. Carmela La-

rino, OD will help to make sure a person's eyes are not only functioning properly, but also looking healthy.

Dr. Larino also noted that many people have vision coverage as part of their employer's insurance package and don't take advantage of it or don't even realize they have annual vision coverage.

"In this economy, it's important to take advantage of insurance coverage," she said. "Many people don't get eye exams that have already been paid for through their payroll deductions. A standard co-pay, if any, is all that would be left to pay, at the time of visit."

Dr. Larino has been with Walnut Hills Optometry for over 15 years and has lived in the community for more than 30 years. "That makes me unique," she said. "Unlike other businesses, I actually serve in the community in which I was raised. My patients may actually find me shopping in a local store or dining at a local restaurant. It's always

a pleasure greeting patients outside of my practice knowing I have a connection with them through their vision care."

Dr. Larino enjoys her profession even more because she is able to build life-long relationships with clients.

"Having practiced over 15 years, it's been neat seeing people go through the stages of life," she said. "I've watched my young patients grow up to finish college, experience work life and married life, and even have their own children, who have then become my new young patients."

Walnut Hills Optometry offers a premium selection of frame styles from makers such as Armani Exchange, CK Calvin Klein, Coach, Converse, Disney, Gucci, Fendi, Kenneth Cole, Nike, and more. All frames are current, with no style that is discontinued so they all have some type of warranty. They would be happy to discuss custom lens options and contact lens options suited to your vision needs, "Because

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CNUSD bond not on Nov. ballot

BALLOT from page 1

year bond measure would have been used to upgrade facilities, build new schools and update technology resources within the District's 49 schools.

"Do we need a bond? Absolutely," says Thomas Pike, assistant superintendent for executive services. "But after studying this further, we have decided that this

is not the best time to place this on the ballot."

Pike says there will be many competing issues, including Governor Jerry Brown's proposed Proposition 30 which would increase both income tax on high earners and sales tax by a quarter percent to help fund state public higher education.

The board feels additional time is needed to continue

studying what options will be best for students, the timing of the measure and to assess whether the necessary resources exist to effectively manage a campaign.

"I think there needs to be more lead time to develop and implement an effective campaign," says Pike. "We will at some point propose a school bond, but it will not be on the November ballot."

Parolee is sentenced 15 years to life

PAROLEE from page 1

for sexually assaulting a 12-year-old girl he met on MySpace.

Castaneda was found guilty by a jury on May 14, 2012, of two felony counts, including one felony count of aggravated sexual assault of a child and one felony count of lewd acts on a child under 14.

Castaneda was on parole for a 2007 prior conviction for felony domestic violence and violating a restraining order.

In November 2009, Castaneda met the 12-year-old

bus with her to Anaheim.

At approximately 6 p.m., after walking around in two different parks, the defendant took the girl to his motel room at Zaby's Motor Lodge on Harbor Boulevard and Katella Avenue in Anaheim. He sexually assaulted the victim at the motel and then fled the scene.

At approximately 6:30 p.m., she left the room, found an Anaheim Police Civilian Traffic Controller, and asked to be taken home. The victim was reported missing that same day to the Santa Ana Police Department (SAPD).

On the evening of Feb. 19, 2010, Anaheim police officers located and arrested Castaneda at a warehouse on Placentia Avenue in Costa Mesa.

Castaneda's lifetime sex

offender registration bars him from entering County recreational areas and City parks that have passed the Sex Offender Ordinance including Costa Mesa, Huntington Beach, Irvine, Laguna Hills, Lake Forest, La Habra, Los Alamitos, Mission Viejo, Rancho Santa Margarita, Santa Ana, Seal Beach, Westminster and Yorba Linda.

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Attitude Is Everything

BY NANCY STOOPS

Is the glass half empty or half full? Your answer to this age-old question is probably



directly related to the way you live your life. The way you view your life can be either positive or negative and you have the ability to choose which you prefer.

I believe having a positive attitude is foundational to being a successful human being. Being positive is essential to everything good that comes with this life.

We must be both positive and proud of who we are and the decisions we make. If you love and appreciate yourself, others will be likely to feel that way about you as well.

When you choose to be positive about yourself, it will guarantee that you only strive for the best for yourself. This will lead to making decisions like going to college, getting a good job, finding a good

partner and believing that you can make your dreams come true.

On the other hand, being negative only prevents you from following your dreams. Being negative causes you to be doubtful of yourself and gets in the way of accomplishments.

Learn to look at the good in your life and at what you have done right so far. Learn from your mistakes but don't focus

on them, otherwise your life will feel like one big mistake. Build on the positive things you have going for you and positivity will continue to come to you!

For more information feel free to contact Nancy at (626) 9353818. You may e-mail Nancy at stoopsshester@earthlink.net. You may purchase Nancy's latest book *Live Heal and Grow* at Amazon.com.

One Of A Kind

BY MARK HOPPER

I often feel that the laziest people in our country shop at the big box stores like Costco and Sam's Club.



They use those extra large grocery carts to take their big purchases to their car and leave the carts all over the parking lot!

I get so frustrated when I see grown men and women leaving these huge carts in the lot. They try to carefully balance them in between cars or prop the

front wheels up on a planter so the cart won't roll away.

Why don't people take the time to take their carts back to the store or at least safely park them in a cart rack in the parking lot? How lazy have we become?

In some European countries they have a system that works pretty well. It is similar to getting a cart at an airport. You put a coin (Euro) in the machine and it releases a shopping cart for you to use. But, unlike the airport, these machines give you your money back when you return it to the front of the store!

One time when my wife and I were in Europe, I tried to be

helpful by offering to return someone's cart to the store. I was surprised at their reaction and lack of appreciation. Then I remembered, they had paid to use the cart and they wanted to get their money back by returning it! I wonder why we don't do the same thing in our country?

Recently I saw a woman at our local shopping center do something extraordinary. As I drove into the parking lot, I saw her putting groceries into the trunk of her car. Then, I was surprised to see her walk the empty shopping cart all the way back to the store! Wow, this woman is one of a kind!

I was tempted to give her

a Euro for returning her cart, but then I realized that I was in California and not in Europe. I did say "Thanks" to her for her thoughtful act. We both agreed that most people don't even try to return their carts these days.

I know I have written about this topic before. But I think it is time to launch a "BYCB" campaign. If all of us simply "BYCB" (Bring Your Cart Back) we could change the future of our nation. It all starts with you and me.

Remember, every cart you return may prevent your own car from being scratched and dented. But, don't just do it for yourself, do it to protect the millions of other shoppers too! You

will be glad you did and they will too!

Pastor Mark Hopper
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Straight Talk With Danice

Dear Dr. Akiyoshi,

My middle aged sister has been financially dependent on our father her whole adult life. She has a decent job, but fails to live within her means. My dad has always cushioned her life financially, but she remains a mess. I don't like to see her take advantage of him, but when I would bring up the subject, my dad would more or less say it was none of my business. He said he felt sorry for her because she never got married. I tried to understand his feelings.



Now my father has a terminal illness. During a recent visit with him, he told me he knew he could count on me to take care of my sister after he passed away. I just nodded my head, because I didn't want to upset him when he is feeling so ill. I am very angry, and I don't know what to do. My sister never contributes anything to my dad or our family, but expects to get regular cash hand outs. Any suggestions will be appreciated.

Thank you,
Anonymous

Hello,

I am sorry you are facing the loss of your father. This is a very difficult time in your life, so I will try to make things simple for you.

Your dad is an enabler. Your sister is a master manipulator, and probably uses the emotion of guilt to get what she wants. She most likely has a victim mentality. And guess what? It has worked where your father is concerned. In a way, your dad has also used a subtle form of manipulation on you, when he said he knew he could count on you to pick up the responsibility for your sister after he is gone. Guilt is a powerful emotion, but nothing good ever gets

accomplished from prolonged guilt. Notice how he never really "asked" you. He does not leave any room for a negative response from you. I'm sure he is not feeling up to a big conversation about this, so just forgive him and move on.

Based on results... Your father's financial assistance has never really assisted your sister at all. You say she is still a mess, right? Real "Help" should empower a person. It's obvious your sister is disempowered by your father's hand outs. So, what your father provided was never really help. He enabled her to stay dysfunctional. Quite often, people like your sister end up resenting the people who help them stay in their bad situation. And in many cases, they form a sense of entitlement that de-

fies logic. They feel weak and helpless and blame their caretaker for it, therefore feeling no remorse when their perceived requirements get out of balance. When you do for others what they should really be doing for themselves, you diminish their opportunity for growth, personal power, and basic dignity.

So based on these guidelines... Offer to "Help" your sister if she really wants to improve her life, and explain that she must be a full participant. Make it clear that you will not carry her as

your father has done. Healthy, able bodied adults should take personal responsibility for their own lives.

My hope is for you to start a new way of behaving in your family. Breaking the old cycle will benefit all future generations.

Danice Akiyoshi ND

Danice Akiyoshi is a Naturopathic Doctor and the head of Candid Coaching Service. Email Danice at straighttalk@candidcoachingservices.com for advice or log onto www.candidcoachingservices.com.

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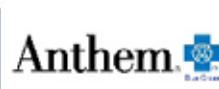
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