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OC News

Arson Charges

OCDA RELEASE

Yorba Linda/Anaheim – A man was charged today with arson for setting fires in Yorba Linda and Anaheim.

Gabriel Michael Castillo, 19, Anaheim, is charged with five felony counts each of arson of forest, three felony counts of arson of another's property, and one felony count of receiving stolen property. If convicted on all counts, Castillo faces a maximum sentence

see Arson Page 10

IE News

One Homicide Solved

STAFF REPORTS

San Bernardino – One of three homicides were recently solved by SBSO Homicide Detectives after two suspects were arrested for murder in July.

On Sunday, July 21 at around 11:27 p.m., deputies from the San Bernardino County Sheriff's Department responded to a shots fired call at a local business. Upon arrival, deputies learned that

see Solved Page 9

Local Heroes Honored At L.A. County Fair

By K.P. SANDER

Diamond Bar/Walnut – The Los Angeles County Fair, which runs in Pomona from August 30 through September 29 this year, has set aside several days to honor local cities. 'Diamond Bar Day' is Thursday, September 5, and 'Walnut Day' is Thursday, September 19 - with a special \$5 admission (before 5:00pm) for all residents. Coupons are available

online at www.lacountyfair.com, at Chamber of Commerce and City Hall locations, and at city websites.

There are special events surrounding these Community Days at the Fair, and several of our local heroes will be hon-

see Honored Page 7



PHOTO COURTESY: CITY OF DIAMOND BAR
Diamond Bar and Walnut will be honored at the LA County Fair this year.

Bond Money Used To Fund Railway Construction

STAFF REPORTS

Industry – The California Transportation Commission has agreed to set aside over 100 million in state bonds to pay for the two construction phases of rail-highway grade separation projects. The projects are located on Puente Avenue and Fairway Drive in the City of Industry and unincorporated Los Angeles County. These projects will help to eliminate traffic congestion, collision hazards and train horns.

The Fairway Project will lower the roadway to an underpass north of the 60 freeway and allow a railroad bridge to span the underpass. This will also make the crossing safer for the increased amount of trains, which is expected to increase from 24 to 53 trains by 2035.

The Puente Avenue project will be lowered to an underpass with bridges for the railroad and Valley Boulevard. A new road will also connect Puente Avenue/Workman Mill Road to Valley Boulevard. The

Puente Avenue crossing currently is used by 22 trains per day with that number expected to increase to 49 by 2035.

According to a news release, "The ports are the nation's busiest, handling 44 percent of the country's containerized imports, 90 percent of California's imports and 75 percent of its exports." With the Alameda Corridor-East Trade Corridors vital role in transporting goods throughout the nation, this change will help to ease delay and maximize efficiency.

1,300 Arrests And DUI Campaign Continues

STAFF REPORTS

LA County – The National Anti-DUI crackdown has resulted in over 1,300 DUI arrests this summer from local routine traffic enforcement and special Avoid

the 100 DUI deployments in Los Angeles County. The Campaign will continue through Labor Day weekend.

From 12:01 a.m. Friday Aug. 16, through midnight Sunday Aug. 25, officers representing

100 county law enforcement agencies have arrested a total of 1,373 individuals for driving under the influence of alcohol or drugs,

see DUI Page 8

Elementary School Celebrates Grand Re-Opening

By KELLI GILE

Walnut – After a yearlong modernization, Cyrus J. Morris Elementary students and staff are back home in their completely remodeled school.

The \$4 million 'extreme school makeover' was made possible through voter support.

When the new school year

began on Monday, August 19, students were excited to see their campus. Classrooms were gleaming with new solar lights, built-in storage, and tackable walls decorated with colorful bulletin boards. The school's open floor plan had been re-configured

see Elementary Page 7



PHOTO COURTESY: KELLI GILE
Cyrus J. Morris celebrated the completion of its modernization during a Grand Re-Opening and Ribbon-Cutting celebration on August 22.

BUSINESS FEATURE

Walnut Hills Optometry: "Because You Know WHO Will Care For Your Eyes"

STAFF REPORTS

Walnut – Do you know WHO will care for your eyes? Dr. Carmela Larino, OD and her staff would like to remind their community that Walnut Hills Optometry (WHO) will care for your eyes. For over 15 years, Dr. Larino and her staff have aimed to provide vision care with personalized,

see Optometry Page 5



Dr. Carmela Larino

BUSINESS FEATURE

Naturopath Offers Inner Peace Through Natural Treatment

By GUS UGALDE

Glendora – Offering a unique approach to self-healing and emotional stability through natural methodology is what Dr. Danice Akiyoshi ND provides her clientele.

The Glendora Life Coach and emotional release practitioner has been helping people get in tune with their physical, emotional and mental health for 23 years.

"I help people feel

see Naturopath Page 12



Dr. Danice Akiyoshi

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WEEKLY NEWS

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The Weekly News would like to hear from you.

Please contact us at:

Letters:

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The Carpenter

BY MICHAEL ARMJO

I received an email that reminded me to continue to work hard and to be proud of what I've done. It encouraged me to continue to keep my heart within my work, as you never know what life will bring you. I'd like to share it with the many readers we have, so here it is:

The Carpenter

An elderly carpenter was ready to retire. He told his employer-contractor of his plans to leave the house-building business and live a more leisurely life with his wife enjoying his extended family. He would miss the paycheck, but he needed to retire. They could get by.

The contractor, who was sorry to see his good worker go, asked if he could build just one more house as a personal favor. The carpenter said yes, but in time it was easy to see that his heart was not in his work. He resorted to shoddy workmanship and used inferior materials. It was an unfortunate way to end a dedicated career.

When the carpenter finished

his work, the employer came to inspect the house. He handed the front-door key to the carpenter. "This is your house," he said, "my gift to you."

The carpenter was shocked! What a shame! If he had only known he was building his own house, he would have done it all so differently.

So it is with us. We build our lives, a day at a time, often putting less than our best into the building. Then with a shock, we realize we have to live in the house we've built. If we could do it over, we'd do it much differently. But we cannot go back.

You are the carpenter. Each day you hammer a nail, place a board, or erect a wall. "Life is a do-it-yourself project," someone has said. Your attitudes and the choices you make today, build the "house" you live in tomorrow. Build wisely!

Remember...

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(909) 594-1153

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21155 La Puente Rd.

(909) 595-0757

Walnut Library

21695 Valley Blvd.

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Barro's Pizza

21000 Golden Springs

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Cross

West Covina Pastor Speaks At Ball

STAFF REPORTS

West Covina - Rev. RG Reyes, senior pastor of the New Life Ministries California in West Covina was invited to do the opening prayer at the 67th anniversary celebration of the UP Beta Sigma Fraternity Alumni Association at Eastwood Richmonde Hotel in the Philippines on July 14.

President Benigno S. Aquino III was the guest of honor and the keynote speaker during the anniversary. The President spoke of the achievements and effective programs of the three

UP Beta Sigma Fraternity members in his Cabinet: Agriculture Secretary Proceso Alcala, Defense Secretary Voltaire Gazmin and Energy and Natural Resources Ramon Paje.

Pastor RG's church is very involved in the local



PHOTO COURTESY PASTOR RG REYES

Shown with President Aquino III are Agriculture Secretary Proceso Alcala, Defense Secretary Voltaire Gazmin, UPBSFAA President Rolly G. Reyes and Energy and Natural Resources Secretary Mon Paje.

community through its regular food drive for the needy and ministering to the elderly at the local convalescent homes. His wife, Pastor Gina assists him in all the ministries both local and international. Pastor RG is also a police

chaplain for the Arcadia Police Department, a sheriff chaplain for the LA County Sheriff Department and is assigned to the local Walnut Sheriff Station.

New Life Ministries California supports New Life Ministries Bulacan, New Life Fellowship at BGC and the Second Chance Orphanage in the Philippines, Inc.

New Life Ministries California has its regular fellowship every Sunday at 10:30 a.m. followed by a generous lunch buffet. A prayer meeting is held every Wednesday at 7 p.m. It is located at 923 N. Sunset Avenue near the corner of Badillo St.



PHOTO COURTESY PASTOR RG REYES

Pastor RG Reyes of New Life Ministries California doing the invocation during the 67th UP Beta Sigma Fraternity International Ball held at Eastwood Richmonde Hotel in the Philippines last July 14.



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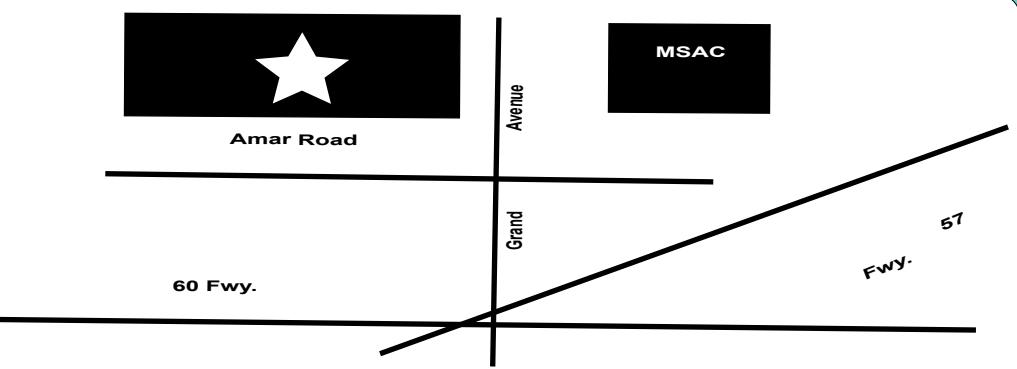
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Krazy Noodle Thai BBQ	595-3034
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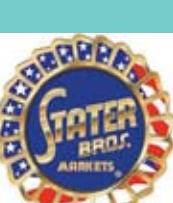
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Walnut/Diamond Bar Regular Meetings

STAFF REPORTS

WALNUT MEETINGS:

City Council Meeting

When: 2nd and 4th Wednesday of each month 7 p.m.

Where: Walnut Council Chambers in the new City Hall: 21201 La Puente Road, Walnut CA 91789

Planning Commission Meeting

When: 1st Wednesday of each month at 7 p.m.

Where: Walnut Council Chambers in the new City Hall: 21201 La Puente Road, Walnut CA 91789

Parks & Recreation Commission

When: 3rd Tuesday of each month at 7 p.m.

Where: Walnut Council Cham-

bers in the new City Hall: 21201 La Puente Road, Walnut CA 91789

Senior Commission Meeting

When: 1st Wednesday of each month at 10 a.m.

Where: Walnut Council Chambers in the new City Hall: 21201 La Puente Road, Walnut CA 91789

Youth Advisory Commission Meeting

When: 2nd Monday of each month at 5 p.m.

Where: Walnut Council Chambers in the new City Hall: 21201 La Puente Road, Walnut CA 91789

DIAMOND BAR MEETINGS:

City Council Meeting

When: 1st and 3rd Tuesday of

every month at 6:30 p.m.

Where: Temporary relocation in the City Hall Windmill Community Room: 21810 Copley Drive, Diamond Bar CA 91765.

Contact info: City Clerk's office (909) 839-7010.

Planning Commission Meeting

When: 2nd and 4th Tuesdays of every month at 7 p.m.

Where: Diamond Bar City Hall, Windmill Community Room: 21810 Copley Drive, Diamond Bar CA 91765

Contact info: City's Planning Division (909) 839-7030.

Diamond Bar Lions Club Breakfast Meeting

When: 1st and 3rd Monday of every month from 7 a.m. to 8 a.m.

Where: Diamond Bar Golf

Course: 22751 E. Golden Springs Drive, Diamond Bar CA 91765.

Contact info: (909) 861-0142.

Toastmaster Club Meeting

When: Every Monday from 12 p.m. to 12:45 p.m.

Where: Caltrans – Office of

Bridge Design South 2, Conference Room: 21073 Pathfinder Road Suite 200, Diamond Bar CA 91765

Contact info: (714) 421-3701 or visit <https://sites.google.com/site/btstmclub/>.



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Walnut Hills Optometry: "because you know WHO will care for your eyes"

OPTOMETRY from page 1

service. Their goal has been to offer Nordstrom-like care and products, in an eyecare setting.

Through the years, Walnut Hills Optometry has been able to provide quality eyecare to many people; however, there are still many more who do not realize the importance of yearly eye exams. Dr. Larino aims to educate patients on the importance of annual vision tests, even amongst children.

"Too often I examine someone who has no complaints with their vision, but find that glasses are needed. This is why parents should not wait for their child to complain about their eyes, nor should they depend on school screenings alone. A child may see fine, but it might take extra effort to read books or look at a computer screen," Dr. Larino said in a previous interview. "In an adult, I often find that a so-called migraine is actually a headache due to poor eye alignment." A thorough eye examination by Dr. Carmela Larino, OD, will help to make sure a person's eyes are not only functioning properly, but also looking healthy.

Dr. Larino also noted that many people have vision coverage as part of their employer's insurance package and don't take advantage of it or don't even realize they have annual vision coverage.

"In this economy, it's important to take advantage of insurance coverage," she said. "Many people don't get eye exams that have already been paid for through their payroll deductions. A standard co-pay, if any, is all that would be left to pay, at the time of visit."

Dr. Larino has been with Walnut Hills Optometry for over 15 years and has lived in the community for more than 30 years. "That makes me unique," she said. "Unlike other businesses, I actually serve in the community in which I was raised. My patients may actually find me shopping in a local store or dining at a local restaurant. It's always a pleasure greeting patients outside of my practice knowing

I have a connection with them through their vision care."

Dr. Larino enjoys her profession even more because she is able to build life-long relationships with clients.

"Having practiced over 15 years, it's been neat seeing people go through the stages of life," she said. "I've watched my young patients grow up to finish college, experience work life and married life, and even have their own children, who have then become my new young patients."

Walnut Hills Optometry offers

a premium selection of frame styles from makers such as CK Calvin Klein, Coach, Converse, Disney, Gucci, Fendi, Kenneth Cole, Nike, and more. All frames are current, with no style that is discontinued so they all have some type of warranty. They would be happy to discuss custom lens options and contact lens options suited to your vision needs, "Because you know WHO will care for your eyes..."

To make an appointment call (909) 594-1153 or (626) 965-3878. Walnut Hills Optometry is

open during convenient weekend and evening hours and is located at the Nogales and Amar Albertson's center on 18736 E. Amar

Road in Walnut/West Covina. You can also check out their ad on page 5 or visit their website at www.walnuthillsoptometry.com.



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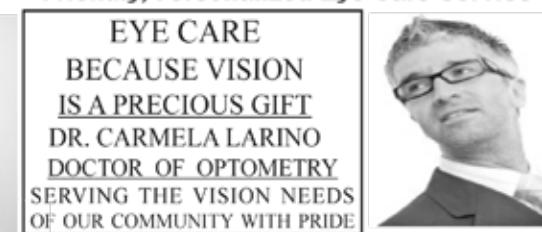


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Fall Funfest All Breeds Horse Show

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Chino Hills - Spectators are welcome to attend the Annual

Fall Funfest All Breeds Horse Show on Sunday, September 1st from 8:00 a.m. to 4:00 p.m. at the McCoy Equestrian & Recreation

Center, 14280 Peyton Drive.

Horse lovers of all ages can enjoy the equestrian heritage of Chino Hills and see many different breeds of horses competing.

A wide variety of competitions are offered including Reining classes, Western Pleasure, English Pleasure, and more. Registration for horses and riders will be taken on the day of the show starting at 8 a.m. Events start at 9 a.m. The event is free for spectators.

For additional information, please call (909) 548-0868.

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CITY OF CHINO HILLS

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register for the class. Classes are held at Founders Recreation Center, 2000 Founders Drive.

Register online at www.chinohills.org/Reconline

or visit Chino Hills Recreation at City Hall, 14000 City Center Drive. For additional information, please call (909) 364-2700.

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Local heroes honored at L.A. County fair

HONORED from page 1

ored. The festivities include a parade, high school marching band competition, and Community Hero presentation.

For Diamond Bar, three volunteers will receive special recognition: Bea McMillan, Atharshna Singarajah, and Dr. Tony Torg will be recognized on September 5.

For more than 40 years, Bea McMillan has been involved in community activities. She has

volunteered as secretary for Mt. San Antonio College relay events, "baby cuddler" for Citrus Valley Medical Center's ICU, and Precinct Inspector for local and national elections.

Diamond Bar High School senior, Atharshna Singarajah, has volunteered hundreds of hours of her time to her community. She is involved with the Folds of Honor program for veterans and their families, the Canine Companions program, and fundraising for Hurricane Sandy victims.

Serving on the City of Diamond

Bar's Planning Commission, Dr. Tony Torg has volunteered for Mt. San Antonio College, Diamond Bar High School, the Los Angeles County Fairplex, Friends of the Diamond Bar Library, and the Diamond Bar Chinese Association. He is currently running for the Walnut Valley Unified School District Board of Trustees at the election on November 5, 2013.

The City of Walnut has two community heroes that will be honored at the Fair on September 19: Jim Polite and Laviana

Someya.

Walnut High School's Track and Field Coach, Jim Polite, has devoted countless hours to helping students achieve their personal best. He is a well-loved and respected teacher that has provided a positive influence to athletes since the school opened in 1965. The Jim Polite Invitational track and field event is held each year in his honor.

Walnut High School Parent Partners coordinator, Laviana Someya, has volunteered her time and expertise to the com-

munity of Walnut. Being fluent in English, Spanish, Japanese and German has made her the ideal communicator to parents of diverse ethnicities. Suzanne Middle School and Walnut High School have benefitted from her time and enthusiasm in activities for track and field, marching band, and other volunteer projects.

Come visit the Fair on your special community day, and support your cities and local heroes. Additional information regarding Diamond Bar and Walnut, as well as other city community days, can be found on city websites and at www.lacountyfair.com.

Elementary school celebrates re-opening

ELEMENTARY from page 1

to more traditional large and airy classrooms. Students also participate in a One-2-One laptop program in the technology-rich Walnut school.

Walnut Valley Unified School District officials, C.J. Morris staff, students and the school community celebrated the homecoming during a Grand Re-Opening and Ribbon-Cutting Ceremony on August 22.

"We are so excited for this day. This has been a dream for our staff," said Principal Donna Hunter.

"It has been a year of transition - our temporary home at the Ron Hockwalt Academies was really nice, but it's so good to be back home!" she said.

Hunter also recognized parents, staff and community members during the ceremony.

"You don't get to this point without a lot of people, a lot of support and a whole lot of help. Thank you for your time, effort and energy that was put into this building - and all that was done to make sure that we are open and ready for kids today," she said.

During his remarks, Superintendent Dr. Bob Taylor said he researched Cyrus J. Morris to

learn more about the school's namesake.

"Cy Morris came to the community in 1952 when it was a K-8 school in Walnut. He served really as everything - a teacher, a principal, a leader and also as bus driver on occasion," Dr. Taylor said. In 1970, the Board appointed Cy Morris as superintendent of the newly formed Walnut Valley Unified School District."

Dr. Taylor said he had the opportunity to call Cy's wife, Nancy, and his daughter, Barbara, this week.

"I told them how proud I thought Cy would be if he had the opportunity to see his school. Not only to have a school named after you, but that it looks beautiful, had so much success, such a great community and so many people working here for the kids," Dr. Taylor said.

"His legacy lives on in this school," said Taylor. Morris' granddaughter, Kelli Reese, also a former WVUSD employee, represented the family at the ceremony.

"This is truly a special place and we're glad it has a beautiful look to it now," Taylor said thanking the community, teachers, staff, students and District staff for their part in the long-awaited

modernization.

Board Members Helen Hall, Nancy Lyons and Cindy Ruiz also thanked the community who passed the bond measure that made the school's state-of-the-art renovation possible.

"It truly goes to show that the community really supports the schools here," said Board President Helen Hall.

"C.J. Morris Elementary School has always had the finest teachers, staff, students and parents. Now C.J. Morris has the finest facility to match!" commented Board Vice-President Nancy Lyons.

"This is a beautiful school and beautiful site. I hope when you tour the school this evening you'll be able to absorb all the changes taking place," said Board Member Cindy Ruiz, whose children attended the school.

She also recognized former Principal Sue Arzola who was instrumental in the implementation of the school's prestigious International Baccalaureate Primary Years Programme in 2006.

"With her guidance and leadership this school grew immensely," Ruiz said.

"How wonderful it is to see a dream become a reality. I hope the modernized Cyrus J. Morris continues to inspire students to



PHOTO COURTESY: KELLI GILE

The Cyrus J. Morris Matador staff gathered for a celebration photo before going to their classrooms for Back-to-School night that began after the ceremony.



PHOTO COURTESY: KELLI GILE

Superintendent Dr. Bob Taylor, Board Members Cindy Ruiz, Helen Hall and Nancy Lyons celebrate the school's Grand Re-Opening and Ribbon-Cutting with Cy Morris' granddaughter, Kelly Reese.

love learning and makes them proud to be a part of a community that believes education is important," Arzola said. She is now the Principal at South Pointe Middle School.

"This is a great new facility," said WVUSD Personnel Commissioner Ron Everett.

The school received Certificates of Recognition from the City of Walnut and Offices of Congressman Ed Royce, Sena-

tor Bob Huff and Assemblyman Curt Hagman.

"I'm so excited that my kids are able to go here and it's beautiful," said parent Amy Noiboonsook, who was also a former student. "It is a big change and I absolutely love it. We couldn't have asked for anything more."

The Walnut High School Pep Band under the direction of Corey Wicks provided entertainment during the reception.

Walnut Resident Represents California In Pageant

STAFF REPORTS

Walnut - Miss Ariel Cardona, 11, daughter of Mr. Phil Cardona and Mrs. Delia Cardona of Walnut, has been selected to represent California at the 2013 Miss American Preteen Pageant.

As Miss California Preteen, Ariel will be attending the National Pageant for her age group in Florida and Disney World during the week of Thanksgiving 2013. She will compete for the National Pageant title of Miss American Preteen and thousands of dollars in cash awards, prizes and scholarships.

Nationwide, State Winners and State Pageant Finalists will compete in the 30th annual national scholarship competition organized by American Coed Pageants, Inc. National Talent, Speech, Academic Achievement, Community Service, Photogenic, Personality, Most Promising Model, Best Actress, and National Cover Girl and Hostess Contests will be held

in addition to the National Pageant Winner's Contest. Since 1983, millions of dollars in cash awards and prizes have been presented to outstanding girls at state and national competitions.

American Coed Pageants, Inc., annually holds state pageants for the purpose of recognizing and rewarding outstanding young women between the ages of three and twenty-two for their past and present accomplishments and to encourage them to set and achieve high goals for the future.

For more information, contact Mrs. Patty Hawkins at the National Pageant Office at (850) 432-8662.



PHOTO COURTESY: PHIL CARDONA

Ariel Cardona, Walnut, is representing California in the 2013 Miss American Preteen Pageant.

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Learning Your Letters

By MARK HOPPER

Some of our grandchildren have been in the area for a few weeks and we've really enjoyed our time with them.



One day, we went down to the beach and had a fun day

Having Some Faith In Our Youth

By NANCY STOOPS

Soon our youth will be running our country and have children of their own. Soon they will be telling their children all the things we told them. I have had the honor of working with thousands of kids and teens of this generation and I'm here to tell you that they are amazing. Now keep in



Straight Talk With Danice

DEAR DR. AKIYOSHI,

There is a guy I like at my neighborhood bar. I go there three times a week hoping I will run into him. He is always polite to me when I talk to him, so I thought I



Diamond Bar Photo Contest

CITY OF DIAMOND BAR

Diamond Bar – The City's annual Diamond Bar Through My Lens Photo Contest is still open for entries.

Diamond Bar residents of all ages and photography skill levels are encouraged to submit their favorite shots, taken within town, in any of these five categories: people, pets, places, nature, and digitally-altered. Contest entrants age 17 or younger will compete in the youth age division.

Twelve of the top photo entries

1,300 arrests and DUI campaign continues

DUI from page 1

according to a LA County Sheriff Department Press Release. In 2012, 1,258 DUI arrests occurred during the same ten day time period. Of the 187 DUI arrests that occurred in the last night, six of them were a result of crashes causing injury.

From now until Monday Sept. 2, there will be DUI Checkpoints throughout LA County due to Labor Day Weekend and extra saturation patrols will be on duty throughout LA County. In addition, all regularly scheduled traffic and patrol officers will focus efforts at

swimming in the ocean and playing in the sand. They loved digging holes and building castles!

We also drew pictures and shapes in the wet sand. They loved to watch the waves come in and erase what we had drawn.

At one point, I started writing the letters of the alphabet in the sand with the flat side of a small plastic shovel. I was amazed to hear my two-and-a-half year old granddaughter reciting the name

of each letter as I drew them!

Now, I know that every parent and every grandparent thinks that their kids are exceptionally smart. But I think that my grandkids are even smarter!

I was so amazed that a child so young already knew every letter by name! Maybe this is normal, but I doubt it. Who would have thought that a two-and-a-half year old would know and recognize every letter in the alphabet?

I'm sure that her parents should

get much of the credit. I know they read books and stories every night before bed. And, I know that kids learn a lot of educational things by watching TV and children's DVD's, too.

I don't know how old your children or grandchildren are, but let me encourage you to start reading to them and helping them discover the joy of learning their letters.

Letters become words and words become stories. Stories become books and books be-

come adventures.

There are few gifts that you can give to your children and grandchildren that are more valuable than the gift of reading. Don't wait for others to do the job for you. Start today to help those little ones learn those letters!

Pastor Mark Hopper
Evangelical Free Church of
Diamond Bar 3255 South Diamond Bar Blvd (909) 594-7604
Sunday Services: 9:00 & 10:45 AM markh@efreedb.org.

mind there is good and bad in every generation, but I think we have misjudged this generation. Yes some of them have dabbled with drugs and alcohol and some are even afraid to grow up. On the other hand, many of them are working on making this world a better place. The problem is we more often hear the stories about how they are shooting their classmates verses the youths that are doing things of heroic measures.

Just as we did, our youth are crying out to be accepted and

valued. We shouldn't put a label of lazy or frightened on this batch of youth because then they might become just that. Instead, we need to guide them and encourage them to grow into who God intends them to be. This generation is very gifted in so many ways. They care about making our world a better place, but are frustrated because they don't know where to begin because we do have many problems. I see many future psychotherapists, environmentalists, lobbyists, songwriters, singers, and attor-

neys. I have had youth that are interested in pursuing careers in the mental health field come and observe my support groups. I have had some even help me with my groups. Mentoring can make a huge difference in a young person's life. Mentoring can offer hope and guidance.

Please don't give up on our youth because that means giving up on our world. Help guide and encourage them to grow into adults that they can be proud of them. Teach them to not give up on themselves because each of

them can make a difference!

This article was written by Nancy Stoops M.A., M.F.T. Nancy is a licensed Marriage and Family Therapist. Nancy runs free family support groups, a group on loss for seniors, and groups for teens. For more information about any of these services feel free to page her at (626) 9353818. You may e-mail Nancy at stoopsshester@earthlink.net You may purchase Nancy's new book Live Heal and Grow at www.RoseDogBook-store.com or at Amazon.com.

had a chance with him. He hasn't been there for the past two weeks now, and some of the waitresses told me that it's because he thinks I'm stalking him. I have heard this before a few times from other guys I like. I swear I am just being friendly. What is wrong with people? Why are they so mean? How should I show men I am interested in them?

Hannah

Dear Hannah,

If the word 'stalker' has been used to describe you a few times, then you have some social malfunctions going on. You are probably not able to read body language very well, and are coming on way too strong. If you are willing to really take a look at this, I have plenty to say on the subject, but this is not an adequate setting to have this sort of discussion. Call my office if you'd like to see me privately.

This is a very important issue, and I hope you will address it quickly. Be careful, until you get this sorted out.

Danice Akiyoshi ND

Danice Akiyoshi is a Naturopathic Doctor and the head of Candid Coaching Service. She has a great passion for alternative healing and has over 20 years of experience in this field. She provides a form of energy psychology called The Emotion

Code, where she helps people literally get rid of their emotional baggage. She also offers personal coaching services relating to all types of issues and concerns. This is a letter she received from an anonymous reader. To send a question to Danice, email her at straight-talk@candidcoachingservices.com. You can also visit her website at www.candidcoachingservices.com.

Diamond Bar living as captured via residents' camera lenses.

Complete contest rules, entry instructions, and the official entry form are available online at www.diamondbarca.gov/photocontest. Questions may be directed to the City's Public Information Division at 909.839.7055 or via e-mail at photocontest@diamondbarca.gov.

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One homicide solved

SOLVED from page 1

a security guard at the business was attacked by several subjects who were armed during the encounter, according to a San Bernardino Sheriff Press Release.

Feared for his life, the security guard fired his handgun at Esteban Fierro. Due to the wounds, Fierro was transported to a nearby hospital, where he was later pronounced deceased. Detectives from the San Bernardino County Sheriff's Department Homicide Detail were notified and conducted an investigation.

According to a recent San Bernardino Sheriff Press Release issued August 23, homicide detectives were able to arrest Norberto Mendoza, 24, and a Hispanic male juvenile for their involvement in the death of Esteban Fierro after the investigation. Norberto Mendoza was booked for murder at the Central Detention Center in San Bernardino, where he is currently held without bail. The juvenile suspect was

booked for murder at Juvenile Hall in San Bernardino, where he is also being held without bail, according to the San Bernardino Sheriff Department.

This investigation is ongoing and anyone with information regarding this investigation is urged to contact Detective Bill Doemner or Sergeant Tre-

vis Newport at (909)387-3589. Callers wishing to remain anonymous are urged to call the We-tip Hotline at 1-800-78-CRIME (27463) or you may leave information on the We-Tip Hotline at www.wetip.com.

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Arson charges

ARSON from page 1

of 13 years and eight months in state prison. The People will request the defendant be held on \$100,000 bail at his arraignment

Crime Recap

STAFF REPORTS

Walnut/Diamond Bar – Two men died during this week's crime and three trial dates are set for

On Aug. 28 at around 6:04 a.m., a man was struck and killed by an Amtrack train headed westbound on the train tracks off Valley Blvd. and Pierre Rd. Officials believe this was a suicide; local reports state that the pedestrian supposedly lied down and placed his head on the tracks, prior to being struck. The man was reported to be Asian and between the ages of 18 to 20. His name has not been released. The Sheriff's Homicide Bureau is investigating this incident.

On Aug. 25, a Walnut man died after crashing his motorcycle bike into two vehicles on the westbound 60 freeway near Industry. Kurt Ferguson, Walnut, was speeding on a 2012 Yamaha on the 60 freeway when he rear-ended a 1995 Lexus driven by Ai Jung Ho, 57. Ferguson was ejected from his bike, which was then allegedly struck by Gilberto Flores,

at the Central Jail, Santa Ana.

Between May 29, 2013, and May 31, 2013, Castillo is accused of starting three vehicle arsons in Anaheim. No injuries were reported during these fires.

At approximately 12:20 p.m.

on Aug. 19, 2013, Castillo is accused of starting a brush fire near Weir Canyon Road in Anaheim. Three hours later, Castillo is accused of starting three separate additional brush fires in Yorba Linda. At approximately 3:30 p.m., the defendant is accused of starting another fire west of

California State Route 241 in Anaheim. Castillo is accused of driving his Ford sports utility vehicle (SUV) close to the scene of the fires. Later that day, law enforcement found the Ford SUV with a stolen watch and mobile phone inside.

The Orange County Sheriff's

Department, Anaheim Police Department, and the Anaheim Fire Department jointly investigated this case. On Aug. 25, 2013, Castillo was arrested.

Senior Deputy District Attorney Christopher Duff of the Special Prosecutions Unit is prosecuting this case.

25, who was driving a 1997 Chevrolet Tahoe. Ferguson was pronounced dead at the scene. Ho was arrested and charged with one misdemeanor count of hit-and-run driving, according to the LA County District Attorney's office. Flores was arrested on suspicion of hit-and-run and drunken driving and is being held on \$100,000 bail.

Sept. 5 marks the arraignment date for a West Covina man who is charged for murdering his wife, Charito Tolentino, 57. On Jan. 11, Tomas Rodriguez Infante, 61, reported Tolentino missing and told the Police she never returned home from work. The search for Tolentino led them to find her body in her car parked at the Hawaiian Gardens Casino on Jan. 12. Investigators served a search warrant at the couple's home and found evidence which lead to Infante's arrest on Jan. 14. Reports stated Tolentino died from blunt force trauma and stabbing-type injuries.

A tentative trial date is set for Sept. 30 for a former Lorbeer Middle School teacher who is accused of committing lewd acts against a 14-year-old student in

2011. On Aug. 22, two hearings were set for Steven Andrews, 42, when he appeared in Pomona Superior Court. The first hearing was set for Aug. 26 and the second hearing was set for Sept. 26 to determine if Andrews is ready for jury trial on Sept. 30. Andrews remains in custody on \$450,000 bail at the Men's Central Jail in Los Angeles.

A pretrial conference and trial setting has been pushed back to Nov. 27 for a Walnut woman who is charged with fatally stabbing her husband in 2011. Socorro Mora, 45, was arrested and charged with murder on Oct. 19, 2011, after deputies found Mora in the front yard bleeding from her wounds and her husband, George Mora, dead in the house from multiple stab

wounds. Besides being charged with fatally stabbing her husband, Mora is accused of killing one of the family dogs last September and faces a third count of domestic violence related to an alleged incident that took place around the same time. Mora pleaded not guilty to all three counts during

a second arraignment on June 27. Mora appeared in Pomona Superior Court on Aug. 14 for a trial setting, but it was postponed. A tentative trial date has been set for Dec. 2. Mora is being held on \$5 million bail at the Century Regional Detention Facility in Lynwood.

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Naturopath offers inner peace through natural treatment

NATUROPATH from page 1

safe and comfortable," said Akiyoshi.

"I offer a contemporary style of counseling or guidance called coaching and specialize in emotional release session," added Akiyoshi.

Naturopathic medicine is the field of natural or alternative medicine that advances a philosophy that the body possesses a vital energy that guides metabolism, growth and the ability to adapt in people.

"I have a genuine interest in restoring physical and emotional harmony for the people I work with," said Akiyoshi. "I feel I have natural abilities when it comes to caring for people," she said.

"If I can lighten or remove pain and suffering from one person, then that touches everyone who loves them," said Akiyoshi.

Akiyoshi's ability to recognize her patient's symptoms and to provide the most effective treatment possible is what separates her from traditional medical providers.

"I am quick to get to the root of the difficulty my patients are experiencing. The results are often amazing," said Akiyoshi.

Akiyoshi enjoys a loyal clientele that she has developed

throughout the years, which include, her family, friends and clients.

"It is my desire to assist people in feeling better physically emotionally and mentally," said Akiyoshi.

She also enjoys working in an exclusive field that is somewhat rare.

"The services I offer are so unique that I don't believe I have much competition," said Akiyoshi.

Akiyoshi also recognizes the fact that many of her clients have difficult schedules, which is why she goes out of her way to offer hours and methods to accommodate them.

She offers sessions in person or over the phone, as well as remote sessions through text messaging and email.

Additionally, Akiyoshi offers an after-hours VIP appointment schedule for those people who travel frequently, or keep irregular work hours.

For limited time, she is also

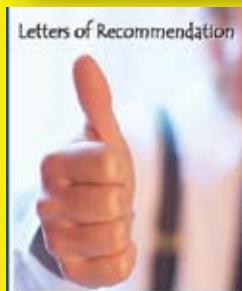
offering a 50 percent discount for new clients. Therapy costs can be found on her website.

Akiyoshi's office is located on 1140 East Route 66, Glendora, Calif. 91740, between Lone Hill and Lorraine. She can be reached at (909) 292-8910, or www.candidcoachingservices.com.

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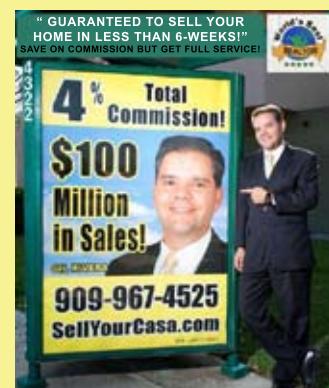
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Gilbert,
We want to thank you for the very efficient and professional manner in how you handled the listing and sale of our daughter's townhouse in Hampton Court in Diamond Bar, CA. Your knowledge of the local market and your advice to us on the listing and sale procedures resulted in a successful sale. You are easy to do business with and we really appreciate your promptness in returning our calls whenever we had a question. We were also impressed with your using all the latest communication systems from FAX, cell phone, Texting, and E-mail to get the job done in a timely manner. This is our 3rd business experience with you including the purchase of Cheryl's condo in Ontario, Debbie's reappraisal of her townhouse, and now the sale of the townhouse. Obviously, we are very satisfied customers. Continued good luck with your real estate business in a very competitive environment. Hope we have the opportunity to cross trails again some day.

Sincerely, Al & Dorene M.

I've been a CA Certified Appraiser for 19 years!



Gil Rivera, REALTOR

Phone: 909-967-4525

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