



OC News

Diesel Fuel Theft

STAFF REPORTS

**Anaheim** – According to Anaheim Detectives, three men suspected of stealing more than 6,000 gallons of diesel fuel over the past few months have been arrested. The three accused thieves were caught in the process of stealing on Tuesday, Feb. 18.

Detectives are investigating a series of gas thefts in Anaheim. They estimate that

see Theft Page 6

IE News

Phone Helps Arrest Three

STAFF REPORTS

**Rialto** - A cell phone's GPS helped police arrest three armed suspects in Rialto after a series of robberies occurred in two cities last week.

On Wednesday, Feb. 12, a college student walking on Eucla Avenue in San Dimas was robbed at knifepoint by three suspects. Police officials say that the suspects stole the victim's backpack, which had a cell phone, a

see Arrest Page 9

Suspect Shot After Walnut Robbery

STAFF REPORTS

**Walnut/West Covina** – A suspect was fatally shot in West Covina after a car chase and a home invasion robbery occurred in Walnut.

On Friday, Feb. 13 at around 4:57 p.m., a male called the Walnut Sheriff's Station and stated that a man was in his home with a gun demanding

money from his mother, according to the LA County Sheriff's Department. The caller also stated that a black car was parked in front of his residence, which was located near Lemon Avenue and Amar Road.

When Sheriff's deputies arrived to the Walnut residence, a black vehicle was reported to be driving towards them at a high rate of speed. A pursuit was

initiated and police followed the suspect to the parking lot off Nogales Street and La Puente Road in unincorporated West Covina.

The male suspect then ran from the vehicle and into a Bestway Market, where he ran through the back door and

see Robbery Page 7

Council Looking To Save Bob's Big Boy

STAFF REPORTS

**Diamond Bar** – At the Diamond Bar City Council meeting held on Feb. 18, residents asked the council to help them make Bob's Big Boy off Golden Springs Drive a historical landmark, in order for the restaurant to stay in the area.

The fast-food chain's lease

is set to expire in a few years and the landlord is looking to raise the rent. "We'd appreciate anything you can do to help us," said resident and shift manager of Bob's Big Boy, Gloria Shepard, at the meeting.

DeStefano said he would be

see Bob's Page 9



The DB City Council was asked to help preserve Bob's Big Boy from extinction by helping make it a historical landmark.

DB Council Corner: Budget Report Approved

By ARIEL CARMONA JR.

**Diamond Bar** – At this week's Diamond Bar City Council meeting, as part of their periodic review of its annual city budget, the Diamond Bar City Council approved by unanimous vote a resolution which adjusts the city's fiscal year 2013-14 general fund budget increasing its resource

estimate by more than \$950,000 to total \$23,100,358 and makes other adjustments to general fund appropriations taking into account increases in economic development costs, lighting and landscape assessments, and the resurfacing of the parking lots of several city parks.

Finance Director Diana Honeywell gave a report at the council

meeting, and said improvements in the economy, with unemployment rates beginning to come down, and consumer spending rising, as well as improvements in the housing market, were some of the factors staff examined in preparation for the mid-year bud-

see Budget Page 9

Stage II Water Alert For Chino Hills

STAFF REPORTS

**Chino Hills** – While the east coast is experiencing one of the coldest winters on record, Southern California is wishing it had a little weather; rain, to be precise.

With Governor Brown declaring a Drought State of Emergency on Jan. 17, the City of Chino

Hills has confirmed a Stage II Moderate Water Conservation Alert in accordance with its Water Conservation Ordinance, effective immediately.

Nadeem Majaj, the City's Director of Public Works, said, "Last year was the driest year on record in the State of California and Chino Hills is redoubling our efforts to use water carefully

and to remind our residents that water conservation should be a way of life."

According to the City, Stage II is declared when it is anticipated that the water supply may be reduced by up to 10%. The California Department of Water

see Stage Page 10

Weekly Directory

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Schools.....p.5  
Coupon Central.....p.11

Walnut/DB Chino Hills Weather

Sat Feb 22

Partly Cloudy  
High 79°  
Low 48°



Sun Feb 23

Sunny  
High 77°  
Low 49°



Mon Feb 24

Sunny  
High 77°  
Low 50°



Tue Feb 25

Partly Cloudy  
High 76°  
Low 49°



Wed Feb 26

Partly Cloudy  
High 72°  
Low 50°



Thu Feb 27

Partly Cloudy  
High 71°  
Low 44°



Fri Feb 28

Rain  
High 72°  
Low 43°



BUSINESS FEATURE

Liposuction Without The Suction

By MICHAEL ARMIJO

**Upland** – Body Sculpting is best described as an alternate way to lose body fat in specific areas that are hard to reach, including under the arms, love handles, inner thighs, or even the breast area on a man. The



Premier Body Sculpt is located at 141 W. Foothill Blvd #5 in Upland. You can reach them at 1-(855) 8-SCULPT or visit their website at www.premier-bodysculpt.com.

see Sculpt Page 10

BUSINESS FEATURE

Mandarin Taste Serves Authentic Cuisine

STAFF REPORTS

**Diamond Bar** - When searching for an excellent dining experience, look no further than Mandarin Taste. Mandarin Taste is an authentic restaurant

see Taste Page 12



See their ad in this issue of the Weekly News for coupons and specials. For more information, please call (909) 861-1819 or just stop by their location at 23391 E. Golden Springs Drive, Diamond Bar.



# WEEKLY NEWS

**ARMIJO NEWS, WEEKLY NEWS,  
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Do you have any comments, questions or concerns about the community?

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The **Weekly News** would like to hear from you.

Please contact us at:

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# The Grass Is Greener

MICHAEL ARMIJO

I read a question and answer column in a local newspaper years ago about Bob Pacheco and boy did it move me. So I picked up the phone that day, when he was our local Assemblyman, called his office in Sacramento, and asked him about his life. He was very open and candid and told me the truth about his life, in an effort to help my own. I thought my life was tough, I thought that I had a rough time. I though I overcame a lot.

Bob spoke of his father who was a farm worker and didn't speak any English. He mentioned how his mother was crippled and only had a second grade education. He recalled helping his father in the fields, and how poor his family was. And yet he managed to graduate from college and finish Law School.

I've been told to stay away from politics, stay away from mentioning political candidates or endorsing people. But I'm not speaking about Bob the politician; I'm speaking about Bob the human being.

I believe the toughest dreams in life are the ones that require treading new paths. The dreams that aren't mapped out for you

and that aren't the natural environment. Bob Pacheco mentioned that when he was in junior college, he took an entrance exam and the counselor asked him what he wanted to do. He said he wanted to be an attorney. She suggested he should be a mechanic. And when I was sixteen, I was working for Sav-On. My father always spoke of security in income, security in employment, and hoped that I would someday become manager of Sav-On.

Sometimes we need to go against the grain, against the odds, against what others call 'the norm'. If Bob and I had listened to others, I would be managing Sav-On and he would be fixing my car. But I didn't want to be a manager; I wanted to own the place. I wanted to have enough comfort in my life so that I could follow my dreams of being a writer, touching lives and helping people. Bob wanted to become a lawyer. He wanted to be in a position where he could help people in deep need, inspiring disadvantaged children who do not believe they have the skills to be accomplishing in life.

Although it's tough disregarding all that we're told and going with your heart, I believe that sometimes it's necessary. I

believe that we should always listen to others advice but never abandon our dreams. When I was in seventh grade, I realized I wanted to become a writer and now, years later, I make my living as a writer. At 19, Bob Pacheco realized he wanted to be an attorney, and years later, he finished law school and passed the bar.

I look at myself now and I like who I've become. Friends of mine have taken other routes that brought them picket fences and fancy cars at a young age, while I went against the odds and followed my dreams. I look

at Bob and I see someone who is always trying to help, who always offers a kind word and a warm heart, a man who also has ignored the easy route and chose to follow the hard road of a dreamer.

Many people say that the grass is greener on the other side of the fence, and many times it is. That can be very distracting to the dreamers in life. So if the greener grass is distracting, and you truly want to follow your heart, then start watering your own yard, and stop looking at the other side of the fence.

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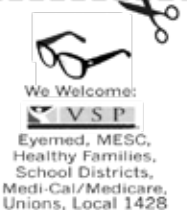
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(909) 594-1153

**Walnut Library**  
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(909) 595-0757

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# Community Events

## STAFF REPORTS

### UPCOMING EVENTS:

#### iPad Introduction at Diamond Bar Library

When: Saturday, Feb. 22 at 2 p.m.

Where: Diamond Bar Library, 21800 Copley Drive, Diamond Bar

Cost: Free

Details: A special hands-on class for the novice iPad user. Learn from expert Jason Galeener, how to connect to Wi-Fi, use built in applications, take pictures, download apps and general tips and tricks for using your iPad more effectively. Please bring your charged-up iPad and a County of Los Angeles Public Library card.

Contact: [www.facebook.com/DiamondBarLib](http://www.facebook.com/DiamondBarLib) or <http://www.colapublib.org/calendar/events/index.php?com=detail&eID=50860>

#### Homeless Ministry in Pomona

When: Saturday, Feb. 22 from 12 p.m. to 4:30 p.m.

Where: First Baptist Church, 601 N. Garey Ave., Pomona CA 91768

Details: Come serve the homeless and economically disadvantaged in Pomona. Volunteers meet in E202 (2nd floor) at 12 p.m. for prayer / devotion, then promptly at 12:30 p.m. for orientation, clothing and hygiene kit distribution, devotion and a 2nd orientation prior to serving dinner to the homeless.

Donations: We currently we are in need of: Spanish BIG LETTER bibles, Large men's pants (size 46 to 48), Men's belts (all sizes), and we have one person who we have not been able to provide clothing to. It is a large size clothing request; shirt - 3x / 4x; pants size 60. Please bring donations on Feb. 22.

Contact: Steve Sable [sdsable@earthlink.net](mailto:sdsable@earthlink.net)

#### Fashion Show Fundraiser For Miss Diamond Bar Pageant

When: Feb. 23, from 11 a.m. to 2 p.m.

Where: Diamond Bar Golf Course, 22751 E. Golden Springs Drive., Diamond Bar CA 91765

Contact: (909) 839-7000

#### Walnut Senior Center Just Desserts Baking Contest

When: Thursday, Feb. 27 from 3 p.m. to 5:30 p.m..

Where: Walnut Senior Center, located at 21215 La Puente Rd. in Walnut

Cost: \$2 for seniors and \$3 for all others per dessert

Details: Contest is open to all ages. Contestants will have the opportunity to enter their best dessert to be judged and receive a prize. Registration forms available at Walnut Senior Center.

Contact: Walnut Senior Center at (909) 598-6200

#### City of Walnut Family Health and Fitness Fair

When: Saturday, March 1 from 9 a.m. to 3 p.m.

Where: Walnut Senior Center, 21215 La Puente Road, Walnut

Details: Information booths, FREE screenings, lectures every 30 minutes, Q & A session,

Family Fun Walk, family fitness corner, blood drive, live entertainment, and more!

Contact: Gabriela Encinas at the Walnut Senior Center at (909) 598-6200.

#### Mt. SAC's 16th "Puttin' on the Hits" Scholarship Fund-raiser

When: Friday, March 7 at 7:30 p.m. and Saturday, March 8 at 3 p.m. and 7:30 p.m.

Where: Mt. SAC Clarke Theater

Cost: \$25 for general admission at the evening performances and \$15 for the Saturday matinee performance.

Details: Mt. SAC employees, students, and trustees, donning authentic costumes, will impersonate famous celebrities, such as Lady Gaga, U2, Johnny Cash, David Bowie, and Queen, to lip synch their hit tunes.

Contact: Go to <http://tickets.mtsac.edu> or call the Mt. SAC Performing Arts Box Office at (909) 274-2050.

### FUTURE EVENTS:

#### Diamond Bar High Gourmet Food Trucks Fundraiser

When: Saturday, March 9 from 11:30 a.m. to 3 p.m.

Where: Diamond Bar High School front parking lot, 21400 E. Pathfinder Road in Diamond Bar.

Cost: \$2 for adults, \$1 for students, and children under 5-years-old are admitted free.

Details: The area's most popular trucks will roll up for the event and will donate a percentage of sales to benefit the event. A carwash will support the DBHS Robotics Team and there will also be a special performance from the DBHS Drumline.

#### WHS Spring Musical: "Curtains"

When: March 14, 15, 21 at 7 p.m. A matinee performance will be on March 22 at 2 p.m.

Where: WHS Performing Arts Center at 300 N. Pierre Road in Walnut

Tickets: Pre-sale: \$13 adults, \$11 students and seniors. At the door: \$15 adults, \$13 students and seniors. Ticket sales: [www.seatyourself.biz/walnutmusical](http://www.seatyourself.biz/walnutmusical).

Contact: Director Joanne Karr at (909) 594-1333 ext. 34212

### Walnut Trip To I LOVE LUCY

### - Live On Stage

When: Saturday, March 22

Where: Orange County Performing Arts Center

Cost: \$75 per person

Details: Our motor coach will drop you at South Coast Plaza for lunch on your own, and then whisk you to your show at the Orange County Performing Arts Center.

Contact: Walnut Senior Center at (909) 598-6200

### DB Bridal Show

When: March 23 from 11 a.m. to 3 p.m.

Where: Diamond Bar Center, 1600 Grand Avenue in Diamond Bar

Cost: Free for brides and \$5 for guests

Details: Brides and grooms-to-be are invited to stop by to scope out caterers, florists, venues, and other wedding-related vendors.

Contact: (909) 839-7066 or visiting [diamondbarca.gov/brid-alshow](http://diamondbarca.gov/brid-alshow)

### Miss Diamond Bar 50th Annual Pageant

When: March 23, at 2 p.m.

Where: Diamond Bar High School Theater, 21400 Pathfinder Road, Diamond Bar

Contact: [missdiamondbarpageant.org](http://missdiamondbarpageant.org)

### Walnut Family Science Night

When: Friday, March 28 from 6:30 p.m. to 8:30 p.m.

Where: Walnut Senior Center, 21215 La Puente Road, Walnut

Details: Come and explore the exciting world of science that is all around us. This event will feature learning stations, hands-on experiments, entertainment, contests and prizes.

Cost: The fee is \$10 per family (immediate members only) if you purchase your tickets prior to the day of the event and \$15 at the door.

Contact: Walnut Senior Center, (909) 598-6200

### FREE Firefighter Preparatory Seminar

When: Mar. 29 and May 31 from 8 a.m. to 5 p.m., with a one-hour lunch break

Where: Western University, 309 E. 2nd Street, Pomona

Details: Seminar presented by the Los Angeles County Fire Department. This is a one-day overview about what to expect from the hiring process. Registration is required to attend.

Register online at [fire.lacounty.gov](http://fire.lacounty.gov), and bring your confirmation form to the seminar. Seating is limited to those who register.

More info: [fire.lacounty.gov](http://fire.lacounty.gov)

### Diamond Bar Birthday Celebration

When: Saturday, April 12 from 11 a.m. to 5 p.m.

Where: Pantera Park, 738 Pantera Drive, Diamond Bar

Contact: (909) 839-7000

### 21th Annual Diamond Bar Library Wine Soirée

When: Sunday, April 27

Where: Diamond Bar Center, 1600 Grand Avenue in Diamond Bar

Details: An afternoon of delicious food from local restaurants, great wine from the Jerry Mead New World International Wine Competition, music, and exciting book, silent and live auctions. A unique souvenir wine glass and program are included with each ticket. All of the proceeds go directly to your local community library.

Cost: Tickets are \$50 per person in advance and \$60 at the door.

Contact: (909) 861-2002

### WEEKLY EVENTS:

#### Bookstore Blowout

Where: Twice Sold Tale Bookstore located at the Walnut Library, La Puente Road, Walnut CA 91789

When: Tuesdays, Wednesdays, Thursdays from 1 p.m. to 8 p.m., Fridays from 10 a.m. to 5 p.m. and Saturdays 10 a.m. to 5 p.m.

Details: All books and media: any four items for \$1. \$1 minimum purchase.

Contact: (909) 595-0757 or

[email.the.walnut.library@mac.com](mailto:email.the.walnut.library@mac.com).

### Resources for the Classroom Days at Basically BOOKS

When: second Tuesdays of every month.

Where: Basically BOOKS locations: at 23447 Golden Springs Road, Diamond Bar and at the Diamond Bar Library: 21800 Copley Drive, Diamond Bar.

Details: Books and education videos will be offered at special discounts for teachers at all levels. Teachers can sign up at either Basically BOOKS locations or email [BasicallyBOOKS@aol.com](mailto:BasicallyBOOKS@aol.com) to join these special teacher appreciate afternoons.

### Free Acupuncture for veterans, active military, first responders

When: Every Tuesday at 5 p.m.

Where: 12598 Central Ave. Unit 113, Chino CA 91710.

Cost: Free

Contact: (909) 590-4183 or [www.healingcirclecommunityacupuncture.com](http://www.healingcirclecommunityacupuncture.com)

### Jack Newe's Farmers Market sponsored by SGV Regional Chamber of Commerce

When: Every Saturday from 8 a.m. to 2 p.m.

Where: Mt. San Antonio College Campus, Parking Lot B, 1100 N. Grand Avenue, Walnut CA 91789

Cost: Admission and parking free

Features: seasonal organic produce, breads and cakes, olive oils, cheese and spreads, a variety of nursery plants, hand-crafted items and jewelry, and fresh-popped Kettle corn and grilled food plates.

Contact: (909) 869-0701



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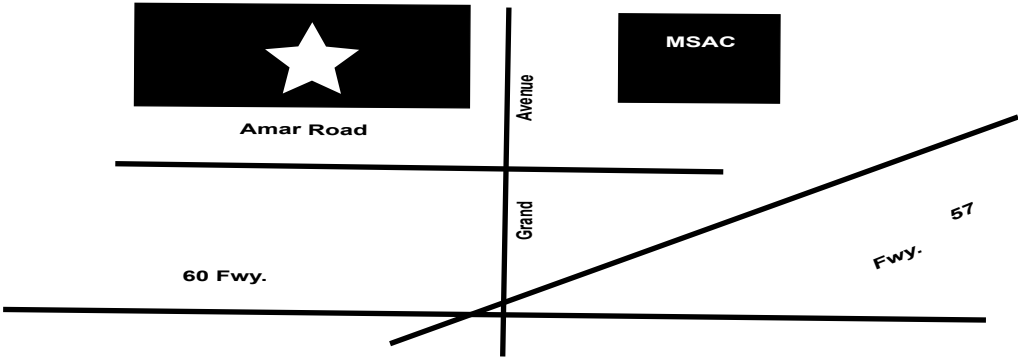









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# Your Local School Updates

## Walnut Valley Honors "A Class Act" Classified Employees

By KELLI GILE

**Walnut-** The Walnut Valley Unified School District continued its longstanding tradition of recognizing outstanding employees on February 7.

The twelve 2013 Cornerstone Award winners were lauded with personalized tributes and gifts during the 15th Annual "A Class Act" awards held at the Pomona Valley Mining Company.

The Walnut Valley Educational Foundation and WVUSD Personnel Commission co-sponsored the recognition event. Dr. Michelle Harold, assistant superintendent of human resources and Robert Chang, director of human resources, hosted this year's ceremony.

The Cornerstone Award recognizes exemplary (non-teaching) employees who have gone "above and beyond the call of duty" in providing outstanding customer service to the District and community. Recipients are

announced during monthly Personnel Commission meetings.

Congratulation to the following 2013 Cornerstone Award honorees:

Margaret Wong, School Office Manager at Evergreen Elementary; Sharon Liu, Instructional Aide I-Bilingual/Bicultural at Maple Hill Elementary; Laura Morris, Instructional Aide II Special Education at C.J. Morris Elementary; Shelley Patton, Instructional Aide II Special Education at Maple Hill Elementary; Lorraine Gomez, Health Clerk at Suzanne Middle School; Yenny Ong, Food Service Worker II at Quail Summit Elementary; Monica Cazares, Accounting Assistant II at the Child Care Program; Patricia Acevez, Office Assistant/Health Clerk at Vejar Elementary; Patti Malatacca, School Office Manager at Quail Summit Elementary; Maria Cabrera, Instructional Aide II at Vejar Elementary; Marilyn Higa, Instructional Aide II-Spe-

cial Education at Evergreen Elementary; Gale Taylor, Library Media Technician II at South Pointe Middle School.

"Thank you for what you do every single day for our kids. You represent the very best of an outstanding group of classified employees across the District," Superintendent Dr. Robert Taylor said.

Gale Taylor was named the 2013 Classified Employee of the Year at the culmination of the program.

"It is truly an honor to be recognized as the WVUSD 2013 Classified Employee of the Year. Thank you to my principal, Susan Arzola, for nominating me for the Cornerstone Award. It is both a challenge and pleasure to be able to play a role in preparing our students for the 21st Century," she said.

For the past 11 years, Gale has been dedicated to instilling the love of reading at South Pointe. One of the ways she

inspires students is with The Read Along Challenge, a lunch-time group that meets to read and discuss select novels and prepare for a competition. Gale has also taken the lead in introducing eBooks to the Walnut Valley Library. A partnership with the two high schools and lots of fundraising enabled the rollout WVUSD's first eBook program.

"It is our pleasure to present the award for Classified Employee of the Year to Gale Taylor for her work above and beyond what is normally expected, preparing students for the 21st Century with eBooks and other resources. What's coming in the next generation of our libraries and literacy is phenomenal. We're planting the seeds for the future in the District," said Commissioner Ron Everett.

Taylor also received special awards from the WVUSD Board of Trustees and Walnut Valley Educational Foundation.

The City of Walnut honored



PHOTO COURTESY: KELLI GILE

The twelve 2013 classified Cornerstone Award winners were honored during "A Class Act" Cornerstone Awards Gala on February 7. Shown: Laura Morris, Monica Cazares, Gale Taylor, Lorraine Gomez and Maria Cabrera. Back Row: Yenny Ong, Patti Malatacca, Margaret Wong, Marilyn Higa, Shelley Patton, Patricia Acevez, Not shown: Sharon Liu.

each recipient with a Certificate of Recognition.

Thanks to the following sponsors: Schools First Federal Credit Union, Sandy Best – BB & T Insurance Services, Massage Envy and LifeTouch Photography.

## Alvarado Intermediate Recognized As One Of California's Schools To Watch

RUSD

**Rowland Heights** – Rowland Unified School District's Alvarado Intermediate School has been recognized for the fourth time as one of California's 2014 Schools to Watch – Taking Center Stage model middle schools. California State Schools Chief Tom Tolarkson announced there were 11 new designated schools to receive this award and that Alvarado Intermediate was one of 12 schools to receive re-designation in the state and na-

tional program which identifies high-performing middle grade schools in the areas of academic excellence, development responsiveness, social equity and organizational capacity to support sustained improvement. The school was first named a Model Middle School in 2004, then re-designated in 2007, 2011 and in 2014.

"We are proud that our school offers strong academics that meet the needs of all of our students. We are fortunate that at Alvarado, we offer a wide variety

of math programs and foreign language. We also have a wide array of electives and award-winning programs in music such as Marching Band, Jazz Band, Chorus, Color Guard and Drumline. It's an exciting time at Alvarado and the School to Watch recognition affirms that we are definitely headed in the right direction," said Alvarado Principal Karen Magana.

Magana along with Alvarado teachers and staff were recognized for their achievement on Tuesday, Feb. 11 at the Rowland

Unified School District Board of Education meeting. Rowland USD Board President Heidi L. Gallegos said, "The entire Board of Education would like to congratulate Alvarado Intermediate for once again being named a National School to Watch – this is highly commendable and it shows the tremendous educational leadership and amazing teachers and staff that are dedicated to all students achieving at the highest levels." Alvarado Intermediate will receive their official state re-designation at a ceremony to take place in Sacramento at the California Middle Grades Alliance annual luncheon Feb. 27, and during the California League of Schools Conference Feb. 28 - March 2. The honored schools will have an opportunity to showcase their

accomplishments and network with other middle grades educators from around the state.

Alvarado Intermediate serves grades 7th and 8th grade students in the Rowland Unified School District. It is a recognized and award-winning "School of Excellence" on a national and state level and is located at 1901 S. Desire Avenue in Rowland Heights. For more information, call (626)964-2358 or visit [www.alvaradoschool.org](http://www.alvaradoschool.org)

For more information about the Schools to Watch™—Taking Center Stage model school program, visit the California League of Middle Schools website at [www.clms.net/stw](http://www.clms.net/stw)

For more information about Rowland Unified, call (626) 965-2541 or visit [www.Rowland-Schools.org](http://www.Rowland-Schools.org).

## Music Legends To Be Featured In Mt. SAC's Scholarship Fundraiser

Mt. SAC

**Walnut** – For the 16th year, Mt. San Antonio College will have the only stage in the world where you can see stars such as Lady Gaga, U2, Johnny Cash, David Bowie, and Queen together in one show as the Mt. SAC Faculty Association sponsors its annual scholarship fundraiser, "Puttin' on the Hits." Show times are Friday, March 7, at 7:30 p.m., and Saturday, March 8, at 3 and 7:30 p.m., in the Clarke Theater.

Mt. SAC employees, students, and trustees, donning authentic costumes, will impersonate famous celebrities and lip sync their hit tunes. The program showcases several styles of

music, including country, swing, R&B, hip-hop, and rock 'n' roll. This year's show will pay special tribute to Mt. SAC professors Joe Franko and Phillip Maynard, who performed in the Hits for many years and who both passed away recently.

Last year, the Faculty Association raised over \$12,000 for student scholarships, and over the past 15 years, "Puttin' on the Hits" has raised more than \$135,000.

Tickets are \$25 and up for general admission at the evening performances and \$15 at the Saturday matinee performance.



For more event and ticket information, go to <http://tickets.mtsac.edu> or call the Mt. SAC

Performing Arts Box Office at (909) 274-2050.



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# Diesel fuel theft

**THEFT** from page 1

at least 6,600 gallons of fuel were stolen in Anaheim alone since October 2013.

In addition, investigators believe they may also be responsible for similar thefts across Southern California. According to Anaheim's public safety spokesman, the three men are also

suspected of being involved in similar incidents in Los Angeles, San Diego and San Bernardino counties.

The thieves obtained the stolen diesel fuel by cutting locks on gates where 18-wheelers and vehicles using diesel fuel were parked. They would then empty out the vehicles' gas tanks.

According to the Anaheim

Police Department, surveillance video was what ultimately led to the demise of this group. One of the surveillance cameras spotted a vehicle believed to be used by one of the thieves. Detectives then obtained the license plate number and used it to track the vehicle down. On Tuesday night, detectives followed the van to an area near Knott and Crescent in

Buena Park where they interrupted the three men in the act of stealing more diesel fuel.

Eddie Lino, 20, Deion Milton, 21, and Onorato Uribe, 32, were all arrested on suspicion of grand theft and possession of stolen property, according to Anaheim Police Department. All three men are Los Angeles County residents.

Police are asking anyone who believes they were a victim of the diesel thefts to contact police at 714-765-1900.



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- "The 50 Safest Cities in California," Bloomberg Businessweek, Dec. 2012
- "Best Place to Raise Kids in California," Bloomberg Businessweek, Dec. 2012
- "The 50 Safest Cities in California," Safewise.com, Dec. 2013
- "Top 100 Safest Cities in the U.S.," Neighborhood Scout, Feb. 2013
- "100 Best Places to Live in America," CNN-Money, Sept. 2011

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Dr. Tony Torng, Walnut Valley USD Board  
Heidi Gallegos, Rowland USD Board

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# Suspect shot after Walnut robbery

## ROBBERY from page 1

into the neighborhood behind the market. The suspect ran through several backyards in the neighborhood in an attempt to evade Sheriff's deputies,

according the Sheriff's Department.

At around 5:20 p.m., the suspect was located in the 19100 block of Elberland Street, in unincorporated West Covina. A deputy-involved shooting occurred and the suspect was

pronounced dead at the scene. However, no weapon has been found at or near the scene, according to sheriff officials.

The suspect was later identified as Javier Mendez, 35.

A female adult passenger of the suspect's vehicle was taken

into custody and a young child who was in the vehicle was taken into protective custody.

Anyone with information about this incident is encouraged to contact the Los Angeles County Sheriff's Department's Homicide Bureau at (323) 890-

5500. If you prefer to provide information anonymously, you may call "Crime Stoppers" by dialing (800) 222-TIPS (8477), or texting the letters TIPLA plus your tip to CRIMES (274637), or by using the website <http://lacrimestoppers.org>.



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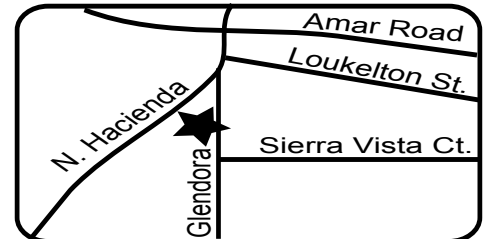
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*Walnut City Council*

## Walnut's Family Health & Fitness Fair March 1, 9am-3pm

### Community Health Fair



While serving Walnut as your State Assemblyman, Bob Pacheco hosted an annual regional health fair.

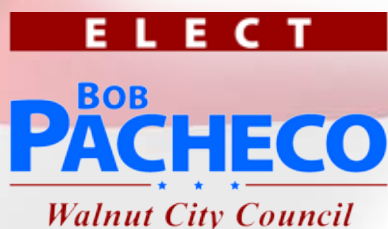
Bob is carrying on that tradition as your Walnut City Councilmember by bringing medical and health care professionals, trained technicians and educators together for a full day of free health services and education for all ages.

Please join Bob on **March 1, 2014 from 9 a.m. to 3 p.m. at the Walnut Senior Center for free fitness workshops, health screenings, bone density, dental and vision exams, blood pressure and glucose testing and many other services.** All services are provided **FREE OF CHARGE**. A blood drive will also be available for those who wish to donate.

In addition to free health services, there will be entertainment, giveaways, a family fun walk, and "healthy" food trucks. All in all, it will be a great day of fun and fitness for the entire family!



**For information on Bob's Vision for Walnut, please visit his website at:**



[www.electbobbacheco.com](http://www.electbobbacheco.com) or  
call Bob at 909-274-9222

**VOTE APRIL 8, 2014**



**Paid for by Bob Pacheco for Walnut City Council 2014, ID #136056**



# Straight Talk With Danice

DEAR DR. AKIYOSHI:

My best friend is perfect in every way, but for some reason she is always criticizing herself and her appearance. Now I'm starting to feel self-conscious every time I'm around her. She is much pret-

tier than I am, so if she magnifies her own flaws, I wonder what she must think of me. I'm starting to avoid her unless I'm looking my best. What should I do?

Farzi

Hi, Farzi:

Your friend might be suffering

from insecurity or low self esteem. Just because she judges herself harshly does not mean that she has the same magnifying glass on you. Don't avoid your friend. Share your feelings instead and help her see her true value.

Danice Akiyoshi, ND

Danice Akiyoshi is a Naturo-

pathic Doctor and the head of Candid Coaching Service. She offers personal coaching services relating to all types of issues and concerns. This is a letter she received from an anonymous reader. To send a question to Danice, email her at straight-talk@candidcoachingservices.com.

com. You can also visit her website at [www.candid-coaching-services.com](http://www.candid-coaching-services.com).



# Getting Through What Seems Impossible

By NANCY STOOPS

We go through so many things and we tell ourselves that we will never get through them. Once we are through that very thing we always thought would do us in, we forget how difficult it was. Then out of nowhere, another seemingly impossible feat comes



along. We go through agony yet we get through it.

How many times does it take to show yourself how very strong and capable you really are? Why is it that no matter what we seem to overcome we still question ourselves and our ability to get through the very tough trauma and challenges that life seems to throw our way?

We tend to focus on our failures so when we are hit with something that feels overwhelming, we forget to look at our past successes.

I believe that anybody can heal from anything if they have the desire and are willing to do the gut wrenching work necessary to heal. We seem to be filled with so much self-doubt even though we keep proving to ourselves that we are truly worthy of overcoming even the most horrific obstacle or traumatic event.

We need to look at our past and see we have a history of being successful, not failing. We need to look at all that we have already worked through as sort of a doc-

trine to our ability and strength. We don't give ourselves enough credit for all of the courage we seem dig so deep to find.

Don't be afraid to trust yourself and your past successes. Don't be afraid to look at the truth about who you are. Don't let the lies keep you from healing and steal your very soul. Learn to love who you are and to be proud of all that you have already overcome. Remember to always dig deep and have faith that you will find the very tools to help you cope

and eventually heal!

This article was written by Nancy Stoops, M.F.T. Nancy is a licensed Marriage, Family, and Child Therapist, and has a private practice with her certified therapy dog, Midnight. Nancy runs free support groups that handle many court mandated needs. She is also available for workshops and motivational speaking. You may contact her at (909) 229-0727. Her latest book, Live Heal and Grow (A Common Sense to Life), is available on Amazon.com.

# Face Your Fears

By MARK HOPPER

As we continue to study the Old Testament book of Ezra at our church on Sunday mornings, I have noticed a theme that runs through the early chapters of the book. That theme is fear.



The Jewish people had returned from Babylonian exile to rebuild their Temple in Jerusalem, but they encountered legal obstacles and stiff opposition from their enemies. They were intimidated and fearful. God sent two prophets to encourage the Jews to complete the project. Haggai challenged the people to examine their priorities. Zechariah encouraged them to not be afraid.

Several times in those early

chapters, Zechariah told them to face their fears. Their problems were real. The opposition was relentless. Their rebuilding efforts had stalled. They had become paralyzed by fear.

What things are you afraid of? What things are holding you back in your life? Maybe you are afraid to pursue a new career. Maybe you are hesitant to start a remodeling project at home. Maybe you are reluctant

to meet new people or visit new places. Maybe you are putting off an important medical exam or treatment.

You need the encouragement of friends and a stronger faith in God to overcome your fears. Friends can help remind you of the personal strengths and abilities that they see in your life. They can say to you, "You can do it!"

Your faith in God can also help you overcome your fears. Throughout the Bible you will see phrases like, "Be strong, I

am with you," and "Fear not, for I am with you." With His help, you can face your fears. Let me encourage you to examine your life and see if there are some things you are afraid of that are holding you back. Ask God to give you the strength to face your fears this week.

Pastor Mark Hopper  
Evangelical Free Church of Diamond Bar 3255 South Diamond Bar Blvd. (909) 594-7604 .Sunday Services: 9 a.m. and 10:45 a.m. Website: [www.efreedb.org](http://www.efreedb.org).

# Program Allowing Young Adults To "Move Forward"

STAFF REPORTS

**Chino Hills** – The Chino Valley Unified School District (CVUSD) has created a program called "Move Forward" to help disconnected youth adults succeed.

"Together, as a school district and as a community, we have worked in the lives of many students and their families," said Cathy Toole, CVUSD "Move Forward" Program Coordinator. "As a result, we are aware of many disconnected young adults and we have the power to bring hope of individual success by encouraging them to "Move Forward" in their lives in order to be productive citizens within their communities," added Toole.

The CVUSD "Move Forward" Program is 100% federally funded and provided by the Workforce Development Department (WDD) with the County of San Bernardino. The WIA and @LIKE Programs will provide the following services to eligible youth, ages 19-24:

- Cost to complete GED and/or vocational training
- Appropriate clothing for interview and work
- Paid work experience, job shadowing, internship
- Career Interest Assessments
- Opportunity to earn the NRC (National Readiness Certificate) recognized by businesses as possessing the skills necessary for entry level employment.
- One-on-One mentoring for a MINIMUM of 12 months

- Life coaching
- Goal setting
- Assistance applying for community college, vocational training and F.A.F.S.A.
- And many more services based on individual need

However, in order for this program to provide these services to our disconnected youth, the school district is asking for the community to help identify youth that would want to "move forward" towards success in their lives. If you are aware of young adults, ages 19-24, that have been disconnected from both employment and school for the past 90 days, please refer them to Toole via email, [Cathy\\_Toole@chino.k12.ca.us](mailto:Cathy_Toole@chino.k12.ca.us), or phone, (909) 628-1201 Ext. 5353.

In addition to being discon-

nected from work and school for the past 90 days, young adults are only eligible if they are U.S. Citizens and reside within the County of San Bernardino.

If you are also aware of businesses that may be willing to invest in providing a on the job paid or unpaid work experience, please have them call Toole. "Many of the businesses that we currently use will hire the youth at the end of the program funded paid work experience based on their performance during the training," said Toole.

"We definitely need your partnership to continuously provide successful outcomes of these youth participants."

CVUSD is located at 15650 Pipeline Ave., Chino Hills, CA 91709. Their phone number is (909) 628-1201.

# Valley Blvd. Stabbing Suspect Arrested

LA COUNTY SHERIFF'S DEPT.

**La Puente** - Los Angeles County Sheriff's Homicide detectives are pleased to announce an arrest in the stabbing murder of a male adult, which occurred on Wednesday, Feb. 12, in the 15900 block of Old Valley Boulevard, La Puente.

On Friday, Feb. 14, at approximately 9 p.m., detectives arrested Andres Aguirre Garcia, a 27-year-old Rowland Heights resident. Garcia has confessed

to the crime and the murder weapon was recovered by homicide detectives.

Suspect Garcia was booked at Industry Sheriff's Station for murder and is being held in lieu of \$1,000,000 bail.

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# Phone helps arrest three

## ARREST from page 1

laptop, and other items. The suspects were unaware that the cell phone had a GPS tracking device installed.

The trio then fled the scene in a white Scion XB, while yelling out their street gang, according

to officials.

The cell phone helped officials track the suspects out in Rialto, where they committed their next crime in the Ralph's parking lot. The suspects allegedly dragged a father and his two young children out of his car, placed them in the suspects' white Scion, and robbed them of the victim's wed-

ding ring and other valuables. A security guard saw the crime and called 911 immediately.

The suspects then committed another crime ten minutes later, in a Farmer Boys restaurant two miles away. A victim was robbed at knifepoint while sitting in his vehicle waiting for his girlfriend to get off of work, according to

officials.

After the robbery, the suspects stopped at a Chevron station a few minutes later to get gas. Police quickly came in and arrested the three suspects. The stolen items were recovered.

The suspects were identified as Mark Fernandez, 19, of San Bernardino, Jeffery Henriquez,

18, of Los Angeles and Roberto Morales, 18, of Los Angeles.

Anyone with information regarding these incidents or know of additional victim is asked to contact the Rialto Police Department at (909) 820-2550, or the Los Angeles County Sheriff's Department, San Dimas Station, at (909) 450-2700.

# DB council corner: mid-year budget report approved

## BUDGET from page 1

get review.

City officials said nearly all categories of revenues showed growth. Among some of the adjustments approved into the budget are:

- Other taxes- This include sales tax, transient occupancy tax, property tax and franchise tax.

- State Subventions- Property tax in lieu of vehicle license fee is being increased by \$94,670 based on actual collections received in Jan. 2014.

- Current service charges- planning, building and engineering fees, as well as recreation fees.

- Investment income re-allocations based in cash balances to those funds.

Some of the highlights of the

changes in the General Fund appropriations as made public by the city include engaging the services of a new city attorney late last fiscal year, the re-establishment of a Deputy City Manager position to fill one vacated last month, and an increase to the city's information systems division's budget due to "unanticipated increase in computer maintenance costs and professional services related to database work."

In other matters, the council heard from City Manager James DeStefano, who provided a report on a project at two intersections on Grand Avenue.

The city received about \$700,000 in federal funds for the project which has been augmented with about \$300,000 of additional resources to improve the public right of way generally in the intersections of Diamond Bar Boulevard at Grand Avenue and

Longview Drive at Grand Avenue, according to DeStefano.

"These two intersections were selected because they serve as primary gateways to the city and there is a design process that's underway right now to set a tone that would result in new street furniture, new landscape in those intersections, a variety of street elements that would lighten, brighten and make those much more inviting landmarks within our community and gateways to other portions of our community," said DeStefano in his report to the council.

"Part of the project is designed to create an overall palate for use with the rest of the community so when we do intersection improvements in the next few years at Golden Springs, Grand, and other areas, we will have a new palate to utilize to spread throughout our community."

DeStefano added that even though approximately \$1 million worth of resources has been allocated to the project, those resources can only be utilized on Grand Avenue in this general area; particularly the federal dollars are restricted and can't be utilized in any other way. Local businesses and residents are invited to come to city hall on Wednesday, March 19 at 6:30 p.m. for a public meeting inviting comments, looking at the design concepts, and to participate in the overall process of improving the project leading to design and construction sometime later this year into 2015.

During the public comment portion of the meeting, residents implored the council to help Bob's Big Boy at Golden Springs Drive get historical landmark designation in order for the restaurant to stay in the area. The fast-food

chain's lease is set to expire in a few years and the landlord is looking to raise the rent. For more information about this, read the story on page 1.

In other city council actions, the council adopted Urgency Ordinance No. 2, 2014, suspending Chapter 8.26 of the city municipal code prohibiting the operation and establishment of medical marijuana dispensaries. The council also approved by a 5-0 vote the first reading of a permanent ordinance prohibiting these establishments, including mobile dispensaries.

The council also voted to appoint new members to its Parks and Recreation, planning, and Traffic and Transportation commissions.

The next regularly scheduled meeting of the City Council is set for March 4 at 6:30 p.m. at the AQMD/Government Center Auditorium at 21685 Copley Drive.

# Council looking to save Bob's Big Boy

## BOB'S from page 1

more than happy to look into steps for declaring the restaurant a landmark, but that it would be "rather tricky" since such designations usually go to businesses and locations with a specific architectural design, tied to a significant or historical event, or an association with a person of distinction. Based on those criteria, DeStefano said he did not consider the property would be a candidate.

"I do believe that this sounds more like it's an issue between the property owner and the business operator," said DeStefano.

Mayor Pro-Tem Steve Tye said, "We're talking about two years in advance here. I don't even know if we have a policy for historic locations, but it's the right thing to do for the city of Diamond Bar to get out and support Bob's. The right thing is to bring it to our residents' attentions and to say 'get out there and support this business, get out there and commit to going to Bob's Big Boy,' however often that is. This is something that we value and have come to appreciate in Diamond Bar. I don't know what could be more iconic than Bob standing out on the corner of Golden Springs and Brea Canyon. If that is not architectural importance I don't know what is."

Starting last year, franchise owner, James Tsai, made an effort to preserve his beloved restaurant from extinction by obtaining over 1,800 petition signatures from loyal customers in June 2013.

Reinforcing his plea, he had a large sign inside the restaurant that read, "PLEASE JOIN US TO HELP KEEP THIS BOB'S BIG BOY FROM BEING CLOSED. WE NEED YOUR SIGNATURE SO WE CAN BECOME A HISTORIC LANDMARK".

Built in 1981, Tsai took ownership of Bob's in 1993. "The building is old, but well-kept," said Tsai. With 24 employees, 14 of which have been with him for anywhere from 10 to 20 years, the Diamond Bar location is known for its customer loyalty. According to the restaurant's manager, Lucy Bartlett, "We are concerned about the public and hear from hundreds of people that they love coming to Bob's. They want us to stay in the community." But it seems like the only way Bob's Big Boy can stay in the community, is if it becomes a Historic Landmark.

According to the National Historic Landmarks Program, "National Historic Landmarks (NHL) are exceptional places. They form a common bond between all Americans." Wikipedia further characterizes NHLs as "Sites where events of national historical significance occurred; places

where prominent persons lived or worked; icons of ideals that shaped the nation; outstanding examples of design or construction; places characterizing a way of life; or archeological sites able to yield information."

The process to have the U.S. Department of Interior declare Bob's Big Boy in Diamond Bar an NHL is long and detailed.

But is it possible for Bob's Big Boy in Diamond Bar to become a Historical Landmark? It's happened before. The Bob's in Burbank is the oldest in the United States. It was built in 1949 by Los Angeles architect Wayne McAllister in the 1940s streamline modern style, and became a California Point of Historical Interest in 1993. Not a Historical Landmark, but certainly noteworthy, Bob's Big Boy in Norco - Horsetown USA - has "Cowboy Bob", the only one of its kind, greeting customers in a cowboy hat. The possibility for Diamond Bar is definitely there.

James Tsai invites you to his restaurant to enjoy his food, speak with his employees and see for yourself if you'd like to help his cause. He says, "We have been at the same location

in Diamond Bar for 30 years, and our customers are loyal from generation to generation. Thank you for your loyalty! We need your continued support to keep this Big Boy location alive." Come to think of it, an Original

Double-Deck Cheeseburger sounds pretty good! Check it out for yourselves.

Bob's Big Boy is located at 21090 Golden Springs Drive in Diamond Bar and they can be reached at (909) 595-9170.

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# Liposuction without the suction

**SCULPT** from page 1

procedure seems to be relatively new, but it's actually an old technique that is revised.

So upon visiting the Premier Body Sculpt Center in Upland, I was a bit skeptical about their "amazing new technology coming to work." The combination of Ultrasonic Cavitation and Radio Frequency (RF) was said to show amazing results without the inconvenience, pain and downtime of surgery. But the skeptics are over.

This non-invasive liposuction technology works by using sonic energy and vibration to destroy and collapse fat cells, thereby facilitating the body's

natural process to metabolize and move fat out through the lymphatic system. Unlike liposuction, and for a fraction of the cost, results can be seen immediately with no bruising, swelling, or scars.

The best way to describe it would be: imagine getting a huge bag and placing small water balloons inside. Then imagine tapping the bag until the water balloons break. This same concept is applied to Body Sculpting. It liquefies the fat and then the body processes the fat through the urine. Sounds different, but the body processes the fat this way, and the results are immediate, with further results through the week.

When I experienced Body

Sculpting myself, all I had to do was lie down and sit up while the three step process was administered. The ultrasound radio frequency was a bit different, as sound waves emit through your body. That's what ultrasound is, an emission of sound waves. But this is at a higher rate, and this is how fat is broken down. And when it emits, I can actually hear sound coming out of my ears. It took a moment to get used to, but eventually it didn't faze me a bit.

When it comes to my health, I am on it. I need to know all the facts, the downsides, and the repercussions. I am a diabetic, so I am always some type of risk. But what gave me confidence was the technician is an RN, BSN,

and Aesthetic Specialist. Linell Wagers administers the sound wave procedure, but also works the emergency room at a local hospital (Yes, I checked).

I could not find anything negative about the procedure, just opinion. But I did see results right away and the before and after pictures were alarming. I did three sessions and I am pleased with the results so far.

I personally like the results and I am going back to do more. I do recommend Body Sculpting and

I also recommend you check out their website, watch the video, and make the best decision for yourself. If you have any further questions or would like to know more about my experience, feel free to ask me at coronaval-leymike@gmail.com.

Premier Body Sculpt is located at 141 W. Foothill Blvd #5 in Upland. You can reach them at 1-(855) 8-SCULPT or visit their website at [www.premierbodysculpt.com](http://www.premierbodysculpt.com).

# Stage II water alert for Chino Hills

**STAGE** from page 1

Resources has indicated that the Metropolitan Water District (MWD), one of the providers of water imported to Chino Hills, will not receive any water from the State Water Project which originates from the Sacramento Delta. However, because of improvements in water storage, water deliveries from MWD are not anticipated to be reduced.

"Chino Hills and our residents have been at the forefront of conservation," Majaj continued. "We are required as a community to reduce water use by 20 percent by the year 2020, and we are well on the way to achieving the state-mandated goal."

Residents and readers in all cities can continue to conserve our precious resource by adhering to the following prohibitions and restrictions:

- Do not hose-wash sidewalks, driveways, parking areas, etc.
- Repair all residential and business water leaks.
- Do not water any outdoor landscaping between 9 a.m. and 6 p.m.
- Do not overwater

landscaping, or allow water to run off into streets, sidewalks or other paved areas. Keep sprinklers well maintained to prevent leaking.

• Wash vehicles, trailers, boats (and livestock) from a bucket, and quickly rinse with a hose equipped with a shut-off nozzle. Look for Car Wash businesses that use recycled water.

There are simple things you can do every day such as using a broom instead of a hose for outdoor cleanup, having fun contests to see who can

take the shortest shower in the house, and not ordering water in restaurants unless you really plan on drinking it. Did you know that you can save four gallons of water per minute just by turning the water off while brushing your teeth? That is 200 gallons per week for a family of four! You can also keep your eyes open and report concerns that you observe by calling the City's Water Wise Hotline, at (909) 364-2850.

Water Conservation...every little drop helps.

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# Mandarin Taste serves authentic cuisine

**TASTE** from page 1

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The restaurant has thrived because of the many delicious dishes it serves and the family-friendly atmosphere that keeps people coming back for more.

"We're like a family restaurant," said restaurant manager Chi Young, when describing the feeling that customers get when visiting the long lasting eatery.

"People are always smiling [here]," said Young.

The restaurant's owners and staff want everyone who comes to their establishment to relax and enjoy themselves over the delectable food.

Mandarin


Taste has many specialties including seafood dishes and spicy food. Crispy shrimp, fried dumplings and walnut shrimp are just some of the many customer favorites, and they are also well known for their wonton soup.

The restaurant holds a very popular champagne brunch on

Sundays and has all-you-can-eat buffets, as well.

Mandarin Taste also serves cocktails and if customers can't come in to enjoy the pleasant ambience, they have the option to order food for carryout.

For more information, please call (909) 861-1819, or just stop by their location at 23391 E. Golden Springs Drive, Diamond Bar.





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24131 High Knob RD # G, Diamond Bar 91765  
Bed: 2  
Bath(F,T,H,Q): 1,0,0,0  
Sqft (Src): 1,174  
Ac/LotSqft (Src): 2.268/98,803  
**List Price: \$299,000**



24422 Pikes CT, Diamond Bar 91765  
Bed: 3  
Bath(F,T,H,Q): 2,0,0,0  
Sqft (Src): 1,412  
Ac/LotSqft (Src): 0.308/13,424  
**Sold Price: \$500,000**



910 Clear Creek Canyon DR, Diamond Bar 91765  
Bed: 4  
Bath(F,T,H,Q): 2,0,0,0  
Sqft (Src): 1,771  
Ac/LotSqft (Src): 0.23/10,195  
**Sold Price: \$485,000**



939 Golden Prados DR, Diamond Bar 91765  
Bed: 6  
Bath(F,T,H,Q): 2,2,0,0  
Sqft (Src): 2,404  
Ac/LotSqft (Src): 0.22/9,425  
**Sold Price: \$542,000**



814 REXFORD CT, Diamond Bar 91765  
Bed: 5  
Bath(F,T,H,Q): 3,0,1,0  
Sqft (Src): 2,100  
Ac/LotSqft (Src): 0.16/7,187  
**Sold Price: \$520,000**



725 Featherwood DR, Diamond Bar 91765  
Bed: 3  
Bath(F,T,H,Q): 2,0,0,0  
Sqft (Src): 1,440  
Ac/LotSqft (Src): 0.48/20,691  
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