

OC News

Drug-Infused Bread Closes OC Bakery

STAFF REPORTS

Santa Ana – On Tues., Jan. 6, the Orange County Health Care Agency closed Cholula's Bakery in the City of Santa Ana to begin a food-borne illness investigation after receiving several reports of illness related to eating Rosca de Reyes Bread distributed by the bakery on Jan. 5 and 6.

According to the Santa

see OC Page 8

IE News

UPS Driver Guilty of Weapons Charges

STAFF REPORTS

Riverside – A former United Parcel Service driver was found guilty on Thurs., Jan. 15 of federal gun trafficking charges for stealing dozens of guns going through the shipping company's Ontario hub and providing them to another man, who sold the

see IE Page 8

DB High Alumnus Playing In Super Bowl

By Kelli Gile

Diamond Bar – Check out Diamond Bar High School 2004 graduate, Ryan Wendell, when the New England Patriots face off against the Seattle Seahawks in Super Bowl XLIX on February 1 at the University of Phoenix Stadium.

The DBHS standout was an All-CIF Southern Section selection as a senior defensive lineman, with more than 50 tackles, six sacks,

and much more.

Wendell earned the same honor as an offensive lineman his junior year. He was the Sierra League's Most Valuable Player as a junior. Wendell's DBHS #77 Brahma jersey is retired, and he was named to the school's Hall of Fame.

Wendell earned a scholarship to Fresno State, was a four-year

see SuperBowl Page 5



PHOTO COURTESY: KELLI GILE

Diamond Bar High alumnus and New England Patriots offensive lineman, Ryan Wendell, will be playing in the 2015 Super Bowl on February 1

Chino Area Crime

STAFF REPORTS

Chino/Chino Hills – On Tues., Jan. 5, a juvenile female contacted School Resource Officer, Deputy Marlene Thompson, at Ayala High School in Chi-

no Hills. She advised Thompson of ongoing physical and mental abuse that she has suffered at her residence in Chino.

Fontana Sheriff's Deputies and Detectives initiated an investigation and identified the

suspect as Joe Patino, 37, of Chino. A search warrant was conducted at the suspect's residence, and Detectives gathered

see Crime Page 6

Industry Manufacturer Shut Down

STAFF REPORTS

Industry – A lawsuit has been filed in federal court issuing an injunction to shut down Health One Pharmaceuticals, a manufacturer of dietary supplements based in the City of Industry.



PHOTO COURTESY: GOOGLE IMAGES

The firm and its President, Richard S. Yeh, have agreed to shut down and stop production of adulterated and misbranded dietary supplements and unap-

see Pharm Page 8

Diamond Bar Council Recap

By Raymond Mendoza

Diamond Bar – Residents and proud family members attended the Diamond Bar City Council meeting in high numbers on Jan. 20, which included the award ceremony for the City's

annual "Through My Lens" photo contest.

To start, council members gave out two City Tiles: one to former Traffic and Transportation Commissioner, Jen Mahlke, for her outstanding service to the City from March 2011 to October 2014;

and the other, to former Planning Commissioner – and newly appointed council member - Jimmy Lin. Both Mahlke and Lin were thanked for their service to the City

see Council Page 2

Walnut/DB Chino Hills Weather

Sun Jan. 25

Sunny
High 81°
Low 53°



Mon Jan. 26

Partly Cloudy
High 75°
Low 54°



Tue Jan. 27

Showers
High 71°
Low 54°



Wed Jan. 28

Partly Cloudy
High 73°
Low 56°



Thu Jan. 29

Partly Cloudy
High 72°
Low 54°



Fri Jan. 30

Sunny
High 77°
Low 56°



FEATURED BUSINESS

Strategic Alliance: Free Networking

STAFF REPORTS

Walnut – If you are looking for an effective way to market your business and network with local businesses at the same time, Strategic Alliance is the perfect solution...and it's FREE!

Strategic Alliance is a non-profit



Join the Strategic Alliance Networking Group at (909) 268-9470, or visit www.strategicnetworking.org for more information.

see Networking Page 8

FEATURED BUSINESS

Luxury For Less At Kitchen & Flooring Center

By K.P. Sander

Diamond Bar – Kitchen & Flooring Center, Inc. does it all. In fact, their motto is, "We Turn Houses Into Homes."

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Kitchen & Flooring Center, Inc. is located at 20875 Golden Springs Drive, in Diamond Bar. They can be reached at (909) 594-5020, or visit www.kitchenflooring.com. And see their ad on page 12 of this publication.

see Luxury Page 5

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PUBLISHER
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EDITORIAL
Editor In Chief:
Kimberley Sander
Staff Writers, Photographers,
Editorial Team:
Michael Armijo
Glenn Freeman
Tiana Goegebuer
Jennifer Jester-Madrigal
Raymond Mendoza
Sarah Sanchez
K. P. Sander

PRODUCTION
Glenn Freeman
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SOCIAL MEDIA
Jennifer Jester-Madrigal
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Letters:
14144 Central Ave. Suite H
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The Grass Is Greener

By MICHAEL ARMIJO

Years ago, I read a Question & Answer column in a local newspaper about Bob Pacheco, and it really moved me.

I picked up the phone that day, and called his office in Sacramento (when he was our local Assemblyman), and asked him about his life. He was very open and candid, and told me the truth about his life in an effort to help me with my own. I thought my life was tough and that I had a rough time. I thought I overcame a lot.

Bob spoke of his father who was a farm worker and didn't speak any English. He mentioned how his mother was crippled and only had a 2nd Grade education. He recalled helping his father in the fields, and how poor his family was - and yet he managed to graduate from college and finish law school.

I've been told to stay away

from politics, stay away from mentioning political candidates or endorsing people. But I'm not speaking about Bob the politician; I'm speaking about Bob the human being.

I believe the toughest dreams in life are the ones that require forging new paths. Bob mentioned that when he was in junior college, he took an entrance exam and the counselor asked him what he wanted to do. He said he wanted to be an attorney. She suggested he should be a mechanic.

When I was 16, I was working for Sav-On. My father always spoke of security in income, security in employment, and hoped that I would someday become manager of Sav-On.

Sometimes we need to go against the grain, against the odds, against what others call "the norm". If Bob and I had listened to others, I would be

managing Sav-On and he would be fixing my car.

But I didn't want to be a manager; I wanted to own the place. I wanted to have enough financial comfort that I could follow my dreams of being a writer, touching lives and helping people. Bob wanted to become a lawyer. He wanted to be in a position where he could help people in serious need; inspiring disadvantaged children who do not believe they have the skills to be accomplished in life.

Although it's tough disregarding all that we're told and going with our hearts, I believe that sometimes it's necessary. I believe that we should always listen to others advice but never abandon our dreams.

When I was in 7th Grade, I realized I wanted to become a writer and now, years later, I make my living as a writer. At 19, Bob Pacheco realized he wanted

to be an attorney, and years later, he finished law school and passed the bar exam.

I look at myself now and I like who I've become. Friends of mine have taken other routes that brought them picket fences and fancy cars at a young age, while I went against the odds and followed my dreams.

I look at Bob and I see someone who is always trying to help, who always offers a kind word and a warm heart; a man who also has ignored the easy route and chose to follow the tough road of a dreamer.

Many people say that the *grass is greener on the other side of the fence*, and many times it is. That can be very distracting to the dreamers in life. So if the greener grass is distracting and you truly want to follow your heart, then start watering your own yard, and stop looking at the other side of the fence.

Diamond Bar council recap

COUNCIL from page 1

in their respective positions and their years of hard work.

The Council then welcomed and congratulated nearly 20 Diamond Bar residents for their award winning participation in the 2014 "Through My Lens" photo contest, which had residents snapping shots around town for categories including people, places, nature, pets and digitally altered. The contest was also split between youth and adult participants.

Mayor Steve Tye thanked all the residents for their outstanding work and for continuing to show off the City through the perspective of their camera lenses.

"The Contest was started in 2008, and has focused positive attention on our community, which we've accomplished," Tye said. "The result has been a win-win for residents and the City. Residents get to exercise their passion for photography and the City gets a collection of incredible random art photographs to showcase throughout the year."

After all the category and honorable mention winners were announced, Tye proclaimed that resident, Alfred Bertulfo, was this year's grand prize winner.

The Council then moved to

the list of future events, which included the Parks and Recreation Commission Jan. 22 meeting, the Planning Commission Jan. 27 meeting, the City Council Feb. 3 meeting, and the Household Hazardous Waste and E-Waste Roundup on Sat., Feb. 14 from 9 a.m. to 3 p.m. at the Gateway Corporate Center in the 1300 block of Bridge Gate Drive.

The Council then approved all the items on its consent calendar including the minutes for the Jan. 5 and Jan. 6 City Council and Traffic meetings, and the Oct. 9 and Nov. 13 Transportation Commission meetings, the ratification of check register dated Dec. 31 through Jan. 14 totaling \$986,081.06, the authorization from the City Manager to execute any necessary documents/agreements from Winstream for 36 months of phone service in an amount not-to-exceed \$50,000, and the authorization from the City Manager to execute any necessary documents/agreements from SC Fuels for 36 months for City vehicle fuel card services in an amount not-to-exceed \$100,000.

With no more public hearings for consideration, the Diamond Bar City Council officially adjourned at 7:13 p.m., with plans to meet next month on Feb. 3, at 6:30 p.m., at 21865 Copley Drive.



PHOTO BY: RAYMOND MENDOZA

Members of the Diamond Bar City Council honor former Traffic and Transportation Commissioner, Jen Mahlke, with a City Tile, a distinction which represents years of hard work for the City.

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By Rita

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Community Events

STAFF REPORTS

UPCOMING EVENTS:
Pomona Inner City Homeless Ministry Dinner

When: The 4th Saturday monthly: Jan. 24, Feb., 28, Mar. 28

Where: First Baptist Church of Pomona, 601 N. Garey Ave., Pomona

Details: Come help serve the homeless and economically disadvantaged at monthly dinners. Volunteers meet in E202 (2nd Floor) at 12 noon for prayer/devotion, followed by orientation, clothing and hygiene kit distribution, and instruction for serving dinner to the homeless. Ministry ends by 4:30 p.m.

Fit Food Fundamentals

When: Beginning weekly, Thursdays now through Feb. 12. The last session will occur on Fri., Feb. 20, and the teens will serve a healthy meal to seniors during a dinner and a movie, 6 to 8:30 p.m.

Where: Walnut Senior Center, 21215 La Puente Road, Walnut

Details: Teens, ages 12 to 16, will learn basic knowledge of nutrition, safety, and food preparation skills to incorporate a healthy diet into their everyday routine. Teens can gain insight on how to lead a healthy lifestyle by means of fitness and proper nutrition, which can be a foundation for lifelong well-being. \$35 for five weeks (includes all materials).

Contact: (909) 598-6200.

Run for Cody 5K

When: Sat., Jan. 31

Where: Frank G. Bonelli Park, 120 Via Verde, San Dimas, CA 91773

Details: Cops 4 Causes invites all walkers and runners to join them to help Cody Misch and his fight against kidney failure. Register to participate online at www.cops4causes.org. Registrations start at \$25 per person. All ages are welcome to attend. The 5K Walk/Run will be a timed event in association with the Los Angeles Sheriff's Athletic Association (LA-SAA).

Baldwin Park Pro Wrestling

When: Sat., Jan. 31, at 6 p.m. (doors open at 5 p.m.)

Where: Ester Snyder Community Center, 4100 Baldwin Park Blvd., Gymnasium

Details: A Wrestling Extravaganza in conjunction with the Empire Wrestling Federation, the show will feature six matches, "Lucha Libre" pro-style wrestling, and much more for the entire family.

Contact: (626) 813-5245, ext. 317, or visit www.baldwinpark.com

Citizens' Police Academy

When: Wednesdays, 6:30 to 9 p.m., Feb. 4 to March 25

Where: Pomona Police Department, 490 W. Mission Blvd; Pomona City Hall, 505 S. Garey Avenue.

Details: The Pomona Police Department is offering an eight week program that provides citi-

zens with the opportunity to learn about the inner workings of the Police Department. Space is limited to 40 approved applicants. Beginning Jan. 5, applications can be obtained at the front desk of the Pomona Police Department or at the Crime Prevention Office at City Hall.

Contact: Crime Prevention, (909) 620-2318.

Roaring 20s Casino Night

When: Fri., Feb. 6, 6:30 to 11 p.m.

Where: Diamond Bar Golf Course, 22751 Golden Springs Dr., Diamond Bar

Details: The Diamond Bar Woman's Club presents a night of fun, food and gaming. Just \$50 per person, which included dinner, \$50 in chips, a drink ticket and a commemorative photo. All proceeds benefit the Diamond Bar Woman's Club Charities.

Contact: For tickets and information, call Debbie Avila-Mott at (909) 860-1063.

Bosco Tech Math Competition

When: Sat., Feb. 7; 7:45 a.m.

Where: Don Bosco Technical Institute, 1151 San Gabriel Boulevard, Rosemead

Details: Mathematics competition for 5th through 8th Grade students. The 43rd annual event will offer awards for the highest scoring individuals and teams. Students from all San Gabriel Valley public and private schools are invited to participate. \$8/individual;

\$5/teams per person. Food, fun, awards ceremony.

Contact: Ms. Valeria De Luna at MathCompetition@boscotech.edu. For further information about Bosco Tech, call (626) 940-2000 or visit www.boscotech.edu.

4th Annual Yurak Memorial 5K Run

When: Sat., Feb. 14

Where: Santa Fe Dam Recreation Area, 15501 East Arrow Highway, Irwindale

Details: Don Bosco Technical Institute will host the Memorial 5K Run and kids-only 1K Fun Run. All proceeds will benefit Bosco Tech's Yurak Athletic Center. Race registration is \$35; online registration is available at www.boscotech.edu/events.

Contact: Athletic Director, Chris Shockley, (626) 940-2101, or via email at ishockley@boscotech.edu

REGULAR EVENTS:

Alcohol and Addiction Intervention Information

When: Third Tuesday, monthly; 6 p.m.

Where: Aurora Charter Oak Hospital, 1161 E. Covina Blvd., Covina

Details: Free information sessions about the intervention process, a powerful tool to combat

alcoholism and addiction. Attendees can expect to learn what the intervention process consists of, when an intervention is appropriate, and what local resources are available. Space is limited and reservations are recommended.

Contact: Call (626) 859-5269, or visit www.charteroakhospital.com.

Free Acupuncture for Veterans, Active Military, First Responders

When: Every Tuesday at 5 p.m.

Where: 12598 Central Avenue, Unit 113, Chino, CA 91710.

Cost: Free

Contact: (909) 590-4183 or www.healingcirclecommunityacupuncture.com

Jack Newe's Farmers Market sponsored by SGV Regional Chamber of Commerce

When: Every Saturday from 8 a.m. to 2 p.m.

Where: Mt. San Antonio College Campus, Parking Lot B, 1100 N. Grand Avenue, Walnut CA 91789

Cost: Free Admission/Parking

Features: Seasonal organic produce, breads and cakes, olive oils, cheese and spreads, a variety of nursery plants, hand-crafted items and jewelry, fresh-popped Kettle Corn and grilled food plates.

Contact: (909) 869-0701

Did You Know?

STAFF REPORTS

Did you know that the Los Angeles County Sheriff's Department (LASD) now offers the public an Online Report Tracking System (SORTS) for the acceptance of certain types of reports?

Just last month, the Department proudly launched the first ever, web-based software system accessible by citizens and law enforcement administrators on any Internet-enabled PC or mobile device. SORTS allows members of the public to report property-related crimes that occurred in the LASD jurisdiction online.

The following types of incidents can be reported in SORTS:

- Lost or stolen cell phones, valued \$950 or less;
- Lost or stolen property, valued \$950 or less;
- Vandalism, excluding graffiti, where damage is valued under \$400;
- Theft from an unlocked vehicle, valued \$950 or less;
- Theft from an open or unsecured area, valued \$950 or less;
- Supplemental Loss Form (must already have an LASD report number).

Once the report is reviewed, a copy of the approved report is emailed to the reporting party free of charge. According to LASD, the application is user-friendly and easy to navigate.


Sheriff Jim McDonnell stated,

"One of the many benefits of this system is that deputies who were previously dispatched to take reports with no suspect information or leads that are primarily filed for insurance purposes can now be reallocated. They will now proactively focus on crime trends, and it will also decrease our response time to priority calls."

Technology and Support Division Director, Dean Gialamas, said, "Giving members of the

communities we serve the ability to file certain categories of reports online enhances our commitment to outstanding public service. It provides residents a system that is available 24 hours a day, 7 days a week, via computer or mobile device - without waiting for a deputy to respond."

For more information, log into: http://shq.lasdnews.net/shq/SORTS/sorts_intro.aspx.



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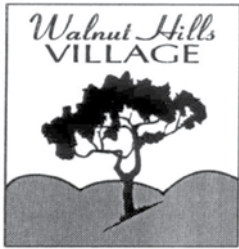
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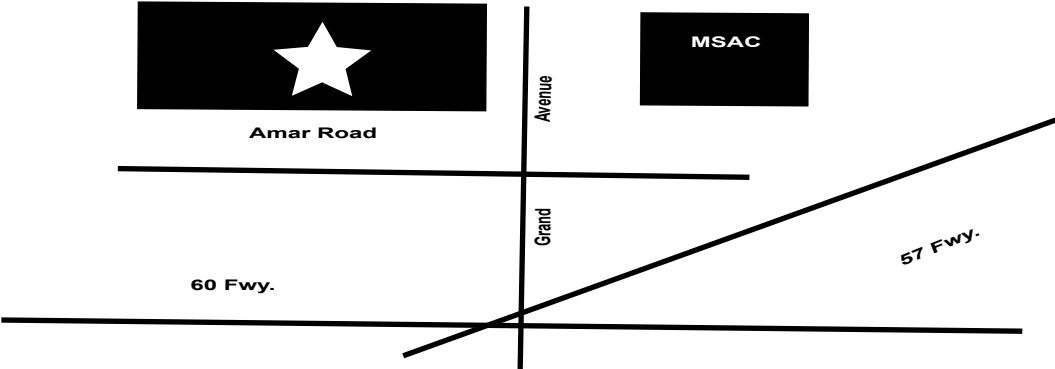


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(area code is 909)

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4G Verizon Wireless	595-9109
50% Cleaners	444-1111
Allstate Insurance	468-1495
Art Nails	594-5080
Asian Kitchen Express	345-8587
Bin Bin Konjac	594-2832
Burger King	468-3672
Clearwater Bagels	598-4332
Dollar Tree	468-4850
East West Bank	869-7232
Electric Beach Tanning	839-1992
GNC Vitamins	869-7272
International School of Montessori	594-8172
Baby Elephant Thai Cuisine	595-3034
MJ Café & Teahouse	612-7480
Max Loan Center	702-8889
Newen's Beauty Salon	598-8394
Re/Max Good Life Realty	598-5151
Royal Florist	718-0688
Sake Sushi	594-5221
School Connection	594-1873
Skyline Dental / Harvey Chen, DDS	595-1800
Smoke Town	468-5816
Stater Bros	598-6534
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Yummy House	468-4991

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Cops 4 Causes Hosting Run For Cody

STAFF REPORTS

San Dimas – Cops 4 Causes – a non-profit organization created to collectively highlight the philanthropic efforts of law enforcement - announces that it will host a 5K Walk/Run for the son of a Los Angeles County Sheriff's Deputy on Sat., Jan. 31 at Frank G. Bonelli Park in San Dimas.

Deputy David Misch's son, Cody, who is now 6-years old, was the recipient of a kidney transplant at the age of 2. His body is currently rejecting the kidney. Cops 4 Causes is trying to raise \$10,000 to pay for treatments not covered by insurance to keep his kidney from failing.

"In Feb., 2014, we found out the antibodies in his [Cody's] body started rejecting his new



PHOTO COURTESY: FACEBOOK

Cody Misch

kidney. He took an eight hour infusion to stop this process. In Sept. 2014, we found out that the infusion didn't work and that his kidney is now slowly rejecting and it's just a matter of time until his kidney fails. Once the kidney fails he would have to be put on

HEMO-dialyses - which for a child, is extremely hard on the body – two to three times a week this would have to be done," said Deputy Misch.

Cody's Doctors at Cedars-Sinai Hospital have a new experimental drug that they have

already used to treat 12 children in the exact same situation as Cody. All of the children treated with the experimental drug have responded with a 100 percent rejection-reversal thus far. Cops 4 Causes was told by the Misch family that Anthem Blue Cross denied this treatment for Cody. Misch stated that they appealed the denial of treatment with Cody's doctors, "but payment for treatment was denied once again."

Unlike weekly HEMO-dialyses treatments, the experimental treatment would last six months and Cody would undergo one treatment a month, for an hour each time. Each treatment is \$50,000.00. However, Cedars-Sinai has offered the Misch family a cash option and offered

to provide all six treatments for \$10,000.00. The family has asked Cops 4 Causes to help them raise the funds needed to provide Cody with a chance at a normal life.

Cops 4 Causes invites all walkers and runners to join them to help Cody Misch. Register to participate online at www.cops4causes.org.

When: Sat., Jan. 31
Where: Frank G. Bonelli Park, 120 Via Verde, San Dimas, CA 91773

Details: Register online at www.cops4causes.org. All ages are welcome to attend; entry fees start at \$25. The 5K Walk/Run will be a timed event in association with the Los Angeles Sheriff's Athletic Association (LASAA).

Diamond Bar high alumnus playing in Super Bowl XLIX

SUPERBOWL from page 1

starter, and earned numerous accolades.

Wendell signed with the Patriots in 2008 as a free agent and played on the scout team before working his way onto the lineup, filling in for an injured lineman. His work ethic and proven ability has earned him a spot on the starting team with quarterback, Tom Brady.

Wendell, #62, a guard, shifted to center after rookie Bryan Stork suf-

fered a knee injury in the first half of the AFC second-round playoff game against Baltimore. He is currently practicing as the starting center for the Super Bowl.

"Ryan worked at all the positions, all the way through the spring - center and guard," Patriots Head Coach, Bill Belichick, said earlier this season.

"Ryan's a really smart player. He's one of the smartest players that we have, that we've had." Belichick told the Fresno Bee this week.

At 6' 2", Wendell may be the smallest offensive lineman in the NFL, but he doesn't let size stop him. He plays with superior technical skills and heart, according to his former DBHS coach, Kurt Davies.

The pro football player stops by the high school every year to talk with the team.

This will be Wendell's second Super Bowl appearance. And you can be sure Diamond Bar High will be cheering for this hometown hero on February 1!

Luxury for less!

LUXURY from page 1

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Chino area crime

CRIME from page 1

additional information in regard to the allegations of abuse.

Patino was taken into custody and booked into the West Valley Detention Center for Cruelty to a Child. The victim and other minors in the home were taken into protective custody by Children and Family Services.

Detectives are concerned there may be additional victims; anyone with additional information regarding this incident is urged to contact Detective Joe Parker or Sergeant Mark Martinez at (909) 356-6767. Callers wishing to remain anonymous are urged to contact the We-Tip Hotline at 1-800-78-CRIME (27463) or you may leave information on the We-Tip website at www.wetip.com.

In another incident, Deputies from the Chino Hills Station arrested a felon in possession of a loaded assault rifle during a routine traffic stop on Fri., Jan. 16. This incident let Deputies to an illicit identify theft crime ring being conducted from a nearby hotel room.

Joseph Sisenia, 31, of Los Angeles, and two female passengers were contacted at a vehicle traffic stop. Sisenia provided identification to the Deputies with a different name on it that later proved to be fraudulent. Upon a record search of the occupants, Deputies discovered that Skye Kelley, 24, of Moreno Valley, had an active warrant for her arrest. The other

female passenger, Aimee Rodriguez, 27, of Baldwin Park, was in possession of and under the influence of a controlled substance. Deputies also discovered Sisenia's true identity, and learned he was on felony probation for identity theft out of Montclair.

A vehicle search was conducted which revealed a loaded assault rifle with a high capacity magazine; additional ammunition was discovered in the car as well. Deputies also recovered several Green Dot cards, gift cards, credit cards, check making materials, and items used to commit identity theft. Green Dot cards are commonly used to launder the illegal proceeds of identity theft by funneling it to a generic prepaid credit account.

During the course of the investigation, deputies learned that the suspects had been staying in a nearby Extended Stay America hotel room. A search of the hotel room uncovered more suspected narcotics and evidence of identity theft related to a Chino Hills mail theft case from December 2014, as well as an additional suspect, David Chacon, 41, of El Monte.

All the evidence was recovered and Detectives will attempt to locate additional victims.

All suspects were booked into the West Valley Detention Center for their respective crimes, including identify theft, possession of a high capacity magazine, felon in possession of a firearm, parole violation, conspiracy to commit identity theft, and active warrant for weapons.



West Valley Detention Center

PHOTO COURTESY: COUNTY OF SAN BERNARDINO

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Drug-infused bread closes OC bakery

OC from page 1

Ana Police Department, the O.C. Sheriff's Crime Lab results from analysis of product samples of the bread returned positive for JWH122 - classified as a "synthetic cannabinoid," which mimics some of the symptoms of cannabis consumption. Wikipedia states synthetic

cannabis/cannabinoids as synthetic marijuana, the effects of which are categorized in the genre of "designer drugs" and are sold as natural highs under brand names such as K2 or Spice (often termed a "spice product").

Adverse health effects associated with ingesting synthetic cannabinoids include seizures, hallucinations, paranoid behavior, agitation, anxiety, nausea, vomiting, racing heartbeat and

elevated blood pressure.

Cholula's Bakery was initially closed until the investigation into the food-borne illness was completed, and it was confirmed that the bakery completed a professional restaurant-grade cleaning of the establishment, disposed of all opened foods and all ingredients used to make the Rosca de Reyes bread, and completed mandatory food safety training for all employees.

With the synthetic drug findings by the O.C. Sheriff's Crime Lab, the future of Cholula's Bakery may be in jeopardy. The case has been returned to the Santa Ana Police Department for criminal investigation.

Anyone who believes they have consumed the tainted bread is encouraged to contact the Santa Ana Police Crimes Against Persons Unit at (714) 245-8390.



PHOTO COURTESY: GOOGLE IMAGES

An example of Rosca de Reyes (or Three Kings Bread)

Industry pharmacy manufacturer shut down

PHARM from page 1

proved new drugs in an effort to resolve the lawsuit as part of a consent decree.

According to the Department of Justice's Acting Assistant Attorney General, Joyce R. Branda, "Protecting the health

of American consumers is some of the most important work we do. We have an unwavering commitment to ensuring that the dietary supplements in this country are safe and have been manufactured in accordance with federal law."

Based on the results of FDA inspections, the suit alleged that Health One Pharmaceuticals

violated laws in the preparation, packaging, and labeling of certain drugs that do not meet regulations required by federal law, and they have failed to conduct at least one appropriate test or examination to verify the identity of every dietary ingredient prior to using the ingredient.

In addition, the complaint alleged that some of the compa-

ny's products were unapproved new drugs intended for use in the cure, mitigation, treatment or prevention of disease that are not generally recognized as safe and effective for their intended uses, nor were they the subjects of new drug applications approved by the FDA. This makes these drugs misbranded, because it is im-

possible to provide adequate directions for use.

The FDA referred this matter to the Department of Justice for investigation. The Civil Division's Consumer Protection Branch, together with the U.S. Attorney's Office for the Central District of California, filed this case on behalf of the United States.

Strategic Alliance: free networking

NETWORKING from page 1

company dedicated to providing businesses the opportunity to align synergistically by creating an environment conducive to business development. They were founded in 1997 for the purpose of generating quality business opportunities. By creating an alliance of ethics-driven business professionals who are dedicated to generating business, the level of customer service increases, creating bet-

ter results.

Members meet each week to exchange information, ideas and referrals. Over time, these relationships - which are built on trust and mutual respect - generate business opportunities. Strategic Alliance is unique in the fact that they are free, have a proven track record with 13 years in business, and their meetings are fun (no one wants to sit through a boring meeting). Similar networking groups often charge for this type of service. One of the reasons Strategic

Alliance works so well is that there is only one of each type of business within the membership; this way, you receive all the referrals from the group for your field of expertise.

The group meets every Thursday morning, 7 a.m., at the Holiday Inn (21725 Gateway Center Drive, off Golden Springs), in Diamond Bar. Membership for the group is free, but everyone is encouraged to purchase breakfast to reserve the room at the Holiday Inn each week. Guests are invited to enjoy a free break-

fast at their first meeting to see if they are a good match for the group. There are approximately 20 members at every meeting, which in turn generates hundreds of referrals every year, and creates tens of thousands of dollars in business.

Strategic Alliance covers Brea, Chino, Chino Hills, City of Industry, Claremont, Covina, Diamond Bar, Fullerton, Glendora, La Habra, La Puente, La Verne, Montclair, Ontario, Pomona, Rancho Cucamonga, Rowland Heights, San Dimas, Upland,

Walnut, and West Covina. They are now recruiting members in a variety of business genres

Contact Strategic Alliance today, and begin marketing your business and generating more income in an effective new way. President, Johnny Hudson, understands that business by referral is the best possible way to grow your business and make more money. Call him at (909) 268-9470, email him at Basic-TrainingMembers@yahoo.com, or visit www.strategicnetworking.org for more information.

UPS driver guilty of weapons charges

IE from page 1

weapons on the street.

Curtis Ivory Hays II, 37, of Rancho Cucamonga, was convicted of firearms and other offenses following a six day trial in United States District Court.

Hays, who was found guilty of 15 counts, faces a statutory maximum sentence of 115 years

in federal prison when he is sentenced on March 30 by United States District Judge Virginia A. Phillips.

The associate who allegedly sold some of the firearms - Dennis Dell White, Jr., 35, of Moreno Valley - previously pleaded guilty in the case and is scheduled to be sentenced by Judge Phillips on May 4.

The evidence at trial showed that Hays stole a series of pack-

ages containing guns that were supposed to be delivered to Turner's Outdoorsman in Rancho Cucamonga. From May through October of 2012, Hays stole six shipments containing a total of 72 firearms.

Hays gave the stolen firearms to White, who illegally sold the weapons to other individuals, and some of the guns were then sold to others. The firearms included 12-gauge shotguns and

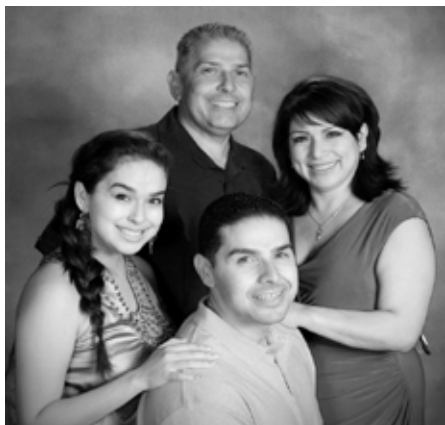
.45-caliber handguns.

Hays also stole shipments containing jewelry and mobile phones that were supposed to be delivered to Costco in Rancho Cucamonga, and this merchandise also was given to White.

Hays was found guilty of conspiracy, six counts of theft of firearms, six counts of receipt and possession of stolen firearms, and two counts of theft of interstate shipments.

White pleaded guilty to one count of theft of firearms.

The investigation into the stolen firearms was conducted by the Bureau of Alcohol, Tobacco, Firearms and Explosives in conjunction with the Ontario Police Department and the Riverside County Sheriff's Department. Substantial assistance was provided by the San Bernardino County District Attorney's Office.



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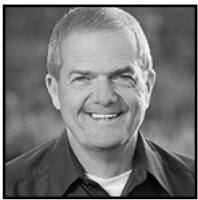
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The Annual Survey

By PASTOR MARK HOPPER

Every January, we do a simple survey at our church. We have found this survey to be helpful as we evaluate how our church is doing and what we may need to change in the future.



Every year we ask the same three questions. First, we ask each family or individual, "How long have you been coming to our church?" The answers range from a few months to over 30 years! One thing this helps us learn is how many new people have become regular attendees during the past year. In addition, it helps us see how many other people remain a part of our church year after year. The second question we ask is, "How did you find our church?"

The answer to this question helps us understand what or who introduced new people to our church. The answers are not surprising. Some say they found our church by driving by. Younger adults found our church on the Internet. But the vast majority of people say that they found our church through the invitation of a friend or family member.

We use the phrase that "God uses people to bring other people to Himself". There is a passage in the New Testament in Second Corinthians 5:17-21 that says, "We are His Ambassadors". God's plan is to use people to tell other people about Him. Inviting a friend, neighbor, classmate or co-worker to church is one of the best ways to introduce them to God.

Newspaper advertisements and programs on the radio may attract some people, but the best advertising is word of mouth. When people

hear about a new restaurant or a new clothing store from a friend, they are more likely to try it for themselves. We have learned that people are more likely to visit church when they are invited by a friend, neighbor, co-worker or family member.

The third question we ask in our annual survey is, "Share some things you like about our church". The answers to this question help us understand why people stay at our church. Although we get a lot of different answers to this question like kids programs, worship services, good looking pastor, etc., the most frequent reply is that they found our church to be friendly and they made significant friendships with others here.

Relationships are the glue that keeps people coming back. Adults, teens and children who make friends want to keep coming. On the other hand, we have seen that

those who do not make friends tend to not stay or get involved.

Pastor Larry Osborne at the North Coast Evangelical Free Church near San Diego wrote a book titled, "Sticky Church." He echoes this same idea. People are looking for significant relationships. They tend to stay where they connect with other people.

This principle has led us to give more emphasis to small groups with our teens and adults. We encourage people to find a small group of people in our church who are in a similar stage of life or have similar interests.

I'm sure there are more questions we could ask each year and more things we could learn. But these three questions have helped us learn - and hopefully improve - some of the ministries and priorities of our church.

As you begin the New Year, let me encourage you to visit a church

near you. Ask a trusted friend or neighbor where they go to church. Visit a few times and make an effort to get to know others in your stage of life. Go online and learn about the church's vision and values.

One word of warning: You will never find a perfect church. Every church is filled with imperfect people. A church is a place to find hope, forgiveness and purpose for living. Make sure that the church you find believes the Bible and teaches the Bible. Build your faith on the Bible.

Grow in your faith with other people at a local church in this New Year.

Pastor Mark Hopper is from the Evangelical Free Church of Diamond Bar, 3255 South Diamond Bar Ave. Sunday services are 9 a.m. and 10:45 a.m. For more information, call (909) 594-7604 or visit www.efreedb.org.

The Walnut Youth Commission

By NANCY STOOPS

Recently I was invited to attend a meeting of the Walnut Youth Commission. I was impressed by their goals, and so I asked Doris Li - one of the Youth Commissioners - to help me write an article about them.



The Walnut Youth Commission is made up of 15 students from high schools in and around the City of Walnut. They meet on the second Monday of every month. Some of the issues that they are trying to deal with are environmental waste and bullying.

As a therapist, I know how

detrimental bullying can be. So far this year, they have planned an anti-bullying day and a day that helps students prepare for entering high school. They act as role models for these students as well as advising them about all of the clubs high schools offer, and act as a support system for this population. I know how hard the transition between middle school and high school can be, and I am glad the Youth Commission is there to help with this process.

Their main goal is just to improve the already very wonderful community of Walnut, which was highlighted as one of the best cities in America by Money Magazine. Doris tells me that the Youth Commissioners are proud to be

part of this wonderful community. They feel lucky living in a city and community that provides so much support and so many programs that make it such a great place for family and students to thrive. I must say I thoroughly agree with Doris and the mindset of the Youth Commissioners, and feel blessed to live in such a wonderful community.

As wonderful as our community is, the Youth Commission and I want to make even better. I feel I can rest a little easier knowing the youth of this community is getting involved and trying to make it even better.

If you have interest in becoming part of this wonderful commission, please contact the City of Walnut at (909) 595-7543.

This article was written by Nancy Stoops M.A., M.F.T. Nancy is a licensed Marriage and Family Therapist. She has a private practice in Diamond Bar and is currently accepting new clients; she is also a motivational speaker who can inspire your employees or group members. Nancy runs free family support

groups, including a group on loss for seniors, and groups on how to manage anger. For more information about any of these services feel free to contact her at (909) 229-0727, or via email at nancyjstoops@verizon.net. Nancy's books, "Midnight the Therapy Dog," and "Live, Heal and Grow," are available at Amazon.com.

Straight Talk With Danice

By DANICE AKIYOSHI, N.D.

Dear Dr. Akiyoshi:
My husband is a mechanic who works for an auto dealership. He is a very nice man who takes on side jobs at our home on his days off. I know it gives him satisfaction to help his friends and relatives who can't afford dealership prices, but my house is always overrun with people dropping off their cars. I feel like I don't have any privacy. People come into the house to use the restroom, or if they are friends and family they think I want to make time to visit with them. I don't want to be rude, but I have a lot to do on the weekend to keep things good for our family. I work full time, too. We have two kids and we only see my husband if we go out to the garage on the weekends. I



feel guilty complaining, because my husband is trying to help people. He often doesn't charge for his labor, so this is not helping our family financially either. I can't ignore this anymore.

-Frustrated Wife

Dear Frustrated Wife:

Your husband sounds like a decent man, but he is confused about how a family unit should work in order to keep the happiness and satisfaction levels in good shape. It sounds like you are in charge of the children all weekend, while he serves friends, neighbors and family members. I think your frustration stems from feeling like you are in it alone, and your marriage is suffering. He would probably feel the same if he were in your shoes.

Let's look at a few things. Is your husband avoiding you for any reason? Have you clearly communicated your frustration to him about having no privacy or

time with him on the weekends? Have you been over functioning on your own for a long time and has he come to believe this is acceptable? Sit down with your husband privately and set some boundaries. Discuss how the weekend routine needs to be in order for you to both have a satisfying experience. Do not wait until your resentment is so severe that you no longer desire his company. Good Luck.

-Danice Akiyoshi, N.D.

Danice Akiyoshi is a Naturopathic Doctor and the head of Candid Coaching Service. She offers personal coaching services relating to all types of issues and concerns. This is a letter she received from an anonymous reader. To send a question to Danice, email her at straighttalk@candidcoachingservices.com. You can also visit her website at www.candidcoachingservices.com.

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Castle Rock Sends Student To Regional Spelling Bee

By Kelli Gile

Diamond Bar – 2nd Grade student, Jaylin Dalal was crowned the winner of the Castle Rock Elementary Scripps Spelling Bee on Jan. 14. The 8-year old won the school title by correctly spelling “commitment” during the final round of the competition.

Dalal will now represent his school next month during the preliminary Scripps Regional Spelling Bee at Mt. San Antonio College. The top 30 students qualify for the finals in March. The regional winner wins a trip to “Bee Week” - the National Spelling Bee Championship held in Washington D.C. this May.

This year, each class at Castle Rock hosted their own spelling bee using official Scripps words. Students received grade level study guides in December to prepare for the competition.

Classroom winners competed during the finals held in the multipurpose room. The contest was broadcast school-wide. The top winner from each grade level received a medal and then vied in the championship round.

Finalists included Grant Wang, 1st Grade; Jaylin Dalal, 2nd Grade; Emily Lu, 3rd Grade; Sean Shih, 4th Grade; and Nicole Miyoshi, 5th Grade.

“Congratulations finalists. You have all worked very hard. Most of all, be proud of yourselves and

have fun!” said teacher Matthew Morrison, who administered the exam with elementary learning specialist Kelly Morris.

During the 12-round battle, students were given a word that was then used in a sentence. They had the option to ask for a definition and were told to speak loudly and clearly. Many students used higher-grade level lists to prepare for the competition.

“We have such great spellers here at Castle Rock!” Morris exclaimed.

Spelling champ Dalal studied to grade level 16.

“I was astonished,” Dalal said about winning the competition. “I was just smiling and giggling and feeling proud!”



PHOTO COURTESY: KELLI GILE

Castle Rock Elementary 2nd Grader, Jaylin Dalal, won the Scripps Spelling Bee on January 14. He received a trophy and qualified to compete at the regional contest in February.

Armstrong Creates Living Museum

By Juliette Funes

Diamond Bar – 5th and 6th Grade students at Armstrong Elementary invite the public to their annual “Living Museum of Historical People,” featuring performances reviving famous scientists, inventors, presidents and other historical figures in honor of Presidents’ Day.

The “Museum” will include student-created murals and science boards, which will encour-

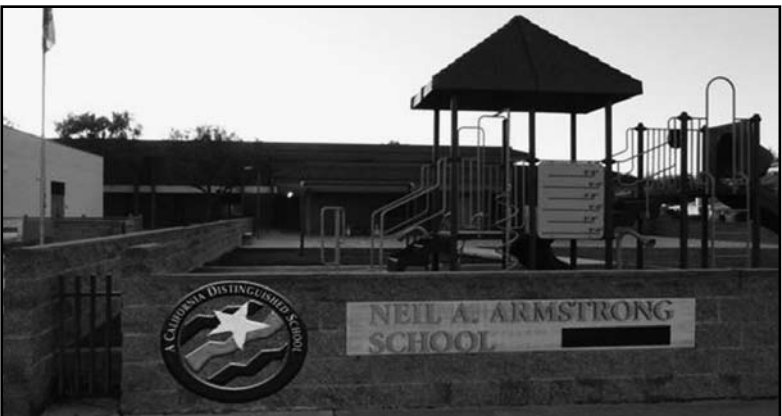


PHOTO COURTESY: ARMSTRONG ELEMENTARY SCHOOL

age visitors to press buttons – at which point students will pop up and recreate a scene from American history.

The Armstrong Elementary “Living Museum” showcases a variety of subjects which are consistent with the Common Core State Standards of learning. Many exhibits will be on display, including a focus on the American Revolution, featuring such historical figures as Paul Revere, Mary Draper, Thomas

Jefferson and George Washington.

The event will be held on Thurs., Jan. 29, with performances at 8:30, 9:45 and 11 a.m., and 1:30 and 5:30 p.m. Performances last approximately one hour. Armstrong Elementary is located at 22750 Beaverhead Drive, in Diamond Bar.

This event is open to the public, and visitors must check in at the office before coming to the museum.

Baldwin Park Proposes Work Center

Staff Reports

Baldwin Park – If all goes according to plan, local residents may be on their way toward a few job leads by the end of summer. The possibility comes with great relief to Nick Hernandez, 27, who has recently become unemployed.

“Everyone needs help during unemployment because it could be a trying and discouraging time,” said the Baldwin Park resident. “A lot of people don’t know the right way to look for a job, such as networking, and how to tailor your

resumes for exactly what you’re looking for.”

City officials said locals such as Hernandez have been the driving force behind an effort to open a WorkSource office in Baldwin Park. They have been in ongoing conversations with representatives from the Baldwin Park Adult School, WorkSource, the California Employment Development Department (EDD), as well as the Baldwin Park Business Association to get their plan into action.

Marc Castagnola, Baldwin Park’s Director of Community De-

velopment, said the city has been exploring the option for an in-town WorkSource office since last summer. WorkSource recently ran an office in Irwindale, he added, but its services were sometimes limited, and that facility eventually closed its doors a few months ago.

Since then, Baldwin Park Councilman, Ricardo Pacheco, has pioneered the effort to debut employment outreach out of the Baldwin Park Adult School along Maine Avenue. Pacheco reported that his city’s unemployment rate is at about 11 percent, the highest in the San

Gabriel Valley for the last few years. That statistic is also above the state’s unemployment rate, which measures at about 8 percent.

Those figures won’t change until something is done to reach out to residents within the community, according to Pacheco. “There are not enough resources in our community to find jobs or for job training to encourage people to take advantage of what’s available out there,” he said. “Having something like this at the adult school would be a good start.”

According to its website, WorkSource California connects Los Angeles County job hunters with specialists, job listings, training resources, and even technical support to help get their foot in the employment door. The agency also links businesses with qualified candidates, training centers, and other assistance for their operations. WorkSource lists about 40 locations throughout Southern California – including one in El Monte – but creating a more local outlet for employment resources could benefit Baldwin Park residents and their surrounding cities.

“This is a resource where people that are looking for jobs or retraining or assistance can go. It helps residents connect with opportunities toward their future,” Castagnola said.

City officials expect the local WorkSource center would additionally be a hub for vocational training opportunities through the adult school; if all goes well, there is also a proposal to start a satellite office out of the facility as a way of

expanding its services.

Finalizing plans for a Baldwin Park WorkSource office may take some time, organizers believe, mostly because each participating agency has its own set of stipulations and accommodations to be met. Project funding should not come at a great cost, if any, to the city, since most operations are run by county and state groups. Nonetheless, Castagnola said there is a strong interest in debuting a WorkSource office here.

Without a job source center within close proximity, Baldwin Park residents are often met with restrictions in time or reliable transportation to moving forward quickly toward employment, he said.

“We’ve heard this from many people. If someone has to take a bus to travel to El Monte and wait in line, they spend a whole day on the bus and commuting,” added Castagnola. “What they get in one day may not be as productive as what they could have gotten if it was closer to them.”

Hernandez couldn’t agree more. He said he had frequented the Irwindale WorkSource center and benefited from its services in the past; but now that the facility is closed, he’s been directed to use the location out of West Covina. Although he has his own transportation, Hernandez said the potential for a WorkSource center close to home is “actually perfect.”

“I really believe there’s a real need for that in communities with high unemployment and within any community really,” he said. “It’s an answered prayer.”



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