OURWEIGHT TEWS.com

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San Gabriel Valley

West Covina Appoints New City Manager

BY NATALIE KIM

West Covina – On Sept 15, West Covina appointed Chris Freeland to the position of city manager, filling the void left by his predecessor Chris Chung. Freeland was born in West Covina, but moved to La Verne and attended Damien High School.

To complete the 100-hour requisite for graduation, Freeland worked with La Verne's City Man-

see SGV page 8

Inland Empire

Hear The Beep Where You Sleep

October is Fire Prevention Awareness Month

STAFF REPORTS

Inland Empire – Riverside County Firefighters want all residents to install and inspect smoke alarms in every room.

"I urge you to have working smoke detectors on all levels of your home, and in all areas

see IE page 3



Photo By: Massiel Ladron De Guevara

Chino Valley Firefighters from Fire Station 65 and Chino Police Officers helped Chino Valley Medical Center shimmy their way to the top in the annual Pink Glove Dance video competition.

Chino Valley Medical Center's Wins Pink Glove Dance Competition

 $\textbf{M} \textbf{ONIQUE} \ \textbf{V} \textbf{ALADEZ}$

Chino – Chino Valley Medical Center danced its way into the nation's No. 1 spot in the annual Pink Glove Dance video contest for breast cancer awareness.

"We joined the Pink Glove Dance contest to show everyone it is possible to overcome cancer through awareness, collaboration and commitment to finding a cure," Chino Valley Medical Center officials expressed. "CVMC wants to light a fire in the community that together our mission,

see Pink Glove page 3

West Nile On The Rise

STAFF REPORTS

San Bernardino – Local medical centers have reported a rise in West Nile virus exposures

in San Bernardino County.
In response, San Bernardino

see West Nile page 8



PHOTO COURTESY: SBSD

Los Angeles

Animal Control Checking Licenses

STAFF REPORTS

LA County – Officers from the Department of Animal Care and Control (DACC) will be conducting field licensing checks in the unincorporated areas of West Covina (zip code 91792), and South San Gabriel (zip code 91770) beginning on Wednesday, Oct. 21.

The field checks will ensure that residents' dogs and cats

see LA page 8

Diamond Bar City Council Recap

BY NATALIE KIM

Diamond Bar - The Oct. 6
Diamond Bar City Council meeting began with an update on the Grand Avenue Beautification Project. The project, designed to exhibit and enhance the beauty of Diamond Bar, will not be completed until the end of November. Following the update on the project, the Council welcomed Crunch Gym, on 1132 South Di-

see Council page 5

Our Featured Businesses

"Sell Your Casa" With Gil Rivera

By Sarah Sanchez

Southern California – In this day and age, it's important to know all aspects of your business. For Gil Rivera from Sell Your Casa Realty, he definitely knows every aspect of buying and selling a home. Rivera is a reliable, experienced, and affordable Realtor, Broker, and Certified Appraiser.

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see Gil page 5



Gil Rivera offers a 4 percent total commission for Sellers. For more information, call 877-888.SOLD (7653), email GRiveraEmail@gmail.com, or visit SellYourCasa.com. Call today for a free market evaluation. See Gil's ad on page 11.

Holiday Getaway At Comfort Suites

STAFF REPORTS

La Puente – The holidays are quickly approaching, with Thanksgiving and Christmas just around the corner. With all the planning, cooking, shopping and cleaning at hand now might be a good time to take a little mini vacation and recharge your batteries to stay productive. You may not have the time to make major travel plans,

see Comfort page 5



Located at 753 Glendora Avenue in La Puente, Comfort Suites can be reached at 626-330-0030, or visit their website at www.industryhillshotel for more information and photos of their site. Be sure to check out their ad on page 8.

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Pomona PD Host "Coffee with a Cop"

STAFF REPORTS

Pomona Residents

can meet and greet Pomona Police Chief Paul Capraro and Pomo-

na police officers in their neighborhood at "Coffee with a Cop" on Wednesday, Oct. 21 from 6 p.m. to 10 p.m. at McDonald's restaurant located at 445 East Holt Avenue (comer of Towne Avenue).

A free small cup of coffee will be offered to those who participate in the "Coffee with a Cop" event, according to the Pomona Police Department press release.

The informal meeting with the community will be held in a neutral space to discuss community issues, build relationships, and drink coffee, according to a Pomona Police press release.

Coffee with a Cop provides a unique opportunity for community members to ask questions and learn more about the department's work in Pomona neighborhoods. All community members are invited to attend.

Coffee with a Cop is a national initiative supported by The United States Department of Justice, Officer of Community Oriented Policing Services. The program aims to advance the practice of community policing through improving relationships between police officers and community members one cup of coffee at a time.

Don't Let this Halloween Give Your Budget a Scare

BY STATE POINT

Cooler weather and seasonal fall colors means it's almost time for trick-or-treaters! Getting ready for all the fun the season has to offer can add up fast. Don't let this Halloween give your budget a scare.

With some helpful money saving tips, you will be ready to have a spooktacular Halloween.

Decorations: Bring the colors of fall into your home with seasonal decorations. From pumpkin kitchen towels to owl décor and festive candle holders, you can accent your home in style.

Adorn your front door with an autumn wreath. Warm your home with pumpkin scented candles and fall themed tablecloths and runners.

For a scary theme guaranteed to thrill your trick-or-treaters, stock up on Halloween décor like skeletons, jack-o-lanterns, bats and cobwebs!

Candy and Treats: Whether you're planning for a crowd or just a few, don't forget to stock up on the candy and treats that make Halloween so sweet. Try your hand at homemade goodies like scrumptious monster cupcakes or homemade popcorn balls. Make a Halloween trail mix with chocolate candies, pretzels, candy corn, rice cereal and pumpkin seeds. Visit www. dollargeneral.com/easymeals for quick, festive snack ideas to feed your hungry monsters.

Use a fun decorated candy bowl and fill it with Halloween favorites to hand out to costumed visitors. Make sure to stock up on Halloween themed napkins and paper plates to add festive flair to your table spread.

Costumes: Above all, Halloween planning includes having a great costume. Check out your closet and use clothing items you already have to create a fun DIY look. Use bold makeup and fun hair styles to create your own unique costume. For the trick-or-treater who likes to accessorize, check out Halloween selections at your local discount retailer, like Dollar General. A variety of costume essentials and accessories are available starting at \$1.

Halloween comes once a year, but it doesn't mean that you have to break the bank to have a great time. With guick tips and money saving ideas, you can have fun affordably.

Hear the beep where you sleep

IE from page 1

where people sleep" Riverside County Fire Department Chief John Hawkins said.

National Fire Prevention Month is a good time to make sure all homes have working smoke alarms, on every level, in every sleeping area, and in the hallways leading to the sleeping areas.

This year's fire prevention theme is "hear the beep where you sleep, every bedroom needs a working smoke detector."

"When fire strikes, every second counts," Hawkins said. "Knowing how to react quickly and correctly can mean the difference between life and death."

According to the latest National Fire Prevention Association (NFPA) research, working smoke alarms cut the chance of dying in a fire in half. Meanwhile, three out of five fire deaths resulted from fires in homes with no smoke alarms or no working smoke alarms.

These alarms should be hardwired with a battery backup in case of a power outage. In California, new smoke alarms have a 10 year long battery life.

Residents are encouraged to inspect all smoke alarms every month, clean them annually, and replace the entire smoke alarm every 10 years.

Roughly half of all home fire deaths happen between 11 p.m. and 7 a.m., when most people are asleep, according to fire officials

If a smoke alarm sounds, crawl low and go outside to a predetermined meeting place. Fire officials recommend practicing the plan in a fire drill at least twice a year. Families should also have an escape plan with an assigned meeting place outside the home in case of a fire.

This Fire Prevention Month CAL FIRE/Riverside County Fire Department is asking all residents in Riverside County to improve their own safety by having working smoke alarms in every bedroom and on every level of your home.

Just A Thought...

BY MICHAEL ARMIJO

Is Social Media really Anti-Social Media? With the advent of "smart-phones" our communication styles have perhaps become less intelligent. With everything from a lack of actual conversation to cyber bullying, Social Media may be ruining many lives.

Social Media is the apple, and we are Adam and Eve. With it, we've tasted the truth; we've been empowered. Do we

think we are God-like, making our own rules; defying purity; defying morality? Were we ever emotionally equipped for the rapid advancement of the Facebooks, Twitters and Instagrams of this world?

There are now consequences for what we believe is acceptable, according to what the majority of a 'conversational' thread dictates. It is sad that our individuality is being convoluted by our need – our greed – to be accepted, loved, and "liked".

Our need to feel right socially has become our weakness. God said the beast will try and destroy us; could the "beast" be technology? "It" is surely behind this weakness, encouraging some with immorality and introversion. Man created technology, not God. And with this obsessive socialism of technology, could man be unknowingly destroying man? Are we so 'social' that we are missing out on society?

Just a thought...

Pink Glove Dance competition

Pink Glove from page 1

if we choose to accept it, is to beat cancer.'

Medline Industries Inc. presented the \$10,000 first-place prize winnings at a special community announcement event at the Chino Police Department's community room on Oct. 1.

"This win means we've succeeded in heightening awareness for breast cancer," said Dr. James M. Lally, Chief Medical Officer at CVMC. "The community really pulled together and

showed that you can overcome cancer through creating awareness. Thank you to the community and the CVMC staff for your support during our journey."

The \$10,000 prize was donated to the ahospital's breast cancer charity of choice, the American Cancer Society's Relay for Life of Chino.

Sue MacInnes, chief market solutions officer for Medline, offered congratulations to Chino Valley Medical Center for its video that grabbed the attention of thousands.

"Some walk for breast cancer awareness. Others run. We dance wearing pink gloves for breast cancer awareness and prevention," she said. "It is Medline's unified mission to eradicate breast cancer. The Pink Glove Dance competition provides communities with an organized event that supports everyone who's been touched by breast cancer."

The winners were determined by public online voting over a two-week period. Chino Valley Medical Center received 18,836 online votes for its video. Chino Valley Medical Center won first place in the small-bed category.

In the video, more than 200 Chino Valley Medical Center doctors. nurses, hospital staff, Chino police officers, firefighters, Walnut Avenue Elementary and Don Lugo High School students donning pink gloves shimmied and shook to Bruno Mars' song, "Uptown Funk".

"Our video represents everyone in the community teaming up together to fight cancer," hospital officials said. "We find hope in our community that everything is possible, which led us to our title. 'Mission Possible: Chino."

To view the video, visit http:// www.pinkglovedance.com/videos/2015-video-voting/smallbed/chino-valley-medical-center/.

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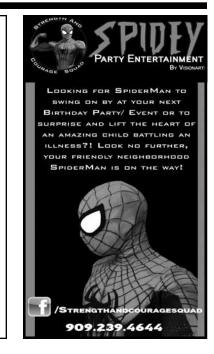
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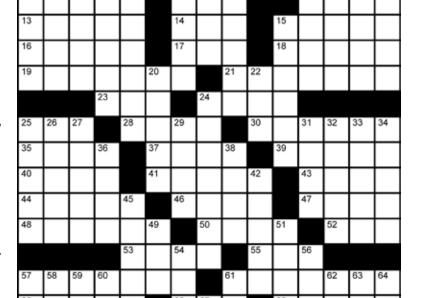
- 1. Medieval fiddle
- 6. College assessment test
- 9. Outgoing tide action
- 13. Allergic reaction to bee sting
- chi
- 15. Thresh about, as in arms
- 16. Oddball's attempt?
- 17. Pro baseball's "Master Melvin"
- 18. Starbucks' serving
- 19. Status of being a star
- 21. *Inhabited by apparitions
- 23. Actor Stallone
- 24. Lord's servant
- 25. Busy flyer
- 28. *Like a Halloween sensation
- 30. Wipe out
- 35. St. Louis team
- 37. Hair product manufacturer
- 39. Red Sea nation
- 40. Black and white treat
- 41. Frame job
- 43. Arnold Lobel's "Frog and
- 44. Bread spreads
- 46. Kind of jerk
- 47. "The Sun Rises"
- Beach, SC
- 50. Verdant 52. Even, to a poet

- 53. *Give me a treat, or _____!
- 55. Excessively
- 57. *"Guess who?" garb
- 61. *Spell-caster
- 65. Before editing
- 66. As opposed to amateur
- 68. Bioweapon
- 69. Money under mattress, e.g.
- 70. Black and white sea bird
- 71. Rounded like an egg
- 72. Politician's barrelful
- 73. "To Kill a Mockingbird" author
- 74. Stitch again

DOWN

- 1. Whistle blowers
- 2. Make changes
- 3. Between Phi and Kappa
- 4. Middle Eastern V.I.P.s
- 5. *Placed in a pumpkin
- 6. Nucleus plus electrons
- 7. *Witch's sidekick
- 8. 10 percent to charity, e.g.
- 9. Panache
- 10. Pieces of fabric used for
- stuffing
- 11. *Vampire's action
- 12. Iditarod ride
- 15. Hagrid's dog in "Harry Pot-
- ter" series

- 20. Deed hearings
- 22. "We Young" by Fun
- 24. Opposite of diastole
- 25. *Wicked ride
- 26. This bird gets the worm
- 27. One of #4 Down, alternate spelling
- 29. Paris streets
- 31. Greek salad staple
- 32. Any detergent plant
- 33. Cut it out
- _a high note"
- 36. Coal residue
- 38. Spiral-horned African antelope
- 42. Traditional Italian fare
- 45. Nancy Drew, e.g.
- 49. *Freddy's street
- 51. *Halloween movie genre
- 54. Part of a flower
- 56. Peace-meaning branch
- 57. Point of a crescent moon
- 58. On top of
- 59. *Stitched make-up
- 60. Poacher's trophy
- 61. Made awake
- 62. South American tubers
- 63. Make a reference
- 64. "The Man Who
- Much"
- 67. Singular of #29 Down



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Community Events

UPCOMING EVENTS

Mt. SAC "Moving In Color" Art **Exhibit**

When: Now through Dec. 3; Tues: 11 a.m. to 2 p.m. and 5 to 7:30 p.m.; Wed/Thurs: 11 a.m. to 2 p.m. Where: Mt. SAC Art Gallery Details: Exhibit of artist and educator, Margaret Lazzari's, paintings Contact: (909) 274-4328

Free Women's Self-Defense Class

When: Sat., Oct. 17; 8 a.m. to noon Where: Daniel Fraembs Training Center, 1702 E. First Street, Pomona Details: In recognition of Domestic Violence Awareness Month, training will include situational, vehicular, home awareness and self-defense techniques. Open to female residents of Pomona only. Contact: Call the Pomona Police Crime Prevention Unit at (909) 620-2318.

Chino Hills... Get The 411

When: Thurs., Oct. 22, 6 p.m. Where: Community Center, 14250 Peyton Drive, Chino Hills Details: Chino Hills is well known for its high quality of life with 41 parks, 3,000 acres of open space, and 39 miles of trails. Because of changes in legislation over the years, about half of the City's residents pay a Landscape & Lighting District assessment, ranging from \$50 to \$500 per year, on their annual property tax bill to fund maintenance of these areas. Residents are encouraged to attend this meeting to learn more about this important and complex issue.

City of Chino Hills Haunted Hike

The411.

Contact: www.chinohills.org/Get-

When: Sat., Oct. 24, Tame: 5:30 to 6:30 p.m.; Scary: 7 to 9:30 p.m.

Where: McCoy Equestrian & Recreation Center, 14280 Peyton Drive, Chino Hills

Details: Come join us to celebrate the spookiest time of the year by walking along the Haunted maze at the McCoy Equestrian & Recreation Center. The "TAME" version is for the "faint of heart" and the young 'ins, while the "SCARY" version pulls out all the stops to ensure a "heart-racing, scary adventure." Cost: \$8 Pre-Sale; \$10 At the Door. Group rates available for pre-sale tickets only. No refunds - All sales are final.

www.chinohills.org/ Contact: HauntedHike or call McCoy Equestrian & Recreation Center at (909) 548-0868.

Community Safety Seminar

When: Wed., Oct. 28; 6 to 8 p.m. Where: Rowland Heights Community Center, 18150 E. Pathfinder Rd.

Details: "Back to School: What Every Parent Should Know." Topics include bullying, Internet Safety, Current Drug Trends, and Gangs/Taggers.

Contact: Deputy Louis Denver, Walnut/Diamond Bar Sheriff's Station, (909) 859-2840, or ladenver@lasd.org.

City of Chino Hills Trick or Treat (NEW LOCATION)

When: Fri., Oct. 30, 3 to 5 p.m. Where: Chino Hills Government Center, 14000 City Center Drive, Chino Hills

Details: The City of Chino Hills will provide children with a fun and safe environment to go trick-or-treating. Children will participate in a variety of activities, including craft projects, face painting, and a costume contest. Candy and crafts available while supplies last. Free admission. Contact: www.chinohills.org/

TrickOrTreat.

Halloween Haunted House

When: Fri. and Sat., Oct. 30-31, 6 to 9 p.m.

Where: Heritage Park Community Center, 2900 S. Brea Canyon Road, Diamond bar

Details: Recommended for ages 8 and up. \$5 admission. BOGO Deal: Buy one, get one free admission for Oct. 30 only with special coupon on City website or at City Hall.

Contact: www.DiamondBarCA.

Gov/hauntedhouse.

Fall Fun Festival When: Sat., Oct. 31, 4:30 to 8:30

Where: Heritage Park Community Center, 2900 S. Brea Canyon Road, Diamond Bar

Details: Games/Crafts, recommended for ages 2-8; a safe and fun alternative to trick-or-treating. Contact: www.DiamondBarCA.Gov.

City of Chino Hills Horse Show When: Sun., Nov. 1, Event starts at 9 a.m.; Registration at 8 a.m.

Where: McCoy Equestrian & Recreation Center, 14280 Peyton Drive, Chino Hills

Details: A fun day of watching numerous breeds of horses vying for the top titles in a variety of events. All spectators welcome, free of charge!

Contact: www.chinohills.org/ HorseShow or call McCoy Equestrian & Recreation Center at (909) 548-0868.

Veterans Recognition Ceremony

When: Thurs., Nov. 5; 9 - 11 a.m. Where: Diamond Bar Center, 1600 Grand Avenue

Details: An awards ceremony, live patriotic musical performance, special video, and light refreshments will be part of this special event that pays tribute to and thanks past and current U.S. military service men and women. Free admission.

Contact: (909) 839.7067 or visit www.DiamondBarCA.Gov/veteransday

First Friday Food Trucks

When: Nov. 6; Dec. 4 Where: WVUSD, Parking Lot, 880 S. Lemon Ave., Walnut Details: Enjoy gourmet food, great weather and good friends while supporting education! Truck line-up: The Slummin' Gourmet; Piaggio; Me So Hungry; Street Food; Bakery Truck.

1600 Grand Avenue

Candy Cane Craft Fair When: Sat., Dec. 5; 9 a.m. - 2 p.m. Where: Diamond Bar Center

Details: Dozens of craft artisans selling everything from art and accessories to home goods and jewelry. Santa's Workshop will feature free crafts and activities for children, and a Holiday-Themed Photo Backdrop - bring your camera or use your phone to take your own photo with family or friends for a fun keepsake. Free admission/parking.

Contact: Crafters interested in booth space should call (909) 839-7067 or visit www.Diamond-BarCA.Gov/craftfair.

REGULAR EVENTS

Alcohol and Addiction Intervention Information

When: Third Tues., monthly; 6 p.m. Where: Aurora Charter Oak Hospital, 1161 E. Covina Blvd., Covina Details: Free information sessions about the intervention process, a powerful tool to combat alcoholism and addiction. Attendees can expect to learn what the intervention process consists of, when an intervention is appropriate, and what local resources are available. Space is limited and reservations are recommended.

Contact: Call (626) 859-5269, or visit www.charteroakhospital.com.

Free Acupuncture for Veterans, Active Military, First Re-

sponders When: Every Tuesday at 5 p.m. Where: 12598 Central Avenue, Unit 113, Chino, CA 91710.

Cost: Free Contact: (909) 590-4183 or www.healingcirclecommuni-

tyacupuncture.com

Jack Newe's Farmers Market sponsored by SGV Regional

Chamber of Commerce When: Every Saturday from 8 a.m. to 2 p.m.

Where: Mt. San Antonio College Campus, Parking Lot B, 1100 N. Grand Avenue, Walnut CA 91789 Cost: Free Admission/Parking Features: Seasonal organic produce, breads and cakes, olive oils, cheese and spreads, a variety of nursery plants, hand-crafted items and jewelry, fresh-popped Kettle Corn and grilled food plates. Contact: (909) 869-0701

Pomona Inner City Homeless Ministry Dinner When: The 4th Saturday monthly:

Sept. 26, Oct. 24, Nov. 28 (Thanksgiving), Dec. 19 (Toy Distribution). Where: First Baptist Church of Pomona, 601 N. Garey Ave., Pomona Details: Come help serve the homeless and economically disadvantaged at monthly dinners. Volunteers meet in E202 (2nd Floor) at 12 noon for prayer/devotion, followed by orientation, clothing and hygiene kit distribution, and instruction for serving dinner to the homeless. Ministry ends by 4:30 p.m.

A holiday at Comfort Suites

Comfort from page 1

but staying local at Comfort Suites might be the perfect solution.

If you are planning to have family and friends join you from out of town for the holidays, why not have them stay at the nearby Comfort Suites? Comfort Suites is always dedicated to making your visit enjoyable, and they will make sure you and your guests are happy with their stay.

With a welcoming atmosphere and friendly service. Comfort Suites can make you feel as comfortable as if you were at home. With a three-diamond rating from

AAA, the Comfort Suites' staff ensures that guests are always satisfied with their stay (AAA is one of the most widely respected information sources for travelers throughout the United States and recommends hotels on a 1 to 4 scale).

Comfort Suites offers a wide variety of amenities including free Wi-Fi, cable/satellite on a flat screen plasma TV, a fitness center. 100 percent smoke-free hotel, and every guest can enjoy a complimentary hot breakfast each morning. And don't forget, every room is a beautiful suite.

Maria Mendoza, General Manager of Comfort Suites, personally invites you to come enjoy your stay at their hotel and take advantage of the unique opportunity to experience the area's rich history, culture and urban energy. Visitors of every age and interest can enjoy a wide range of activities. La Puente Comfort Suites is located near the Irwindale Speedway, Industry Hills Expo Center, Raging Waters, the beautiful Huntington Library, and much more.

Located at 753 Glendora Avenue in La Puente. Comfort Suites can be reached at 626-330-0030, or visit their website at www.industryhillshotel for more information and photos of their site. Be sure to check out their ad on page 8 of this publication.

Diamond Bar city council recap

Council from page 1

amond Bar Blvd. Diamond Bar's new business of the month for October 2015. A presentation was then given, detailing the construction of Diamond Canyon Park, estimated to be complete by summer of 2016.

The City also welcomed its new Associate Planner May Nakajima. Nakajima previously worked for the city of Rancho Cucamonga, where she began as a planning aid while interning during her education at Cal Poly Pomona, and was promoted to Assistant Planner after graduating. She has worked a wide variety of different projects, and the city of Diamond Bar is excited to have her on their team.

During the public comments, the 2015 Miss Diamond Bar Alexandra Ornelas, announced that she will be representing Diamond Bar in the 2016 Miss Teen California. On Oct. 19 from 11 a.m. to 11 p.m., Chili's of Diamond Bar will be holding a fundraiser to help Ornelas in her endeavors, and she and her court will be present to greet and seat attendees.

Representatives from the Diamond Bar Public Library also announced several events, such as the Read Together program, with the book China Dolls by Lisa See for adults. Farewell to Manzanar by Wakatsuki Houstin for teens, and Nim and the War Effort by Milly Lee. On Oct. 14 at 4 p.m., children ages 6-10 can enjoy an origami class; on Oct. 17 at 2 p.m., the library will be swinging with swing dance; on Oct. 19 at 4 p.m. children ages 6-10 can meet and discuss Nim and the War Effort; on Oct. 20 at 3:30 p.m. teens can meet and discuss Farewell to Manzanar, and on Oct. 24 Lisa See will be discussing her book, China Dolls.

Another resident announced the Inland Valley Partners' Walk for the Hungry on Oct 11. Registration begins at noon, and various fun and games, such as face painting, as well as an In-n-Out truck will be available.

Following the public comments, the schedule of future events was read: the Traffic and Transportation Commission

meeting is on Oct. 8, at 7 p.m.; the Planning Commission meeting is on Oct. 13 at 7 p.m.; and the next City Council meeting is on Oct. 20 at 6:30 p.m.

The Council then approved all items on the consent calendar, including: the Planning Commission minutes from Aug. 25; a check register totalling \$1,050,048.64; the Treasurer's Statement for August 2015; a contract for annual property tax consult and audit services with HDL Coren & Cone for the 2015/16 through 2020/21 for \$12,240; a contract amendment with Fehrs & Peers for citywide traffic data collection; and a contract amendment with Valley-Crest Landscape Maintenance to replace turf with drought tolerant planting materials and mulch in medians along Diamond Bar Blvd and retrofit irrigation systems to meet state Water Board requirements for \$539,465.46.

Following Council reports and comments, the meeting adjourned with plans to meet again on Oct. 20 at 6:30 p.m. in the AQMD/Government Center Auditorium at 21865 Copley Drive.

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"Sell your casa" with Gil Rivera

Gil from page 1

four-unit investment properties in Los Angeles, Orange, San Bernardino and Riverside Counties. He also does real estate appraisals for banks, estates, taxes, trusts, divorces, attorneys, refinances, and home purchases. Rivera also has assistants that work with him who are fluent in Spanish and Chinese, which helps him to reach people of different dialects all over Southern California.

With a 24-year proven track record of success, Rivera has sold homes in 26 different cities throughout Southern California.

"I can do this because I appraise homes in so many different cities and have the knowledge and expertise associated with your marketplace. Give me an opportunity and you will surely be happy you did!" Rivera said.

Rivera's philosophy is to "treat my clients the way I want to be treated." In fact, Rivera said that he did not like the way his Realtor treated him when he was buying his home. Rivera shows vice for that discounted rate, respect for his clients at all times. He listens to what they say, so that he can better serve them.

Rivera also does not push his Buyers into a sale. "I always tell Buyers: 'You will know right away when we walk into the house that's meant for you.' Rivera said, "Whether it takes a week or months, my Buyers will always be satisfied with their purchase and are never pressured into it."

Rivera's Sellers love the fact that he offers a discounted commission, but with full service. Rivera offers a 4 percent Total Commission for Sellers, which includes 2.5 percent to the Buyer's Agent and 1.5 percent to Rivera's office. Most Realtors negotiate a 6 percent commission because they have to split the fees with their brokerage. But, Rivera passes on the savings to the Seller. This will save

he became a Realtor because the Seller thousands of dollars in commission fees.

> Rivera's team offers full serincluding high quality flyers, professional photos, open houses (as allowable by the Seller), and extended advertising coverage on the Internet and social media.

> Rivera absolutely loves what he does. He loves selling homes to Buyers because he helps fulfill their dreams of home ownership. His favorite part of selling homes to is transferring the keys to the excited new owners. Rivera also loves selling homes for Sellers. He enjoys the individuality that each property offers and promoting the positive attributes of the home.

> Rivera says, "Many agents spend their time showing houses....I sell them!"

> For more information, call 877-888-SOLD (7653), email GRiveraEmail@gmail.com, or visit SellYourCasa.com. Call today for a free market evaluation, and see Gil's ad on page 11.

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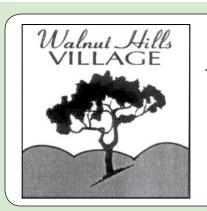


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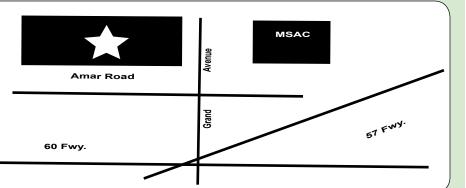
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Rinehart Management Co Contact Terry at (626) 331-2441 Or Cell (626) 233-3952



Walnut Hills Village

20747 Amar Road, Walnut (1/2 block west of Grand Avenue)













Walnut Hills Village Merchant Directory (area code is 909)

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4G Verizon Wireless	595-9109
50% Cleaners	444-1111
Allstate Insurance	468-1495
Art Nails	594-5080
Asian Kitchen Express	345-8587
Bin Bin Konjac	594-2832
Burger King	468-3672
Clearwater Bagels	598-4332
Dollar Tree	468-4850
East West Bank	869-7232
Electric Beach Tanning	839-1992
GNC Vitamins	869-7272
International School of Montessori	594-8172
Baby Elephant Thai Cuisine	595-3034
MJ Café & Teahouse	612-7480
Newen's Beauty Salon	598-8394
Royal Florist	718-0688
Sake Sushi	594-5221
School Connection	594-1873
Skyline Dental / Harvey Chen, DDS	595-1800
Smoke Town	468-5816
Stater Bros.	598-6534
The UPS Store	444-1303
US Taekwondo	595-9222
Vapor Junkies	595-0255
Wags to Whiskers	594-4092
Yummy House	468-4991







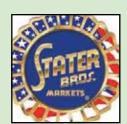














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Collegewood Kids Learn About Traffic Safety

BY KELLI GILE

Walnut – Collegewood Elementary students got a lesson in traffic safety last month.

A crew of Community Club volunteers used cardboard cars to demonstrate the rules.

Principal Joan Perez announced the lesson for transitional-kindergarten (TK) through 2nd grade students on the front lawn of the school.

"We want to keep all of you safe when you come to school and go home each day," she said.

In the first skit, parents Betsy Castellanos and Loi Ay demonstrated the no stopping in the red zone rule.

The misguided driver, Ay, swung his tiny convertible around traffic to the red crosswalk curb.

Castellanos, playing the backpack-carrying student, exited the car with a worried look on her face.

After each entertaining skit, Perez quizzed youngsters about the rules.

"What did they do wrong?" she asked.

"They stopped in the red zone!" the student answered.

"There is NO stopping in the red zone! If it's red, move ahead!" Pe-



PHOTO COURTESY: WVUSC

Collegewood Elementary students learned about traffic safety with parents driving in cardboard cars on September 25.

rez exclaimed.

"If it's red, move ahead!" the 200 students repeated. The parents then modeled how to use the correct white-zone area for dropping off and picking up students.

"We just want to educate the kids on the right way to make our school safer," Castellanos shared.

"And we want to be funny enough for them to remember it!"

Next, parents showed the wrong way to get out of the car.

A bright blue car pulled up to the white curb on Collegewood Drive and the student stepped out onto the street.

"No feet on the street!" correct-

The principal explained the dangers of double parking - when one car is on the white curb and another car parked in the street.

"And that is not OK!" Perez urged. "Do we ever get out in the middle of the street? No!"

"If you double, it means trouble," the children and their principal rhymed.

"He could have gotten run over," said one youngster.

Another volunteer duo in a black-flamed cutout showed students the need to be "quick as light" when exiting the car.

When they pulled up the white curb, the mother took unnecessary time brushing her daughter's hair and taking a photo while cars waited behind them. The children howled watching the silly adults.

Volunteers demonstrated crosswalk safety when one parent got in trouble making a U-turn in the middle of the street.

The crossing guard scolded the driver when he endangered two mothers with children inside the bright yellow lines.

"I think this safety lesson is important because we often have a lot of congestion in front of Collegewood," said third grade parent Xochitl Syrett.

"All our parents need to read the signs, pay attention, and drive cautiously," Rebecca Durani, a fifth grade parent, said.





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Community Information Meeting

Landscape and Lighting in Chino Hills

Chino Hills is well known for its high quality of life with 41 parks, 3,000 acres of open space, and 39 miles of trails. These amenities help make Chino Hills a special place. Because of changes in legislation over the years, about half of the City's residents pay a Landscape & Lighting District assessment, ranging from \$50 to \$500 per year, on their property tax bill to fund maintenance of these areas. Rates haven't been raised in over 20 years and the General Fund is now making up a \$500,000 shortfall that is projected to grow exponentially. Residents are encouraged to attend this meeting to learn more about this important and complex issue. For additional background information, visit www.chinohills.org/GetThe411 and review past articles on the

- ▶ Welcome & Introductions Mayor Cynthia Morar
- Overview of Landscape and Lighting In City Manager Konradt Bartlam
- Q & A and Closing Comments

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HEATING & AIR

Thursday, October 22, 2015 6:00 p.m. Chino Hills Community Center 14250 Peyton Drive

For more information, call (909) 364-2610 or visit

www.chinohilis.org/GetThe411.

West Covina appoints new City Manager

SGV from page 1

ager Marty Lomeli. It was during this time of service that Freeland was introduced to, and subsequently fell in love with, city gov-

To pursue this goal, Freeland majored in Civil Engineering and Political Science at Cal

Poly Pomona, and later earned a Master's degree in Public Administration at Cal State Long Beach. In February 2001, Freeland returned to West Covina and worked in various city departments and held numerous titles, from Parks and Recreation to labor negotiation, before finally being appointed to his current position of City Manager.



PHOTO COURTESY: CITY OF WEST COVINA Chris Freeland

Animal Control checking licenses

LA from page 1

are in compliance with licensing requirements, the mandatory spay/neuter and microchip ordinance. Officers will also be checking state-required rabies vaccinations and licenses for dogs and cats over four months

According to the county officials, beginning January 1, 2014, puppies may be vaccinated at three months old, but still are not required to be vaccinated until four months of age.

"Securing a dog or cat license

is essential to assisting animal control agencies if a pet becomes lost," officials said.

Pet owners are advised to be in compliance with licensing and the mandatory spay/neuter and microchip ordinance if they reside in any unincorporated area of Los Angeles County (or contract city that has adopted the County's ordinance).

Residents not in compliance will be subject to license fees and delinquency charges, including a \$40 field enforcement fee to offset the cost of the Department's field services.

"In order to avoid penalties,

be sure your pet is licensed," officials urge residents.

New animal license applications are available online at www.animalcare.lacounty.gov, or by visiting any local Los Angeles County animal care center. Owners of pets whose license is not delinquent can simply renew the license at county website: www.animalcare.lacounty.gov .

In addition, DACC offers lowvaccination/microchips clinics (microchips are now \$15, which includes an AVID registration) and low-cost assistance (for individuals who qualify) for spay and neuter surgeries.

Featured **Puzzle** Answer Key

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West Nile on the rise

West Nile from page 1

County's Public Health Department, local vector control agencies and San Bernardino County's Sheriff Department have joined forces to reduce the risk of exposure.

On Oct. 10, the West Valley Mosquito and Vector Control District (WVMVCD) reported a total of 212 mosquito samples tested positive in the district.

The San Bernardino County Vector Control Program also had 8 positive mosquito samples in basins and channels in Chino, Ontario, and Chino Hills during the past two months.

County entities will remain vigilant with reporting the common breeding areas for mosquitoes, district officials said in a news release. These areas are typically found in stagnant bodies of water and unmaintained pools.

"Aviation helicopters utilize mapping systems that are downloaded with the County's parcel information," sheriff officials said. "If an area is observed during the crew's proactive patrol, the flight officer can obtain the specific address information. Once identified, the information will be forwarded to Vector Control for any enforcement or corrective action."

The West Valley District's Board President Glenn Duncan urges residents to maintain vigilant and wear repellents when outdoors at peak biting times, dusk and dawn.

In addition, the West Valley District is distributing repellent wipes and mosquito dunks (a larvicide homeowners can use) to residents in an effort to help them in the fight against mosquito-transmitted diseases.

The West Valley District also provides mosquito fish, a small, guppy-like fish that residents can put in standing, permanent sources of water like ponds, fountains, and water gardens. West Valley Vector Control District consists of the cities of Chino, South Montclair, South Ontario and areas of unincorporated county land, including Chino Hills and the Dairy Preserve. Visit their website for more information, www.wvmvcd.org

Most people infected with the virus do not become seriously ill, some experience flu-like symptoms and about 1 percent of them can develop serious neurologic illness. People who are 50 and over or who have pre-existing medical conditions such as diabetes or high blood pressure have the greatest risk of developing complications.

Until the weather cools, residents are urged to continue taking precautions, by remembering the three D's:

- DEET: Use it as insect repellent.
- Dawn and dusk: Mosquitoes bite in the early morning and evening.
- Drain: Eliminate all sources of standing water on your property, because that's where mosquitoes breed.

Straight Talk With Danice

A Letter From Anna

BY DANICE AKIYOSHI, N.D.



Q: have twin daughters. They are both married and have

two children. My husband and I have always kept everything in their lives fair and even as we were raising them. We now have a family dilemma. One of my daughters has complained to me that I seem to be spending more time with her sister's family. I didn't know what to say because it's true. One household is warm and hospitable while the other feels like a stuffy showplace with a staff of workers (nanny, chef, maid) under foot while I try to enjoy my grand kids. I love my daughters equally, but my husband and I like to spend our time where we feel comfortable. I would invite them to my home more often, but we recently downsized to a condo. Any ideas would be welcomed?

Help your daughter understand that we live in a world of preferences. For the most part, things are not personal. Give her a few examples. For instance, remind her that you like your steak medium rare and she likes hers medium. You like a bath, she likes a shower. You like to be simple and homey and she prefers a higher-maintenance household. None of this is personal, people just have preferences. Help her

see that you and your husband enjoy a more relaxed atmosphere. Offer to remedy the situation by meeting in restaurants more often or booking a variety of activities so you can spend time together without household staff in attendance. Ask her for suggestions to make this a good experience for everyone involved. This shouldn't be hard to work out once you get the conversations started. Good luck!

Danice Akiyoshi is a Naturopathic Doctor and the head of Candid Coaching Services. She offers personal coaching services relating to all types of issues and concerns. To send a question to Danice, email her at straighttalk@candidcoachingservices. com. You can also visit her website at www.candidcoachingservices.com.

Painting A Memory

By Pastor Mark Hopper



Recently my wife and I spent time with some of our grandkids. While

were staying at their house, their mother (our daughter) asked if we would be willing to help paint a room in their apartment.

Our son-in-law was out of town on business, so we agreed to take on the task to surprise him when he got home. The grandkids were excited about the idea, too. They really wanted to help.

One of the most important parts of painting is the preparation. We moved the furniture into the middle of the room and found some interesting things that were hidden under them. We found some lost toys and a missing puzzle piece. I was hoping we might find some money, too, but that was not the case.

We covered some things with

plastic and used blue painter's tape to mask off wooden door frames and the corners of the ceiling that we did not want to get new paint on. We removed some of the electrical outlet and light switch covers. We found some large pieces of cardboard to put down along the walls to protect the floor.

When it was time to begin painting, our seven year old grandson got the brush and I got the paint roller. His assignment was to paint in the middle of the wall, far away from doors, door frames and windows. My job was to roll most of the open wall space and use a brush to trim around the edges.

We made a pretty good team. He worked hard at his task and I tried to keep out of his way with the roller. I was impressed at his steady effort and careful work. I think I splattered more paint than he did!

My wife's job was to keep our younger granddaughter busy while we painted. They went shopping and to lunch.

It seems like painting always takes longer then you expect. We ran out of one color and had to go back to the store for more. We needed another paint roller, too. But gradually, the project came together and our daughter was delighted with the result. We hope our son-in-law is pleased, too.

Home improvement projects usually take more time and cost more money than you expect, but the end results are usually good. It seems like they go faster and better when you work with others.

There is a verse in the Bible that says, "Two are better than one, because they have a good return for their work." (Ecclesiastes 4:9) I was glad to have a hard-working grandson helping me. There may not have been any monetary "return" but there is a delightful memory we will share together for years to come..

Pastor Mark Hopper is from the Evangelical Free Church of Diamond Bar, 3255 South Diamond Bar Ave. Sunday services are 9 a.m. and 10:45 a.m. For more information, call (909) 594-7604 or visit www.efreedb.org.

Your Presence Is Valued In Our World

By Nancy Stoops, M.A., M.F.T.



I bet you don't think you matter or make a difference. I am here to say you are

wrong. Every interaction we have with each other matters. Every time we smile or share a greeting, we make a difference. Those very interactions can literally change the way another feels about their day. We still have the power to make the world a better place and to make somebody feel good. I'm always given hope during those brief but powerful interactions with others. An exchange of a smile can literally fill me with warmth and a wonderful glow inside. Just for that brief second there was a very nice exchange of good energy between two humans.

your day, to say hi, smile, to hold a door open, to help somebody cross a street or perform any act of human kindness. These acts really go a long way and can help you understand you matter. I value these acts and the people that have the social graces to perform them. Please understand how much power you have each day to help make this world a better place. I hear heartwarming stories about people doing good deeds and I think about how much I value these people and their presence in our world.

Every time somebody thanks me for my work, their kind words seem to wrap around me, hug me and fill me up with such appreciation for my life and my work. I so value the presence of the people in my practice and in my groups. My group members are so supportive

of each other and make a huge

Take a minute or two out of difference for each other. I walk through my neighborhood with my dog Midnight and I have many very brief but meaningful interactions and I am reminded of how valuable humans can be if they want!

This article was written by Nancy Stoops M.A., M.F.T. Nancy is a licensed Marriage and Family Therapist. She has a private practice in Diamond Bar and is currently accepting new clients; she is also a motivational speaker who can inspire your employees or group members. Nancy runs free family support groups, including a group on loss for seniors, and groups on how to manage anger. For more information about any of these services feel free to contact her at (909) 229-0727, or via email at nancyjstoops@verizon.net. Nancy's books, "Midnight the Therapy Dog," and "Live, Heal and Grow," are available at Amazon.com.



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Wahfles, Desserts & Coffee Anyone?

Chino Valley Chamber of Commerce welcomes a new member

By Gel Delos Santos

Chino Hills - On Aug. 16, Anthony. Lorraine and Jacob Abel took ownership of Wahfles Desserts & Coffee. The restaurant has been open for two years located at 5751 Pine Ave. in Chino Hills.

Jacob Abel, son of Anthony and Lorraine has worked for the restaurant for almost two years before the previous owner sold it to his parents. They decided to keep the name and the entire menu of specialty waffle and classic waffle desserts, sandwiches and a full espresso bar, shaken teas, special drinks, ice-blended drinks and affogatos.

So whether you are catching up with friends, grabbing a quick bite for lunch or taking the family out for a Sunday morning breakfast, this place is a cozy family-friendly spot ready to serve up some savory goodness any time of day. While you wait for your order, the family may play a game of cards or a board game, or if you simply want to read a book, they have a book shelf full of novels just for you. Wahfles Desserts & Coffee is quite unique. This is why Anthony and Lorraine

jumped on the opportunity when the previous owner offered it to them. Their one and only son Jacob, 18, put in his own life savings into the business making him a co-owner with his parents. The Abel family is no stranger to Chino Valley area. They have called Chino Hills their home for 18 years. Lorraine teaches at the Alternative Education Center in the Chino Unified School District for independent study for high school students since 2011, and in the elementary division since 2003. Anthony runs the restaurant full time alongside their son Jacob when he is not at school. Jacob currently attends Cal State University majoring in Economics. His ambition is to purchase many more businesses!

As a new Chino Valley Chamber of Commerce member, one of the things the Chamber does is hold a ribbon cutting ceremony to commemorate its grand opening and let the community know about your place of business. The mayor, city council or representatives from their office, and representatives from the district and assembly offices also come out to award the new business owner with certificates and welcome them to the community.

The ribbon cutting ceremony and grand opening for Wahfles Desserts & Coffee was held on Oct. 7, 2015. Chino Valley Chamber of Commerce is proud to welcome Wahfles Desserts & Coffee to the Chino valley business community.



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