

City of Eastvale News.com

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Here We Grow Again

Coming Soon To Eastvale

BY TIANA GOEGBUER

Eastvale - Since it first became a city in October of 2010, Eastvale has grown immensely. An area that was once mainly known for dairy farms is now buzzing with shopping centers, beautiful parks, and great schools. The growth our city has experienced is not letting up any time soon either! Here are some of the new businesses, developments, and

see **Grow** page 14

City Council

City Council Recap

BY EMILY AGUILAR

Eastvale - At the June 8 City Council meeting, Eastvale's City Councilmembers dealt with a plethora of urgent matters, the conclusion of the voting district topic being the forefront of discussion.

Samantha Waterman led the evening by presenting an update on the Cadiz Water Project. The Cadiz Water Project's goal is to conserve water in Southern California and prevent mass evaporation. Eastvale is currently home to an underwater reservoir that is at threat for evaporation. In order to protect that water, the Cadiz Water Project has been

see **Council** page 3



PHOTO COURTESY: WOLFF

Many local residents enjoyed the Eastvale Picnic in the Park rides, games, music, and booths.

Volkswagen To Open Training Center

STAFF REPORTS

Eastvale - On June 15, Volkswagen confirmed that it will invest an estimated \$4.5 million to open a new training center in Eastvale as well as its new \$6.8 million Pacific Northwest Parts

Distribution Center in Rocklin, CA. This will fulfill their commitment to the U.S. market and strategy to invest more than \$7 billion in North America through 2019.

The President of and CEO of Volkswagen, Hinrich J. Woe-

bcken says, "The new parts distribution center and upcoming training center in California is a testament to Volkswagen Group of America's continued investment and commitment to

see **Training** page 12

Police Dog Attacks Man In Eastvale



PHOTO COURTESY: CBSLOCAL.COM

STAFF REPORTS

Eastvale - An Eastvale resident was attacked by a former Police dog earlier this month, which resulted in the man being sent to the hospital and the dog being stabbed.

On Sunday, July 3, a 20-year-old resident saw a male German shepherd wandering loose along Ruby Giant Court. According to an animal con-

trol officer's report and based on statements from witnesses, the man felt sorry for the dog and brought it a bowl of water. A City of Eastvale news release reported that the dog drank the water and then placed both its front paws on the man's chest.

The dog then attacked the man by taking a bite out of his left bicep area and dragging the

see **Dog** page 5

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Eastvale's Picnic In The Park

BY VALERIE GUTIERREZ

Eastvale - As June started to wind down for many, local residents were headed to Eastvale's 12th Annual Picnic in the Park celebration, which is an annual event that draws hundreds of thousands of people.

The 12th Annual Picnic in the

see **Picnic** page 12

West Nile Virus Found In Eastvale

STAFF REPORTS

Eastvale - The City of Eastvale recently reported that the first indications of West Nile virus in 2016 were detected in a sample of collected mosquitoes. The mosquitoes tested positive for the virus on June 15, according to the City

see **West Nile** page 8

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STAFF REPORTS

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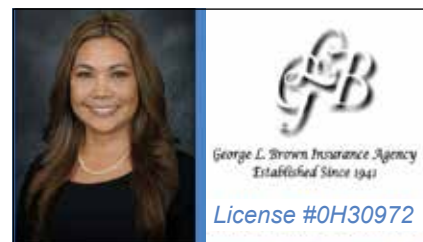
Family Tradition Means Insurance Expertise

BY MICHAEL ARMIJO

Chino Hills - Most little girls say they want to be a doctor, lawyer, school teacher or a princess while growing up, but Grace Buencamino wanted to be like her daddy, an insurance producer.

"It wasn't that I was exposed to someone

see **Insurance** page 9



You can reach Grace Buencamino on her direct number (909) 973-8233 or at her office (949) 361-1400. You can also email her at gbuencamino@georgebrowninsurance.com.

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PHOTO COURTESY: GOOGLE

Did You Know?

*Bicycle Helmets:
Reminder to Parents and
Persons Under 18*

CITY OF EASTVALE

The City of Eastvale would like to give a courtesy reminder about helmets to all parents and persons under the age of 18. There seems to be an ongoing presence of children and teenagers on skateboards, bicycles and scooters, without helmets. This poses a safety danger to the youth within the community. As it is encouraged for children of all ages to participate in recreational outdoor activities, we strongly urge parents to ensure that the proper safety equipment is being utilized. In addition to safety, it is a California state law that requires the use of a helmet for those under the age of 18.

Section 21212 (a) VC (Vehicle Code) states:

21212. (a) VC: A person under 18 years of age shall not operate a bicycle, a nonmotorized scooter, or a skateboard, nor shall they wear in-line or roller skates, nor ride upon a bicycle, a nonmotorized scooter, or a skateboard as a passenger, upon a street, bikeway, as defined in Section 890.4 of the Streets and Highways Code, or any other public bicycle path or trail unless that person is wearing a properly fitted and fastened bicycle helmet that meets the standards of either the American Society for Testing and Materials (ASTM) or the United States Consumer Product Safety Commission (CPSC), or standards subsequently established by those entities. This requirement also applies to a person who rides upon a bicycle while in a restraining seat that is attached to the bicycle or in a trailer towed by the bicycle.

Here are some tips on ensuring a proper fit for your helmet, according to skateboardsafety.org:

- Wear it flat on your head with the bottom edge parallel to the ground
- Sits low on your forehead
- Has side straps that form a "V" shape around each ear
- Has pads inside that you install or remove so the helmet fits snugly
- Does not move in any direction when you shake your head
- Does not interfere with your movement, vision or hearing
- Has a buckle that fastens tightly (there should be room to put only two fingers between the strap and chin)

As always, the deputies of the Eastvale Police Department are committed to the safety of the community. ■

Enjoy A Day At The Park

BY IKE BOOTSMA,
MAYOR OF EASTVALE

July is Parks month and I encourage you to enjoy the warm weather at Eastvale's beautiful parks. There are currently 13 parks in the City of Eastvale that account for approximately 250 acres of open space in our community.

Grab your pup and head over to American's Heroes Park, 6608 Hellman Ave., for lunch and a playdate at the Dog Park. With amenities for the whole family including a sheltered picnic area, playground area and agility equipment in the dog park, its perfect for a warm

spring BBQ.

Have small children? Take them to Cedar Creek Park, 6709 Cedar Creek Road, which was designed with small children in mind. Kids are able to enjoy playing in the child play area or cool off at the splash pad in the water play area.

Harada Heritage Park, 13099 65th Street, is the largest park in the City of Eastvale with amenities including a skate park, fields for all different sports, a picnic and barbecue area, covered shelter and children's play equipment. You could spend the season hitting softballs, practicing lay-ups, or dribbling a ball down the soccer field. After-

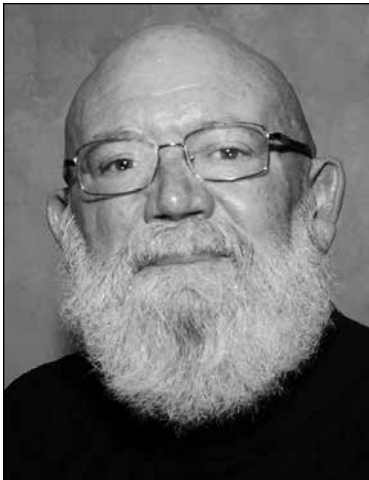


PHOTO COURTESY: CITY OF EASTVALE

ward, relax in the covered picnic area and enjoy a meal outside.

Unplug this summer and check-into one of our 13 beautiful parks. For a full list of parks, visit the City's website at www.eastvaleca.gov. ■

Commissions: Citizens Shaping The Future Of Eastvale

BY MICHELE NISSEN,
CITY MANAGER

In order to create the type of City that residents want to live in, the Eastvale City Council has appointed two citizen commissions to provide input and recommendations to the City Council. These citizens lend their time, talent and expertise to the City Council.

The Planning Commission is a five-member commission composed of residents appointed by the City Council. The commission advises the City Council on land use and development issues, taking input and making recommendations on the General Plan, Zoning Ordinance, Design Standards and related matters. As you see new construction around town, rest assured that the Planning Commission has reviewed the plans submitted after October 1, 2010 to ensure that the proposed projects are in the best interest of the City.

The City of Eastvale has a substantial group of public safety professionals living in the City. The Public Safety Commission, also composed of a five-member commission, was created to utilize the rich talent pool of experienced citizens to provide recommendations on Public Safety issues such as:

- Traffic issues



PHOTO COURTESY: CITY OF EASTVALE

- Neighborhood Watch
- Emergency Preparedness
- Crime Prevention

These issues affect the quality of life in Eastvale. Having a group of professionals assist

see **Manager** page 7

City Council recap

Council from page 1

pumping water from a 34,000 acre underground reservoir and storing it throughout Southern California. Bootsma expressed discontent with the project, stating that he believes that the plan benefits the company as opposed to the state as a whole. Waterman defended her position stating that the project would help with sustaining water during the drought, to which Bootsma passively agreed.

Afterward, newly appointed Student Liaison Natalie Diaz reported the Eastvale Elementary production of the Jungle Book at the ERHS Theater, the awards assembly that was held, their final school day, and their start date. RHIS is also looking for business partners to help sponsor their academic and scholarship programs.

The first public comment was given by Hari Dhiman from the Eastvale Chamber of Commerce, who spoke about the success on National Prayer Day. Some upcoming events include an election for a new board member. Angelo Navarez, who is also part of the Eastvale Chamber of Commerce, announced that Vince Ferragamo was selected to be the guest speaker at the annual Installation Dinner & Awards Banquet on

July 19. Lastly, Eastvale resident John Kopp recommended that the staff read The King of California, a book that covers the history of California's water wars.

All items were approved on the consent calendar.

Finally, the council moved to the

see **Council** page 15

Electrically Motorized Boards



As of January 1st, 2016 new laws have been put into place in California regulating "Electrically Motorized Boards" commonly referred to as "Hoverboards."

The California State Legislature has addressed hoverboards with new laws and definitions, as explained in Assembly Bill 604 and codified in the California Vehicle Code (CVC). Please be familiar with these laws if you or someone you know are utilizing these modes of transportation.

CVC 313.5: Defines Hoverboards, as a wheeled device with a floor-board less than 60" x 18" and travels no more than 20 MPH on a level surface.

CVC 21292: Riders must be at least 16 years old.

CVC 21292(a): Riders must wear a bicycle type helmet.

CVC 21293(a): During darkness, the rider or board must emit a white light to the front, red reflector to the rear and a white or amber reflector to the sides (just like bicycles).

CVC 21294(a): The board can't be operated on any street with a speed limit of more than 35 MPH.

CVC 21296(a): A rider cannot be under the influence of alcohol or any drug.

A violation of these vehicle codes is punishable as an infraction. Failure to adhere to the above mentioned laws can and will result in a citation (and or fine). We ask that parent's and minors obey all laws, not only because it's the law, but for safety as well. Persons under the age of 18 riding an electrically motorized board, must adhere to the California Vehicle Code of: 21212 (a)/Youth Bicycle Helmets. These laws are strictly enforced at the Parks, Community Center, and throughout the City of Eastvale.

As always, we appreciate the community's participation in ensuring all laws are being followed.

Jurupa Valley Sheriff's Station NON-EMERGENCY Number: (951) 776-1099
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STAFF REPORTS

On Wednesday, July 13, from 9 am-11 am, the Inland Empire Small Business Development Center (IESBDC) will host a FREE Internet Sales and Use Tax Workshop at New Day Church, located at 7155 Hamner Avenue, in the City of Eastvale.

In this class, you will learn the six easy steps you must take to harness your email program & learn The Power of the Inbox! Learn insider tips and techniques like automated list

building tools, design elements that work, those that don't, and how to measure and get results. Learn to:

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Business owners and start-up entities alike are welcome to attend.

Pre-registration is recommended, as seating is limited. For more information or to reg-

ister, please visit: www.iesmall-business.com. If you have any questions, please contact us at (909) 983-0751. This no cost seminar was made possible by the City of Eastvale.

The Inland Empire Small Business Development Center is hosted by the California State University, San Bernardino University Enterprises Corporation. The Center is partially funded by the U.S. Small Business Administration (SBA) and the California State University, Fullerton Tri-County Lead SBDC. All of the SBDC programs and services are offered on a non-discriminatory basis. Reasonable arrangements for persons with disabilities will be made. ■

7 Tips For Children's Summer Safety

Protect your kids while playing outside this summer

BY WASTE MANAGEMENT

Waste Management of Southern California encourages parents to review summer safety tips around waste and recycling collection trucks. Now that summertime is in full swing, the company has issued seven tips to help you be mindful of your family's safety during this fun and adventurous season when everyone enjoys more time playing outside.

"Children are fascinated by our beautiful green waste and recycling trucks," said Eloisa Orozco spokesperson for Waste Management of Southern California. "Because safety is top priority for us, we encourage parents to take a moment to review these important safety tips with their kids to help prevent dangerous situations."

Summer Safety Tips:

- **Learn Collection Schedules:** Learn the schedule of when service vehicles are in the area and share the schedule with your children. Waste and recycling trucks, postal vehicles and other package delivery services keep regular schedules within each neighborhood.
- **Keep a Safe Distance:** Keep a safe distance from the truck – at least 15 feet. Never climb on the truck. Do not play or stand in or around waste and recycling bins or cans, since you may not know when the truck is coming to empty them.
- **Stay Clear:** Do not attempt or allow children to help with loading any materials into the truck. In addition to moving truck parts, debris can come out of the truck when its contents are being compressed.
- **Stay Alert:** Vehicles like Waste Management trucks

make frequent stops and often back-up, so don't follow the truck closely while walking, running, biking or skating. Stay alert and listen for the back-up alarm with "beep-beep-beep" sounds.

- **Stay Visible:** There are several areas where the visibility is restricted for the driver. If you can't see him/her in the eyes, they most likely can't see you.
- **No Sudden Stops:** It takes service vehicles about twice as long to stop as a passenger car, so never cut in front of or stop suddenly in front of one. Always keep a safe distance from a truck.
- **Listen for Alarms:** Every Waste Management truck is equipped with a back-up alarm. Whether you are walking or driving near one of our trucks, if you hear this sound or see the white back-up lights, be sure to move out of the way of the truck. ■

Police dog attacks man in Eastvale

Dog from page 1

victim into the street. The man screamed for help so relatives and friends came to try to make the dog release the victim. The relatives began punching and kicking the dog in hopes that it would let go. When the dog would not release the victim, some of the men grabbed steak knives from inside the home and stabbed the dog until it finally let go. The victim was transported to a Corona hospital with injuries to his arm, left leg and ankle.

According to the city news release, the homeowner of where the attack occurred, an uncle of the victim, told Riverside County Animal Services Officer Will

Luna that he and the other rescuers had "no choice but to start stabbing the dog in order to get the dog to stop attacking."

The German shepherd was lying on the lawn area in front of the Eastvale home when Police officials and Officer Luna arrived. The dog appeared to look lethargic, according to reports. However, when Officer Luna approached the injured dog, it immediately sat to attention despite its injuries.

Then, Officer Luna immediately used his control stick to put a loop around the dog's head. The dog did not attack him or fight the control stick.

"I walked him to my truck and, with one command, the dog, despite its injuries, leaped into one of my truck compartments," Of-

ficer Luna said in a report. The city news release states that this is when Luna knew he was dealing with a police dog. "That dog must have recognized me and uniform and as someone of authority," Officer Luna said. "He didn't show any aggression toward me at all."

The dog was rushed to an emergency animal hospital, but its wounds were so severe that the clinic staff members had to euthanize it.

When a microchip was discovered on the dog, it was confirmed that the dog was a retired K9 officer for the Los Angeles County law enforcement agency.

For tips on how to avoid being bit by a dog, visit www.humanesociety.org/animals/dogs/tips/avoid_dog_bites.html. ■

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CNUSD officials celebrate the Parent Center opening last month. PHOTO COURTESY: CNUSD

CNUSD Parent Center Officially Opens In Corona

CNUSD

Corona - On June 7, the CNUSD Parent Center opened its doors with a ribbon cutting ceremony. Attended by City Council members, the CNUSD Board of Education, CNUSD Administrators, staff, and community members, the launch of the Parent Center is a critical component in the district's Local Control Accountability Plan. Goal 6 of the strategic plan hopes to establish family and school partnerships which build solid relationships between school and family. This includes establishing a centralized Parent Center for parents to access college and career pathways, academic support, interventions, parent information workshops/training, support for parent involvement, and mentorship resources.

"We thought about making sure that the community is engaged, connected, making sure there is a facility in place, a support for that," said Dr. Lin as he addressed the packed house. "You hear me say this

many times, it takes a village to raise a child, and I mean it sincerely. There is no better way than to do public education with a working partnership with community members. It's not just a building, it's about the work that we do and the people in this building that make a difference. So we look forward to that collaboration. It's going to be fantastic."

Cassandra Willis, Director of the Parent Center, has made it her mission to build the bridge that connects parents to the schools. "What is the parent center all about? It is about making sure that every family that walks through those doors is taken care of. Families have always been something that has driven me and inspired me to do greater things." Willis, a former principal at Home Gardens Academy, brought with her the parent engagement practices that are still in place at Home Gardens. "We want to be able to provide those wonderful resources to our families, whether it's parent education workshops, family engagement

opportunities, or mentorships programs, we provide training for our school sites. All of these things we hope will benefit our community."

Ailsa Villela, a parent herself who works as a Community Assistant at the Parent Center, shared her experiences at Home Gardens Academy that will be standard practice at the Parent Center. "The key to my success with my children, my family, my school, my community, has been through parent engagement," she said. "When I became a mother, I realized I was going to need more if I wanted to see a change with my children. And I saw that change through parent engagement, there I learned I needed to take that quality time with them. There I learned that I needed to practice the academics and math and reading at home. Without the support at the school sites, I don't know how successful I would have been. I work with passion and I love my community and I know that if I wouldn't have taken that path or first class at Home Gardens Academy as a parent, I wouldn't be standing here today as a community assistant."

The Parent Center is located on 152 East 6th Street in Corona. You can contact them at (951) 273-3132. ■



PHOTO COURTESY: CNUSD
Young Lady of the Year for 2015-2016 was awarded to Jada Claiborne, 17-year-old from Roosevelt High School. She was recognized as the County of Riverside Commission for Women-Second Supervisorial District's 2016 Young Lady of the Year.



PHOTO COURTESY: CNUSD
Eight grade students of Corona Fundamental Intermediate School continue the tradition for the 24th year in putting on their Annual Civil War Simulation. Preparing scenes, researching history, coordinating marches, that actively engages the students in their learning to better understand the importance of historical events.



PHOTO COURTESY: CITY OF EASTVALE
Law Enforcement/Cadets from around the country participate in Law Enforcement Explorer Conference Competition in Las Vegas. Post #880 from Riverside County Sheriff's Jurupa Valley Station proudly represented the cities of Jurupa Valley, Eastvale, and Norco. Post #880 received 4th place overall, in active shooter, drowned officer rescue and in crime scene response. They also received 5th place in firearms simulation and in the bicycle course.



PHOTO COURTESY: ANDY LYONS
Chris Benard, a 2008 Santiago High School graduate, will be going to the 2016 Olympics in Rio this August. Chris will be participating in the track and field triple jump event. While a senior at Santiago HS, Chris captured the California state title in the triple jump and still holds the school record at 49' 6.00, according to CNUSD.

CNUSD'S ANNUAL LITERACY CONFERENCE

JULY 19TH - 20TH
8:30 AM - 3:30 PM

"LITERACY IS EVERYWHERE"

The Corona Norco Unified School District is hosting our 2nd annual Literacy Conference -

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The conference schedule includes-

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- Breakout Sessions
- Leadership Collaborative
- Teacher inter- district Collaborative

There is space for up to 400 participants from CNUSD, RCOE and other neighboring districts. K-12 teachers, site and district administrators are welcome to attend. Outside CNUSD participants pay \$200 per person - includes lunch both days.

<https://www.eventbrite.com/e/2016-literacy-is-everywhere-tickets-25685919276>
(CONTROL CLICK TO FOLLOW LINK)

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Catlin Tucker
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Citizens shaping the future of EV

Manager from page 3

the City Council and staff in providing recommendations for improvements in public safety benefits everyone. The Public Safety Commission functions as an advisory board.

We highly recommend residents to get involved if you are concerned about the future growth of the community and public safety. Both Commissions and the City Council take resident concerns very seriously. Concerns can be heard during Public Comment or can be submitted to the City Clerk

at MDonohue@eastvaleca.gov. The Planning Commission meetings are the third Wednesdays of the month and the Public Safety Commission meets on the fourth Tuesday of the month. Both meetings are held at Rosa Parks Elementary School at 6:00 p.m. (13830 Whispering Hills Drive, Eastvale, CA 92880)

Recently, the City announced the online availability of the audio recordings for the Planning and Public Safety Commission meetings on the City of Eastvale website (www.EastvaleCA.gov). Meeting recordings are uploaded to the

City website within 24 hours after the completion of the meeting. The recordings are then live for thirty (30) days after which they are archived and available through a Public Records Request.

The City's e-notification system is a great way to stay informed and get involved! Sign up on the City's website today: www.EastvaleCA.gov.

Should you have any questions or comments, City Hall may be reached at Hall (951) 361-0900. City Hall office hours are Monday-Thursday from 7:30 am – 5:30 pm, closed every Friday. ■

Apex Lawyers, Inc. can help with your legal needs

APEX from page 1

Apex Lawyers, Inc.! Apex Lawyers, Inc. is a full service boutique law firm that strongly believes in forming relationships with its clients by providing the highest quality of legal representation possible.

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Shazad D. Omar, Esq., is the managing attorney at Apex Lawyers, Inc. and has experience in a wide variety of legal issues. Mr. Shazad is a graduate of Whittier Law School and prides himself

in providing high-quality services to all his clients regardless of the type of issue the client is facing.

Contact Apex Lawyer, Inc. and ask about their free 30-minute consultation to appraise your legal situation.

Apex Lawyers, Inc. is located at 21671 Gateway Center Drive, Suite 108, in Diamond Bar. They can be reached at (909) 860-0342, or visit www.apexlawinc.com for more information.

See their ad to the left of this article. ■

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If we are not caring for you and your family, we invite you to become a member of the Riverside Medical Clinic family today. Visit www.RiversideMedicalClinic.com or call us at **(951) 782-3602**.

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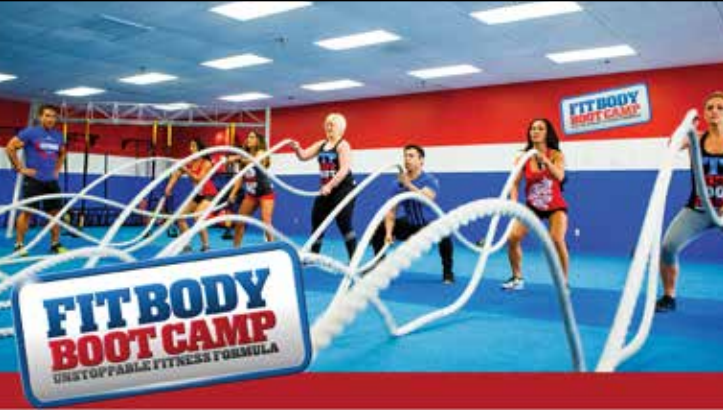
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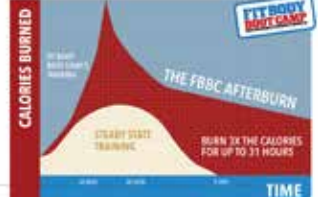
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Top 3 Reasons Not To Waste Food

BY STATEPOINT

More than one-third of all food produced in the United States goes uneaten, according to the Academy of Nutrition and Dietetics. This waste contributes to problems ranging from hunger and malnutrition to environmental and economic concerns.

“From the farm, through the production and distribution process, to the grocery store, to the home -- wherever there is food, there is unfortunately food waste,” says Lauri Wright, registered dietitian nutritionist and Academy spokesperson. “In a world of limited resources and growing populations, wasting food is a luxury we can’t afford.”

Reducing, reusing, and recycling wasted food can assist with feeding the estimated 49 million Americans who are food-insecure, reduce agricultural pressures on the environment and increase business efficiencies for those producing and selling food.

Environmental Concerns

The majority of wasted food ends up in landfills and then breaks down to produce methane and carbon dioxide emis-

sions, which contribute to climate change. Food in landfills contributes to nearly one-quarter of all methane emissions in the United States. Composting food and diverting it from entering landfills helps prevent the creation of global greenhouse gas emissions and protects the environment.

Economic Concerns

Wasted food is not only detrimental to the environment but also costs consumers, businesses and taxpayers substantial amounts of money. An American family of four throws out an average \$1,484 worth of edible food a year, while nationally, the costs associated with food waste exceeds \$1 billion annually in local tax funds.

Social Concerns

While millions of Americans worry how they will feed their children, the amount of safe edible food wasted in the United States continues to soar. If Americans wasted just 15 percent less food, it would be enough to feed 25 million people. Instead of throwing away untouched food, support the food-insecure by donating it to food banks.

Reduce Food Waste at Home

Consumers are responsible for the majority of food waste in the United States and can play a major role in its reduction.

“Reduce food waste by being a smarter shopper. Only buy the amount of perishable foods that you will be able to eat in a week,” Wright says. “If you do have leftovers, and they are still safe to eat, donate them. If they are not safe to eat, compost them. While not all wasted food is edible, much of it can be recovered and repurposed.”

Registered dietitian nutritionists are uniquely qualified to help reduce food loss and waste by educating individuals, families, communities, business and industry. For more information on reducing food waste, check out the Academy of Nutrition and Dietetics Foundation’s Future of Food initiative and the Foundation’s “2016 State of America’s Wasted Food Report.”

Food waste is a global problem with solutions at the local and even individual level. Get the entire family involved in taking steps to reduce waste in your home. ■

West Nile Virus found in Eastvale

West Nile from page 1

of Eastvale.

“District staff will continue to canvass the area to look for and treat mosquito breeding sources,” a City of Eastvale news release stated. “They will also post signs alerting residents of the detection of the virus along with preventative measures the public can take to keep from becoming infected with West Nile virus.”

The Northwest Mosquito and Vector Control District have been routinely monitoring populations of adult mosquitoes and tests groups of adult female mosquitoes for the presence of mosquito-borne viruses.

Specifically, on June 17, 24 and 25, the Northwest Mosquito and Vector Control District performed adult mosquito spray treatments to lower the mosquito population that had been affecting recreational and residential areas along the Santa Ana River in the City of Eastvale.

The treatments were conducted between the hours of 3 a.m. and 6 a.m. at the following locations: the Riverwalk Park, the bike trail next to the Santa Ana River, and Granja Vista Wetland located on Citrus Avenue between Riverwalk Park and Eastvale Community Park. Signs were posted prior, informing the public of the activities.

An approved mosquito treatment called Aqua-Reslin was used by the District, focusing on preventing mosquito breeding and killing mosquito larvae before they become flying adults. The Districts also have been working hard to use Integrated Pest Management Practices in the areas.

According to the District, due to the elevated trap counts, they decided that adult mosquito control



PHOTO COURTESY: GOOGLE

via truck mounted ground fogger is the best means to control the current mosquito populations.

The District urges the public to conduct routine inspections on their properties for mosquito breeding sources. Please look for any standing water around your home or neighborhood. Remove the water source or contact the Northwest Mosquito and Vector Control District to inspect and treat the source. Remember, mosquitoes can complete their lifecycle in just one week in a water source as small as a bottle cap.

Northwest Mosquito and Vector Control District urges residents to take the following precautions to avoid being bitten by mosquitoes:

- Eliminate any standing water around your house and stock permanent ponds with fish that eat mosquito larvae.
- Make sure all windows and door screens on your house are in good repair and tight fitting.
- Wear protective clothing (long pants and long sleeves) or wear a mosquito repellant that contains DEET®, Picaridin, Oil of Lemon Eucalyptus or IR 3535 when outside.
- Limit outdoor activities during dusk and dawn hours. This is particularly important for elderly and small children.
- Make sure roof gutters drain properly. Clean clogged gutters in the spring and fall.
- Contact the Northwest Mosquito and Vector Control District to report standing water or mosquito activity.

An infected mosquito can bite any animal, but not all animals will become infected. The disease most often affects birds, but occasionally causes disease in other animals as well, such as horses.

If you find a dead bird, particularly a dead crow or other corvid (e.g., jay, magpie, raven), please call 877-WNV-BIRD (877-968-2473) promptly. Also make sure you do not touch the bird. Dead birds will be submitted for testing for mosquito-borne viruses.

Contact the Northwest Mosquito and Vector Control District at 951-340-9792 with any questions or concerns. For additional information, you may also visit their website www.northwestmvec.org

Any questions or concerns, you may contact the District at (951) 340-9792. ■

Family tradition means insurance expertise

Insurance from page 1

who just pushed paper or punched a clock, my father helped people with important needs and helped business owners stay protected during tough times,” said Buencamino, who watched her father do these things for over 30 years. “Insurance runs in our family. I grew up learning the industry and spent all of my high school

summers working with my father,” Buencamino said. “It was a great time in my life. As I grew, I learned to help others, to be knowledgeable in an effort to help those in need.” She’s not just filled with summers of insurance experience; Buencamino has over ten years of Human Resources experience and ten years of Property Management experience. She’s also worked with employers on strat-

egies to minimize on-the-job injuries. This has given her firsthand knowledge of the importance of proper workers compensation and harassment/wrongful termination (EPLI) coverage. Knowledge in the property management field has helped her address the concerns of risks and exposures that business and property owners can have. Her California Department of Insurance Resident Insurance

Producer License for Property and Casualty allows Buencamino to legally and thoroughly provide expertise and experience. “Every business is unique and policies should not be “One Size Fits All”. I believe a company needs to be evaluated and exposures assessed before presenting the best possible, most cost-effective solution for your business,” Buencamino said. She prides herself on knowing which policy covers you for your specific needs, as some agents aren’t sure and you end up with coverage that’s costly and unnecessary.

But Buencamino’s main goal is to assist others in need. “I enjoy helping others. Insurance allows me to do this. I work with business owners to manage their risks and exposures, giving them the peace of mind that their business is protected.”

Buencamino’s “off-field” activities prove her commitment to service above self. “I am here to serve the community. I am a member of Christian Business Partners, have volunteered at several schools in the Chino Valley Unified School District, volunteer with the Chino Hills Community Foundation, and a Woman’s Care Center in Chino.”

Besides helping those in need and continuing her father’s legacy in a “Service First” industry by offering affordable coverage, even free evaluations, Buencamino says, “Our agency offers comple-

mentary policy evaluations. We have established relationships with some of the nation’s largest and finest carriers as preferred agents.” Preferred Agents have benefited their clients with specialized programs and competitive pricing. “Please feel free to contact me directly at (909) 973-8233 if you would like an evaluation of your current coverage and premium,” she adds.

Although the company was established in 1941 and is now located in Orange County, Buencamino has worked in the Inland Empire and San Gabriel Valley for years. “I am your local agent and I’ve lived in Chino Hills since 1997. Clients can always expect personalized, professional service from me and everyone at our agency.”

Established in 1941, George L. Brown Insurance Agency continues to work with small to medium sized businesses, and manage their risks by providing comprehensive business packages, general and professional liability, property coverage, workers compensation, bonds, E&O, D&O, EPLI and commercial auto coverage.

George L. Brown Insurance Agency is located at 1005 Calle Recodo, in San Clemente (92673). Grace Buencamino can be reached at (909) 973-8233 (Direct); (949) 361-1400 (Office); or by email: gbuencamino@georgebrowninsurance.com; License #OH30972. ■





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Reaching New Heights: The New Corona Regional ER

Corona Regional Medical Center recently held a “Topping-Out” Ceremony for its new ER. The final beam of the building’s steel frame was placed atop the structure. The beam was signed by hospital employees and was adorned with the American flag, as well as a tree to represent Corona Regional’s growth.

Your New ER is On Its Way

Here’s what your new, Corona Regional Medical Center ER will offer:

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Watch the New ER Grow

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Healthy Living

Tips:



"I want to use essential fatty acids, but where do I start?"

A Letter from Janice from Palm Desert

BY CLARK'S NUTRITION AND NATURAL FOODS MARKET

First, I think it is important to understand what essential fatty acids are.

Essential fatty acids are fatty acids that cannot be made by the body and must be obtained from the diet. Essential fats are used by the body to make other substances

that control or regulate growth, maintenance and proper function of many physiological processes. Some of the processes essential fatty acids (or EFA's) help include modulating inflammation, fever, regulating immune responses, and overall cardiovascular health. These manufactured substances are called eicosanoids. These substances are better known as prostaglandins, leukoteneines, cytokines and others that regulate

inflammatory or anti-inflammatory actions in the body. Eicosanoids are local-acting hormones. The body makes eicosanoids from fats which include essential fatty acids. The essential fatty acids are called linolenic acid and linoleic acid. Linolenic acids are omega 3 fatty acids while linoleic fatty acids are called omega 6 fatty acids. These are polyunsaturated fats (meaning they are not fully saturated with hydrogen's, which is one of the

chemicals that make up fats). Omega 3 fatty acids and some omega 6 fats seem to have the most prolific effect on reducing the manufacturing of inflammatory substances. Omega 3 fatty acids are also involved in cardiovascular benefits such as reduction in blood triglycerides and blood pressure thus, making omega 3 fats often sought out. The American diet is typically abundant in omega 6 fatty acids, about 10 grams of fats a day, while the diet is typically low and often devoid of omega 3 fatty acids.

Omega 3 and 6 fatty acid food sources have become popular 'super' foods today. Omega 6 oils are found in nuts, soy, corn, sunflower, walnuts, peanuts, canola and safflower. Most salad dressings are rich in these omega 6 oils. Foods that are abundant in omega 3 fats include (in ascending

order), olive oil, walnut oil, pumpkin, soy oil, canola oil, hemp and flaxseed oil (the highest). Certain fish are abundant in omega 3 fats and are converted into a more active form called EPA and DHA. The American Heart Association recommends two servings of fish a week including salmon, cod and mackerel bringing in the higher amounts of omega 3's. The intake for omega 3 fats is considered to be adequate at about 2 grams a day for men and 1 gram a day for women. Many authorities suggest approximately 5 grams a day of omega 3 for health benefits. The use of foods is the primary recommendation while supplementation is helpful to achieve our needs. Supplementation should include rich sources of omega 3 fatty acids, GLA a specific omega 6 fats from borage, evening primrose oil or black

current oil would be beneficial as well. A combination of fish and flax are good supplements in my opinion.

Have a health related question?

Send us your question along with your first and last name, and city you live in to: askclarks@clarksnutrition.com

Due to the number of responses, we will only be able to answer published questions.

References:

1. Whitney, *Understanding Normal and Clinical Nutrition*, Wadsworth 20 Davis Dr. Belmont, CA 2014. pg 150-9
2. Sardesai, *Introduction to Clinical Nutrition*, Marcel Dekker Inc. New York, NY. 1998. PG 46-59.
3. Jones, *Textbook of Functional Medicine*, Institute for Functional Medicine, Gig Harbor, WA. 2010. Pg. 477-52. ■

Recipes:

Mexican Bean Wraps

With Bell Peppers, Tomatoes & Chili

COURTESY OF HELLO FRESH

Beans are magical little things and massively underrated. I'm showing them some love by pairing them with exciting Mexican flavors. Baked in a tortilla with vegetables and cheese until golden on the outside, but oozy on the inside, it's a real texture extravaganza.

Makes: 2 servings
Total Time: 40 minutes

Ingredients

- ½ an onion
- ½ a green or red bell pepper
- 1 ounce Cheddar cheese
- 1 Tablespoon + 2 teaspoons olive oil
- ½ a clove of garlic
- ¼ teaspoon chili powder
- ½ teaspoon tomato paste
- ½ can of whole peeled tomatoes
- ½ can of red kidney beans
- 2 large flour tortillas
- 2 ounces of mixed salad leaves
- Balsamic vinegar

Preparation

1. Preheat the oven to 400°F. Peel and thinly slice ½ the onion, then slice up ½ the green or red bell pepper, removing seeds and white ribs.
2. Heat 1 teaspoon of oil in a frying pan over a medium-low heat and gently sauté the onion for 10 minutes, or until softened.
3. Crush ½ a clove of garlic then add to the pan along with ¼ teaspoon



PHOTO COURTESY: HELLO FRESH

of chili powder.

4. Add ½ teaspoon of tomato paste and ½ the tomatoes, breaking them up with a spoon as you go, then drain and add ½ the kidney beans.
5. Cook for 10 minutes, or until slightly reduced, then season to taste with sea salt and black pepper
6. In a separate frying pan, sauté the bell pepper in 1 teaspoon of oil until starting to soften, then set aside.
7. Divide the filling mixture in half, then blend one half with a stick blender to form a bean paste – if you don't have a stick blender, mash with a fork.
8. Spread the tortillas with the warm bean paste, then add the filling and sprinkle with cheese. Roll up the tortillas and place on a lightly oiled baking sheet.
9. Bake for 5 to 10 minutes, or until golden and warmed through.
10. Dress the salad leaves with 1 tablespoon of oil and vinegar, then serve alongside your bean wraps. ■

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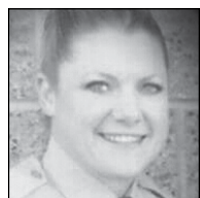
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THIS OFFER EXPIRES DEC. 31, 2016

Tips From Deputy Myers

School's out, kids are out, protect yourself

BY DEANNA MYERS



Is it July already?! Seems like we were just having end of the year parties and graduation celebrations. Well, the extra daylight and heat tends to bring more criminal activity. Make sure to keep your eyes open for suspicious activity. If you see a vehicle or person in your neighborhood that seems to be out of place or acting strangely, SAY SOMETHING!! The best way to protect yourself and your community is to be vigilant at contacting law enforcement.

Be sure when you call to have some very important information handy.

1) Your location. If we don't know where you are we can't get to you to help you.

2) What's happening. We

need to know what's going on so we know what kind of help to send.

3) Description of individuals or vehicles that may be suspicious. The best way to get all the descriptive information you need to the dispatcher is to do it the same way every time; you have a better chance of remembering what to look for if it becomes routine. For example, describe a person from the top of their head to the bottom of their feet; male/female, race, hair color/eye color, clothing, shoes, direction of travel. When it comes to a vehicle, describe it from the rear to the front; make/model/color/license plate number, approximate year, type truck/SUV/sedan, direction of travel.

Also, the summer months are a great way to re-connect with your neighborhood watch groups with BBQs and block parties. Summertime is the best time to have your neighbors come together to protect each other as many travel away from home during this season. Let your close neighbors know when you are leaving and when you will be

home so they can keep an extra eye out for your property. Let everyone know the proper contact numbers for law enforcement: emergency-911; non-emergency 951-776-1099.

Stay safe out there Eastvale! An important date to remember is August 9th for the next National Night Out!! It will be in your neighboring city of Norco this year at 1290 Hamner Ave. in front of the Target store. Hope to see all of you out there as the cities come together with Law Enforcement and first responders to provide information to all of you about safety!

Deanna Myers is the Volunteer and Programs Coordinator for the Jurupa Valley Station of the Riverside County Sheriff's Department that services the Eastvale Police Department. She has been with the Riverside County Sheriff's Department for about eight years, and most recently was assigned to patrol within the City of Eastvale before moving into her current position where she is in charge of the Neighborhood Watch program for the City of Eastvale. ■

Crime Recap

STAFF REPORTS

Riverside County – Thank you to our local law enforcement who have arrested several criminals in the last month. Here is a recap of the local crime in the month of June, courtesy of the Riverside County Sheriff's Department and Corona Police Department.

Corona – On June 9, it was announced that 52 individuals were arrested and 67 firearms were seized, including assault rifles and semi-automatic weapons, 314 rounds of ammunition, 1 stolen car, \$48,700 in currency, 7 pounds of methamphetamine, 1 pound of marijuana, and 10 grams of cocaine with a total street value of \$1.6 million. The operation targeted criminal street gang Corona Varrio

Locos and Mexican Mafia prison gang La Eme and involved more than 300 law enforcement officers.

The Corona Varrio Locos are a criminal street gang operating in the city of Corona and surrounding areas of the Inland Empire. Corona Varrio Locos gang members are affiliated with the Sureños, a Southern California regional street gang that shows allegiance to the Mexican Mafia.

Norco – On June 9, three juveniles were arrested for burglary and conspiracy. A vehicle burglary investigation occurred on June 8 at a business parking lot, in the 1300 block of Hamner Ave., in the City of Norco. The investigation determined the vehicle was stolen from the City of Perris. Stolen property was recovered from a vehicle

burglary that just occurred prior to the juveniles being contacted, as well as from a vehicle burglary in the City of Eastvale. One of the juveniles was also charged with possession of a firearm and possession of stolen property.

Corona – On June 9, the Corona Police Department arrested Delilah Cano, 37-year-old of Corona, for an outstanding felony warrant issued in Orange County for burglary. Corona Detectives found Cano inside a parked car in front of 1760 W. Sixth Street. Cano refused commands to exit the vehicle and barricaded herself inside the car. Negotiations continued in an attempt to have Cano surrender peacefully. Cano

see **Crime** page 14

Eastvale Welcomes New Code Enforcement Officer

CITY OF EASTVALE

Eastvale - The City of Eastvale is pleased to welcome Vanessa Lopez as the new Code Enforcement Officer. Lopez began working at City Hall on Monday, April 18, 2016.

Vanessa completed the Explorer Academy at the age of thirteen and was a Police Explorer until the age of eighteen. Lopez was later hired by the Gardena Police Department as a Police Assistant. Due to her leadership abilities, she was quickly promoted to the newly formed Gardena Code Enforcement Department. While working for the City of Gardena, she implemented programs to clean-up areas with high gang-related call volumes and property mainte-

nance issues. In 2008, Lopez was hired as a full-time Code Enforcement Officer in the City of Carson. Vanessa joins the City of Eastvale with ten years of experience. The City of Eastvale is honored to have her join the Eastvale team.

The City of Eastvale Code Enforcement Department is responsible for performing field inspections of properties to ensure compliance with applicable zoning, safety, fire and nuisance codes, ordinances and abatement regulations; to serve as a resource to other departments, divisions, and agencies; to resolve complaints and provide public education; and to perform a variety of technical duties.

City of Eastvale Municipal Code violations can be reported



PHOTO COURTESY: CITY OF EASTVALE
Vanessa Lopez was named the new Code Enforcement Officer last month.

by using the city's free E-Citizen App. Visit www.bitly.com/ECitizen for additional information.

We welcome Vanessa to the community and look forward to continuing to provide a high level of service to our residents and community. ■

Update on Sleep Dentistry

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Eastvale's Picnic in the Park

Picnic from page 1

Park kicked off its free pre-4th of July celebration with a three-day festival hosted by the Jurupa Community Services District Parks and Recreation Department.

Those who have lived in the City of Eastvale for awhile know that Picnic in the Park is the one event everyone looks forward to every year. Picnic in the Park has become a tradition to kicking off the summer for many residents.

This year, many residents and nearby locals enjoyed live music, inflatable jumpers, picnic games, carnival rides, and shopped at more than 90 booths selling food and merchandise.

On opening day, Friday, June 24, Joshua Tree (U2 Tribute Band) opened the night away with an amazing concert.

On Saturday, June 25, the event was opened to the public at 2 p.m. and was perhaps the most anticipated day of them all. Many residents rushed their way in to save the "perfect spot" in where they anxiously waited for the firework show. The National Anthem was performed by Akilah Ali and was followed by the opening of the firework show that began at 9

p.m. The spectacular firework show illuminated the sky with shimmering lights and colors that left many residents blown away.

The three-day celebration ended on Sunday, June 27, with a firing salsa making contest, where many local residents competed with one another.

This year's Picnic in the Park welcomed a summer season of non-stop fun for children and adults. And if this wasn't enough, put on your dancing shoes for the 65th Street Live! Summer Concerts in the Park.

The 65th Street Live! concert is an event for your entire family, friends, and neighbors. This event will be located on the grounds of Harada Heritage Park with all concert performances starting at 7:30 p.m. and ending at 9 p.m.

All concerts are free but there will be a nominal fee for the "fun zone" activities. The event will also have additional parking available on 68th street, and food vendors will be selling a variety of food and drinks.

Gather up your lawn chairs, picnic blankets, and food to celebrate the season with the following bands:

- July 15- Southern Caliber-Country Band
- July 22- Queen Nation-

- Queen Tribute Band
- July 29- DSB- Journey Tribute Band
- August 5- Mick Adams and the Stones- Rolling Stones Tribute Band
- August 12- Elton The Early Years- Elton John Tribute
- August 19- Led Zepplica-Led Zeppelin Tribute Band
- August 26- NeON NaTiOn-80's Band

Moonlight Cinema continues to offer a night of family fun in watching some of your favorite movies under the stars. Bring your chairs and blankets to watch the following movies that will be shown at Orchard Park.

- Future movies include:
- August 13- Inside Out
 - September 10- Alexander and the Terrible, Horrible, No Good, Very Bad Day

As the City of Eastvale keeps growing so do the events! For those who attended the 2016 Picnic in the Park, JCSD wants to hear from you. You can go to www.surveymoneky.com/s/JCSDPIP and take the survey that will include about 44 questions to share any comments or recommendations for next year's Picnic in the Park. For additional information visit www.parks.jcsd.us or call (951) 727-3524. ■

Volkswagen to open training center

Training from page 1

the U.S. market, our customers, and dealers. Woebcken also stated, "The company remains focused on these types of strategic investments that will enable long-term growth in the United States."

Volkswagen's estimated \$4.5 million to be invested in Eastvale will be to create a state-of-the-art training facility at the

Goodman Commerce Center. It will house Volkswagen, Audi, and Porsche for the purposes of technical, collision repair, and sales training. This is the first facility to house all three brands, which is expected to open in the first quarter of 2017.

Other facilities in the United States for Volkswagen includes: Electronic Research Laboratory in Silicon Valley, a regional sales operations office in Woodland Hills, and the Test Center Califor-

nia in Oxnard. Volkswagen is one of the world's leading automobile manufacturers and the largest carmaker in Europe. They also operate a manufacturing plant in Chattanooga, Tennessee. The company's headquarters are in Herndon, Va. Founded in 1955, and has approximately 6,000 employees currently in the United States, they also sell its vehicles through a network of approximately 1,000 according to Volkswagen. ■

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Rest For The Weary

BY PASTOR TIM EATON



Summer is now fully upon us. The mercury is rising, the days are long, and we tend to have a little extra time. And the age-old question confronts us, "What are you going to do this summer?" For some reason, summer has become the time to do everything, from vacation to projects around the house.

Before we get into the laundry list of things to do this summer, let's consider a different question: Isn't doing too many things the reason we were looking for-

ward to a summer slowdown? Isn't "doing things," what we were trying to get a break from? It seems summer is about doing the things we didn't have time for the rest of the year. And that is exactly where the problem lies.

Perhaps summer is God's way of saying, "Slow down!" In Exodus, Chapter 20 - as part of the Ten Commandments - God actually tells us to stop being so busy. "Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work," (Exodus 20:8-10). God's suggestion is to replace work with an activity that truly brings us

rest, by reading His reinvigorating Word or seeking His wisdom in a time of prayer.

As we run here and there, doing this, that and the other thing, let's make a pact to find time for summer inactivity. This summer let's actually get some rest!

We invite you to cool off and rest with us on "Soakin' Sunday," July 17 at 10 a.m. We will be kicking off a new series on treasure the simple things in life, and the kids can have fun staying cool and getting wet. Bring a towel!

Edgewater Lutheran Church meets Sundays at 10 a.m., worshipping at Harada Elementary, 12884 Oakdale Street, Eastvale, CA, 92880; www.EdgewaterLutheran.org. ■

Frenemy Or Follower?

BY PASTOR ROBERT JEWETT



Is it possible for someone to claim to believe in Jesus yet still be an enemy of his? Jesus said that on the day of judgment, many will call him Lord but he will declare to them that he never knew them (Matt. 7:21-23). How could this be? Why would someone profess to know God, yet be told otherwise by Jesus? Simply put, "They profess to know God, but they deny him by their works" (Titus 1:16).

Many want to be a friend of Je-

sus because he offers eternal hope but they do not want to do what he commanded. Thus, although they profess to know him, they justify living in opposition to his commands and "walk as enemies of the cross of Christ" (Phil. 3:18). By definition they are a frenemy of Jesus. Friend, if this describes you, please take heed to God's word...frenemies of Christ will not inherit eternal life (1 Cor. 6:9-10).

If God has revealed to you that you are a frenemy, your first course of action is to repent. Stop rationalizing your sinful behavior and instead confess it in prayer to Jesus. Be sure to let him know that you are willing to turn away from your sin and to live life according to his

commands. At the moment you truly repent and believe, you will go from frenemy of Jesus to follower of Jesus. You will begin to live according to his ways and not your old ways. Jesus said, "My sheep hear my voice, and I know them, and they follow me" (John 10:27).

If you are now a follower of Jesus, read the Bible daily and do what it says. Also, make it a priority to start attending a Bible teaching church. You are always welcome to join us!

Lakeshore City Church meets Sundays at 10:00 a.m. at Circle City Center (formerly Fender Museum), 365 N. Main St. in Corona. For more information, visit lakeshorecitychurch.com. ■

When God Says No

BY PASTOR MARK LEE



As babies, one of the first words we learn to say is "no." In fact, this negative reply quickly becomes a regular part of our vocabulary. However, the fact that this simple two-letter word is universally understood by people of various ages, cultures, and backgrounds doesn't make it any easier to digest. Whether you hear it from a parent, a boss, or a spouse, the word "no" is usually not a response we welcome with open arms.

Even more difficult than receiv-

ing a "no" from someone close to us is receiving it from God. When you fervently pray for Him to intervene on your behalf - whether it is for something as significant as healing or as insignificant as a break in traffic - the answer "no" can be disappointing. In our disappointment, we often fail to remember that God's got everything under control.

Throughout life, we will encounter circumstances and situations that turn out much different than we originally imagined or planned. When we find ourselves in the midst of these trying times, it can feel as if we are being punished or are being prevented from doing something. Ultimately, hindsight will reveal

that God's plans are better than our own.

In Proverbs 16:9 we are reminded that, "A man's heart devises his way; but the Lord directs his steps." God's gifts to us can sometimes enter our lives as difficulties, frustrations, and pain. Much like a parent may tell a toddler "no" to keep them safe and help them learn and grow, a negative response from the Lord prepares us for something positive. Through these "no" answers, we can reach a higher level in our spiritual life and a deeper dependence upon Him. Encouraging, yes?

VantagePoint Church meets at Roosevelt High School on Sundays at 9:00 and 11:00 a.m. ■

Life In The Fast-Food Lane

BY PASTOR ROB NORRIS

Remember the Sabbath day, to keep it holy. Exodus 20:8



When Truett Cathy opened his Dwarf House restaurant in the Atlanta suburb of Hapeville, Georgia in 1946, he made a decision never to deal with money on the Lord's Day. The Dwarf House was always closed on Sundays.

Perhaps this policy didn't seem

extremely revolutionary to his post-World War II American patrons. But that small restaurant was the first franchise for Chick-fil-A® and by the organization's sixtieth anniversary, it had multiplied into over 1,200 restaurant locations. As Chick-fil-A continues to grow, it also continues to close its operations on Sunday, traditionally one of the biggest days for food service.

Being closed on Sunday is a reflection of Truett's purpose statement for his company. It's an investment in the spiritual lives of his employees and a witness to

both the watching world and the restaurant industry. He still refers to his closed-on-Sunday policy as "the best business decision I ever made." In fact, Chick-fil-A restaurants often generate more money in six days than other comparable restaurants do in seven.

Being closed on Sunday is also a reflection of one of my core values: Sabbath rest. I believe that when we yield control of our lives to the Father - when we reserve our Sundays to turn from our activity to rest and to abide more fully in Him - we receive strength for daily living throughout the coming

Separation Of Church & State

BY PASTOR ED MORENO



I don't know about you, but I grieve over how far this great country of ours has drifted from what our Founding Fathers intended.

I know many today think that Christians are making it up when we say this country was founded upon God and the values and teachings of the Bible; but we're not. And this whole notion that the First Amendment means that there's to be a Separation of Church and State is a falsehood that the Supreme Court of 1962 foisted upon the American public.

Our Founding Fathers wanted Christianity and the Bible to be integral to both our government and to our educational system, as any honest historian will tell you.

In his farewell address, George Washington issued three warnings. Here's one: "Of all the dispositions that lead to political prosperity, religion and morality are indispensable supports...In vain would that man claim the tribute of patriotism, who should labor to subvert these two great pillars." So much for our Founding Fathers intending for there to be a Separation of Church and State!

And just to clarify, when our Founding Fathers used the words Religion and Morality, they were referring to Christianity and the mo-

rality taught in the Bible, again as any honest historian will tell you.

The following statements are a couple of other things to ponder. Did you know that all elementary education in our country was in the hands of the Lord's church up to 1892? Only when the population of the U.S. got too big did the church turn elementary education over to the state. Did you also know that 123 of the first 126 colleges formed in the U.S. had Christianity as their foundation - including Harvard, Yale, and Princeton!

America prospered like no other nation before it, precisely because we had God at the center of our government and educational system. Things are unraveling now because we don't. This causes me to grieve. The promise of Leviticus 26:3-6, 9a was once ours, but now it is slipping from our grasp. "Faithfully obey my laws, and I will send rain to make your crops grow and your trees produce fruit. Your harvest of grain and grapes will be so abundant, that you won't know what to do with it all. You will eat and be satisfied, and you will live in safety. I will bless your country with peace, and you will rest without fear...I will protect you from enemy attack. I will treat you with such kindness that your nation will grow strong."

New Day Christian Church meets Sundays at 9:30 and 11 a.m. They are located at 7155 Hamner Avenue, at Schleisman Road. For more information, visit www.newdaycc.net. ■

Magnitude

BY PASTOR DENNIS MORALES



1 John 4:9 "In this the love of God was manifested toward us, that God has sent His only begotten Son into the world, that we might live through Him."

No doubt we live in earthquake territory. Some people react differently to such a seismic event. I have lived in California all my life, so I barely react unless it's an earthquake of higher magnitude. I usually turn to the news to try to find out what the magnitude force of the earthquake was and where it was centered. After an earthquake, we may hear that it was a "magnitude 4.0" which is the measure of energy concluded by a Richter Scale. Magnitude is defined in mathematics as the relative size of an object. In Astronomy, magnitude is a measure of brightness and brightness differences. This got me to think upon the love of God. There is no mea-

sure for God's love.

The Bible says "For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord" (Romans 8:38, 39). We can conclude that no measure of life, no measure of power, no measure of time, and no measure of space can outdo any measure of God's love for you.

If you are feeling weighed down today, Jesus said in love to give Him your burdens and He will give you rest (Matthew 11:28). In faith, He has forgiveness and healing in His hands because His love for you is immeasurable and unfailing (Numbers 14:18). We cannot help but to be moved by God's love (2Corinthians 5:14). Did you feel that?

Calvary Chapel Eastvale meets Sundays, 10:30am, and Wednesdays, 7:00pm at Clara Barton Elementary School (7437 Corona Valley Ave, Eastvale). Visit their website at www.calvaryeastvale.org. ■

week and live under the blessing of God.

The Sabbath is God's invitation to draw near to Him, to rest in Him, and to linger by His still waters. It's how He helps detoxify you from the pressures of life. It's how He restores your soul.

Perhaps it's even how He makes Chick-fil-A sandwiches taste so good on Monday.

Live It. How does your family practice Sabbath rest? How

could you make God-honoring relaxation more of a deliberate effort?

Pray. Ask the Lord to show you the value of keeping His Sabbath.

Join us for Kids Camp (VBS) June 26, 27 and 28 from 5 p.m. to 7:30 p.m. (Free dinner included).

The Crossings meets Sundays, 10 a.m., at River Heights Intermediate, 7227 Scholar Way, in Eastvale. For more information, visit atthecrossings.com. ■

Nearby Places For Summer Fun

Applewhite Picnic Area And Campground

BY RACINE GUAJARDO

Lytle Creek - Looking for family-oriented outdoor fun? Applewhite picnic area and campground is fun for families of all ages.

The Applewhite Picnic and Campground areas are located off the 15 freeway, exiting Sierra and North onto Lytle Creek Road, just three miles north of the Lytle Creek Ranger Station.

You can spend the day in the picnic area by purchasing an Adventure day pass for \$5 at the Lytle Creek Ranger Station. They are also available at the gas stations once you exit Sierra.

The picnic area is surrounded by trees, rocks, and refreshing cold water flows in the creek for those hot summer days. They also allow pets as long as they are on a leash. Trash cans and restrooms are provided while urging visitors to clean up after themselves upon leaving. There

are 184 available parking spaces and 14 accessible parking spaces. Once filled, the site closes to any other vehicles on busy summer days. Hours of operation are 9 a.m. to 5 p.m.

Interested in camping for the night? You may purchase a campsite for \$10 or double campsite for \$15 at either the Lytle Creek Ranger Station or the self-serve station drop box, which accepts cash or check. By purchasing a campsite, you are

free to walk to the picnic area for day use. The campground does not provide dump stations or electronic/water hook-ups. Quiet hours on the site are from 10 p.m. to 6 a.m. The check-out time is 2 p.m. the following day. No reservations are necessary; it's all on a first come first serve basis. Campground also allows pets on a leash.

For additional information and rules, you may visit www.fs.usda.gov. ■



PHOTO COURTESY: RACINE GUAJARDO

Amber, Natalie, and Kylie enjoying the fresh water by Lytle Creek's picnic area.

Coming soon to Eastvale

Grow from page 1

projects that are taking place or coming to Eastvale soon.

Walmart is still in the planning stages, but is said to be coming to the southeast corner of Limonite and Archibald Avenues in the near future.

The final map for the **Providence Business Park**, consisting of 14 new industrial buildings and located west of Archibald and south of Limonite, is being processed.

On the southeast corner of Schleisman Road and Scholar Way, the **"Copper Sky at Eastvale"** residential area is under construction.

A **99 Cents Only store** is being discussed for the northwest corner of Hamner Ave. and the "new" Schleisman Rd.

The **Chandler Catholic Church** is set to be located on, you guessed it, Chandler St. The project is moving forward, and revised plans along with a formal application are expected by the city in the next couple of months.

On the northeast corner of Belgrave and Hamner Avenue's, the **Goodman Commerce Business Park** is going to accommodate professional offices with light industrial uses.

The **Eastvale Marketplace** is planned to be built on the corner of Limonite and Sumner Avenue, and is going to provide opportunity for many businesses to become tenants and join the community.

Vantage Point Church is in the planning process of starting to build its own sanctuary, church, and community buildings on Archibald Ave.

In addition to the above mentioned projects and more, it was recently announced that both **Amazon** and the **Volkswagen Group of America** will also be putting down roots in Eastvale soon. According to press releases shared on the city of Eastvale's website, the Amazon facility will be "... approximately one million square feet in length and will... employ hundreds of full-time associates," and the Volkswagen building will "create a state-of-the-art training facility" in the areas of "technical, collision repair and sales training." For more information about the Volkswagen building, read the article on page 1.

Each new business and development adds to our city's community in a big way and we are not going to stop growing any time soon! ■

Crime recap

Crime from page 11

surrendered to Corona Special Response Team (SRT) members and was taken into custody without further incident. Detectives located a sawed off shotgun and a replica 9mm handgun inside the car. Cano was booked on the warrant in addition to being a felon in possession of a firearm.

Norco - On June 25, two suspects were arrested for burglary from a business, located in the 1300 block of 6th Street, in the City of Norco. Police Officers witnessed two theft suspects fleeing the business, enter a red, 4-door Jaguar sedan, and quickly drive out of the business parking lot. The deputy pursued the Jaguar but the suspects attempted to flee

on foot, eventually surrendering to the deputy. The two suspects were identified as Jose Serrano, 23, and Alexis Serrano, 18, both Riverside residents. An unidentified third suspect drove away before he could be detained. The suspects were arrested for stealing merchandise from the Norco business, but Jose Serrano was also arrested and charged with possession of drugs and Alexis Serrano was also arrested for the outstanding robbery warrant.

Corona - On June 26, a vehicle verses pedestrian collision ended in one victim becoming fatally injured. The investigation concluded that a gray Toyota Corolla driven by Timothy Herrera, 36-year-old of Buena Park, was heading westbound on W. Sixth Street and entered the intersection at Smith

Street. The Toyota hit pedestrian Hugo Guzman, 34-year-old of Montebello, who was pronounced dead at the scene.

Jurupa Valley - Throughout the month of June, the Jurupa Valley Police Department's Traffic Division conducted a grant-funded speed enforcement operation as part of its commitment to public safety. This operation was conducted at numerous locations in the city of Jurupa Valley from 5 a.m. to 10 a.m., where major injury and fatal collisions have occurred. The results indicated that a total of 156 citations were made for driving above the posted speed limit in these areas. The operation was funded by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration. ■



PHOTO COURTESY: NORCO FIT BODY BOOT CAMP

Norco Fit Body Boot Camp Grand Opening

Grand opening celebration will raise money for the Norco Junior All-American Football League (JAAF).

STAFF REPORTS

Norco - Norco Fit Body Boot Camp will be celebrating its grand opening on Saturday, July 16, from 10 a.m. to 12 p.m. at 3230 Hamner Ave., Suite 404 in Norco. Eric Kosmal, owner of the fitness boot camp, will be holding a fundraising raffle to benefit the local junior football league as well as providing food, drinks and free massages.

The Norco grand opening will have a ribbon cutting at 10:30 a.m. and will feature local businesses such as Max Muscle Nutrition, a local juice bar, and free massages from Massage Envy. There will also be a raffle for free memberships that will benefit the Norco Junior All-American team.

Norco Fit Body Boot Camp is a part of the Fit Body Boot Camp family of indoor fitness boot camps, whose global goal is to engage 20% of the world's population in a healthy and fit lifestyle by the year 2020. Norco Fit Body Camp is owned and operated by Eric Kosmal, who is committed to helping members of the Norco community set and accomplish their own health and fitness goals.

The fitness boot camp started when Kosmal found himself

struggling with his weight after returning home from the US Navy.

"I struggled to maintain a healthy lifestyle and eventually found myself 100 lbs. overweight," explained Kosmal. "In the past, I always attempted to lose weight by hitting the treadmill at the gym, and trying every fad diet I learned about. Three years ago, I hit the point where health became an issue. I realized that quick fix diets and just doing cardio were not the answers."

Soon after, Eric discovered the high intensity interval training methods, and was able to shed that weight and get back to his healthy lifestyle. In the process, he fell in love with fitness and made it his new mission to help others achieve their health and fitness goals.

Fit Body Boot Camp is the world's fastest growing and most popular indoor fitness boot camp brand, with hundreds of locations worldwide. The boot camp's unique brand of fitness combines individualized personal training from certified professionals, clinically proven Afterburn workouts, and nutritional guidance to guarantee weight loss results.

For more information about Norco Fit Body Boot Camp, please call (951) 703-3913. You can also visit their website at: <http://www.fitbodybootcamp.com/norcofitnessbootcamp> or their Facebook page at www.facebook.com/NorcoFitBody. ■

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