

HERE WE GROW

New Additions to Eastvale

STAFF REPORTS

Eastvale - Several new restaurants have opened or are expecting to open soon.

Noodle St. has officially opened their doors this month. They are located at The Merge at 14135 Limonite Avenue Suite #210. Noodle St. offers signature soups, pan-fried dumplings, crispy tofu, and more. When you visit, you will taste their authentic Asian flavors, hand pulled noodles, and delicious broth.

see Grow page 4

Crime Recap

Eastvale/Norco - In the last

month, a prostitution sting op-

eration took place and several

people in the the Eastvale and

Norco area were arrested. The

information listed below is cour-

tesy of the Riverside County

During "John" Sting Operation

WHERE: Jurupa Valley

INCIDENT DATE: March 26,

DETAILS: On Friday, March

25, 2022, at 1:52 PM, the Juru-

pa Valley Special Enforcement

Team served a search warrant

at the 4600 block of Galena St,

Jurupa Valley, regarding a sex

trafficking investigation. During

the search warrant service,

Hyo Sook Kim, 57 years old of

Apple Valley, Young Mi Lim, 38

years old of Irvine and Esco-

bar Veronica Carrillo Escobar,

39 years old of Los Angeles,

were arrested for solicitation of

prostitution and maintaining a

17 Arrested

Sheriff's Department.

INCIDENT:

2022

STAFF REPORTS

Eastvale Teacher Arrested For Lewd Acts

STAFF REPORTS

Eastvale - On April 12, the Riverside County Sheriff's Department (RCSD) released a statement announcing that an Eleanor Roosevelt High School (ERHS) teacher was recently arrested for allegedly committing lewd acts with an underage male student, including sending sexually explicit photos to him.

Investigators with the Riverside County Sheriff's Department Special Victims Unit responded to ERHS regarding

school committed lewd acts with a minor student" stated a RCSD news release. The investigation found evidence that Amanda Quinonez "committed lewd acts with one male student, and distributed harmful matter to that student which included explicit photos of a sexual nature," stated the RCSD news release.

Quinonez taught Language Arts at ERHS and has coached the school's water polo and swimming teams.

ERHS Principal Dr. Greg

"allegations that a teacher at the Anderson sent a letter home to parents after the arrest. He stated in the letter that they notified law enforcement as soon as they were aware of the situation. Principal Anderson also said the Corona-Norco Unified School District has a "zero tolerance for any behavior that endangers our students."

> Quinonez was subsequently booked into the Robert Presley Detention Center on April

> > see Arrested page 5



Photo courtesy: RCSD

ERHS teacher, Amanda Quinonez, was recently arrested.

City of Eastvale Upcoming Events

STAFF REPORTS

Eastvale - The City of Eastvale has a variety of events and programs happening in the city. Here is a recap of what's coming

The next event will be the City's first-ever International Food Festival event, Taste the World In Eastvale. The International Food Festival is the "largest and most culturally diverse event the City has ever hosted,"

brothel. Kim, Lim, and Carrillo Escobar were transported to

the Robert Presley Detention

Center. During this investiga-

tion, no victims of sex traffick-

In an effort to deter prostitu-

tion and human trafficking in the

area, a "John" sting operation

was established. Fourteen peo-

ple were arrested for solicitation

of prostitution during the opera-

tion. Aaron Esparano-38 years

old of Fontana, Victor Huezo-

24 years old of Riverside, Jose

Garcia Hernandez- 34 years old

of Riverside, Ricardo Trinidad-

24 years old of Perris, Shawn

Johnson- 24 years old of Coro-

na, Tommy Nou- 38 years old of

Long Beach, Santiago Negrete

Luna- 34 years old of Eastvale,

Mahesh Sukumaran- 40 years

old of Norwalk, Kym Mckay- 41

years old of Victorville, Alex-

ander Arreola- 24 years old of

see Crime page 5

ing were identified.

according to the City. This twoday event will be held on May 21 and 22 on Scholar Avenue between Citrus Street and Baltimore Avenue.

The festival will have food, vendors, and entertainment that celebrate cultures from around the globe. The festival will also host children's activities, international beer and wine stations,

public art displays, and much more.

Some notes of the event include: only registered service animals will be allowed at the event; the beer and wine stations will be open for those 21 and over (bring a photo I.D.); all attendees will go through a bag check and metal detector before entering the event; and

residents with a CCW will not be allowed to carry inside the event

Eastvale is also holding a Leadership Academy every Thursday at 9 am from May 12 to June 16. The Leadership Academy is a six-week, free program for anyone 16 years

see Events page 5

OUR FEATURED BUSINESSES

Voortman's Farm Fresh Eggs

STAFF REPORTS

Ontario - Voortman's Egg Ranch has been in the business of providing farm fresh eggs to friends and visitors to the local area for over 60 years. Originally from Bellflower, the Voortman family – who has always been in the egg ranching business - moved their operation to Ontario in 1951.

Voortman's has a small-town farm ambiance, with the latest in technology. Their happy chickens are enjoying their newly remodeled home; and their egg-processing



The Voortman Family circa 1956. Voortman's Egg Ranch is located at 13960 Grove Avenue in Ontario. You can reach them at (909) 465-1319.

see Eggs page 10

Make Your Backyard Extreme

STAFF REPORTS

Ontario- Companies come and go, so longevity is key when you're modifying your home, both inside and out. Extreme Backyard Designs is a testimony of longevity as their family run business has been designing outdoor entertainment centers with name brand components for over

"A key component to staying in business so long is to treat people the way we would want ourselves to be treated," said James Deeley, founder of the family business. With

see Extreme page 4



Extreme Backyard Designs is located at 2330 S. Vineyard Ave. in Ontario. They can be reached at 909.930-6111 or online at www.extremebackyarddesigns.com

ABC PUBLIC RELATIONS • (909) 464-1200 • ANAPR.COM • 13191 9TH STREET SUITE B CHINO, CA 91710









IG: @abc_public_relations_csgpr T: @ABCPRelations FB: ABC Public Relations CSGPR Current Resident Or

Standard U.S. Postage PAID Chino, CA Permit #61

Presorted

Join the City of Eastvale for Upcoming Community Favorite Events

In 2021 the City of Eastvale started producing high-quality, family-friendly events. We introduced community favorites like our Eek!Vale Halloween event and our Miracle on Citrus Street Christmas event. 2022 will be no different as we continue to host events that cater to all residents!

April 29, 2022 from 3:00 p.m. to 9:00 p.m. Eastvale will host its second EATSvale Food Truck Festival event of the year at 13200 Citrus Street! Our food truck festival-style events combine food, art, and music in one location. At last month's Saint Patrick's Day-themed event, we welcomed over 2,000 people who enjoyed traditional Irish music, Saint Patrick's Day-themed décor and giveaways and our first-ever beer garden. This month's EASTvale will pay tribute to Cinco De Mayo with a Mariachi Band, a special beer garden, and special giveaways!

Also right around the corner is our first-ever International Food Festival, Taste the World In Eastvale! With so many cultures and countries represented in Eastvale, we have the unique opportunity to sample the world's cuisine, right in our own backyard! So, get ready to celebrate and experience the extraordinary cuisine, crafts, and musical stylings of artists from around the globe. This special event will also host a children's activity area, international beer and wine, a cultural public art display, and much more!

Please join us May 21 and 22, 2022 on Scholar Way between Citrus Street and Baltimore Avenue for what will quickly become Eastvale's favorite event of the year!







Robot-Assisted Bariatric Surgery



Leslie Conyers needed to have spinal fusion surgery, but her doctor advised her to lose weight in order for it to have any chance of success. Conyers chose Corona Regional Medical Center.

"When Dr. Nouri performed the da Vinci® robotic bariatric surgery, I was able to lose enough weight to have my spinal fusion in August 2021, and I can now walk without a walker. I can finally sleep at night. I am now at a healthy weight and, clearly, the weight loss made all the difference in my fusion surgery recovery."

- Leslie Conyers

To learn more, visit coronaregional.com/surgery. For a Free Physician Referral, call 800-882-4362.

Now Available at





Sarvenaz Nouri, MD, is a bariatric surgeon who specializes in robotic-assisted laparoscopic surgeries (vertical sleeve gastrectomy, Roux-en-Y gastric bypass, bilio-pancreatic diversion with duodenal switch), hiatal hernia repair and foregut surgeries.

APRIL 2022 Eastvale News 3

City of Eastvale News

ABC PUBLIC RELATIONS CITY OF EASTVALE NEWS

13191 9th Street Ste. B Chino, CA 91710 Phone: 909.464.1200

PUBLISHER ABC Public Relations

EDITORIAL Editor In Chief

Editor In Chief: Sarah Sanchez

Staff Writers, Photographers, Editorial Team: Staff Writers

PRODUCTION & DESIGN

Mark Martinez

SOCIAL MEDIA <u>& WEB CONTENT</u>

Rudy Delgado Jr. instagram.com/abc_public_relations_csgpr/

ADVERTISING SALES

909.464.1200

VP of Sales: Rita Rivas

Account Executives : Adriana Armijo

The City of Eastvale News is owned by ABC Public Relations It is directly delivered each month to homes and businesses. City of Eastvale News is not responsible nor liable for any claims or offerings, nor responsible for availability of products advertised. All rights reserved. Reproduction in whole or in part without permission is prohibited.

Write to Us

Do you have any comments, questions or concerns about the community?

Write a letter to the Editor.

Eastvale News

Please contact us at:

LETTERS:

13191 9th Street Ste. B Chino, CA 91710

E-MAIL:

editor@anapr.com



Fearless



MICHAEL ARMIJO

I recently realized the level of pressure that has been placed upon me. I never asked for it, I never sought it out; it just graciously appeared upon my doorstep. Someone "rang my doorbell" and simply ran away.

I don't believe it's the level of pressure you have in life that defines you, I believe it's your ability to cope with that pressure. For me, coping has been somewhat of an issue, and pressure seems to keep mounting within my life. In the past, I've been unable to thoroughly and responsibly cope. But I remember reading somewhere that if you give it all up, you will become a new man.

So after failing several times last year, my drive and desire to be a better man has kept me from quitting. I don't come from the greenest of pastures, nor have I traveled a paved road. So for me to build a home on a solid foundation has been quite difficult.

I know I cannot blame my present on my past. Nor can I predict a horrible tomorrow based on a bad yesterday - although these things constantly try to ruin what I have today.

The thing I've come to realize is that yesterday is not running today, I am. I am the only one who can allow the horrid experiences, bad memories, and painful encounters to interfere

with the ones I love, the joys I've experienced, and the future I deserve.

What is significant to me may be insignificant to others. Is the glass half empty, or half full? Is the grass greener, or just artificial turf? Some people have no glass and no grass. Some of us complain about the shoes we wear while others have no legs to stand on.

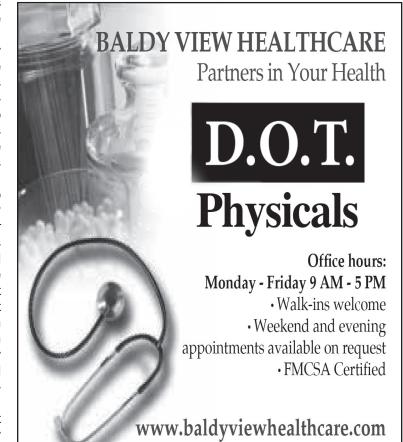
So what does it take for me to realize how fortunate I really am?

There are times within our lives when we have to put things in perspective. I've experienced things in my life that have changed me emotionally. At first I caved and allowed my past to take over and interfere with my ability to cope. I have driven away almost everyone that truly cared about me, and when I had the opportunity to rectify the situation, I just simply walked away. It hurts to realize that I could not cope with the pain, and that my actions created even more pain for me and for others. One day I came to the realization that I no longer liked who I was.

I remembered my childhood - being abused, hurt, lying on the ground desperately trying to defend myself against a grown man. And I also remembered getting up. I was able to find a new way, a new path. I found survival instincts, again and again. I thought, "If that little boy could do it, why can't I?"

So today I am thankful that I have the incredible ability to survive; that I have the ability to overcome - because I have, over and over again. And yes, my glass is half-full and my grass is greener than any home on my block. And just like that little boy who picked himself up with tears in his eyes and a wounded heart, I'm going to keep getting up. I'm going to keep surviving. And just like that little boy, I am choosing to become fearless.

windows interior & exterior *Tracks & Screens *Web removal Aqua Technologies (951)897-7436 License # 032233



1780 Town And Country Dr. #103 • Norco, CA 92860

(951) 270-0757

Office, Professional, Commercial and Retail Space



Canyon View Offices at 21308 Pathfinder Rd., Diamond Bar

Diamond Bar-Canyon View Plaza is an ideal location for multipurpose offices with 24/7 access to building. Located right next to the 57 and 60 fwy makes it highly visible and easy to find. It is across the street from Diamond Bar High School and Chevron Gas Station. Offices are all inclusive. Starting at \$700 for an executive suite. Offices range in different size up to 2300 sq ft. Free utilities, including water, trash, gas, gardening and cleaning service. Verizon is the phone carrier. Wireless internet FIOS and direct tv are available. Great space for office, retail, medical, acupuncture, nail salon, beauty salon, and school related business like tutoring. Some of the current tenants are psychologist, dentist, beauty salon, real estate brokers, mortgage brokers, tutoring, driving school, music teacher, art studio, doctor, Diamond Bar Tailoring, and used car dealers.

Offered By

Rinehart Management Co
Contact Terry at (626) 331-2441
Or Cell (626) 233-3952

GATEWAY,

EXECUTIVE SUITES

SUITES • CONFERENCE ROOMS • EVENT SPACE DAY OFFICE • MEET SPACE

909.988.3478

Here We Grow: New additions to Eastvale

Grow from page 1

Stop by to try their delicious appetizers, noodles, or house specials!

Bushfire Kitchen will also officially open their doors in Eastvale on May 2. They will be located at The Merge as well. Bushfire is a family owned and operated restaurant that will bring its signature healthy comfort food, delicious cocktails, and craft beer and wine to the community. Bushfire was founded in 2012 by two cousins (a chef and an entrepreneur) that "wanted an establishment they'd feel proud to bring their family to," stated a City news release. "Working together, their mission is to provide customers with healthy choices and quality ingredients at affordable prices. Ensuring the

utmost quality and freshness, just about everything they serve is made from scratch at Bushfire Kitchen. Bushfire sources the best ingredients, using local produce when possible and antibiotic-free meat that is humanely raised. Bushfire never uses preservatives, food colorings, flavor enhancers or GMOs. Made slow and served fast, their comfort food redefines classic American cuisine and accommodates preferences like vegan, vegetarian, and gluten-free," stated a news release.

Another exciting addition to the City are all the pavement resurfacing and sidewalk repairs throughout the city! In January 2022, the City of Eastvale Public Works Team partnered with All American Asphalt to begin repairs on Miliken Avenue, Sumner Avenue, Citrus Street, 68th Street, 65th Street, Whitewell Road, Prairie Smoke Road, River Road, and Schleisman Road. Construction has been taking place for four months and they are finally finished.

"Not only did several streets receive new overlay but 38 curb ramps were retrofitted to meet ADA compliance standards, a new median was installed on Schleisman Road to improve driver safety, and 750 square feet of concrete sidewalks were replaced to reduce tripping hazards," stated a City news release.

"We appreciate our Public Works Team for their dedication to taking care of our city," stated the City. "As Eastvale continues to grow, our team will continue to prioritize road maintenance for our residents and visitors!"



Photo courtesy: City of Eastvale

Noodle St. has officially opened their doors this month. They are located at The Merge at 14135 Limonite Avenue Suite #210.

Make Your Backyard Extreme

Extreme from page 1

so many years in business, you not only get quality products, you also gets years of experience of getting things done correctly and creatively.

Extreme Backyard Designs can provide custom Barbeque islands, outdoor fireplaces, fire pit tables, spas, patio furniture, and many other items all wholesale to the public.

"We are college and trade

school educated and enjoy the interaction and satisfaction of transforming backyards into a family's personal oasis," Deeley said. "Since we buy at such a large volume, we always have monthly specials on our web-

The Extreme Backyard Designs staff are the most knowledgeable and friendly people in the area, as they are centrally located on the corner of the 60 Freeway and Vineyard, right across from the newest Kaiser

building.

"We believe what makes a business thrive is to provide the best quality components, a superior level of customer service, while providing an affordable price," Deeley said.

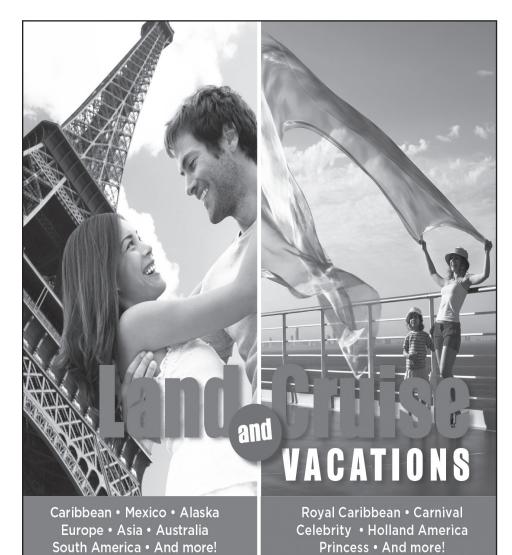
Serving all of Southern California, Extreme Backyard Designs is located at 2330 S. Vineyard Ave in our neighboring city of Ontario. They can be reached at 909.930.6111, or you can view their website at www. extremebackyarddesigns.com.



George L. Brown Insurance 1005 Calle Recodo San Clemente, CA 92673

License #0H30972





SANDRA HOUK

MAKING YOUR VACATION MORE THAN JUST A DESTINATION!

951.356.5048

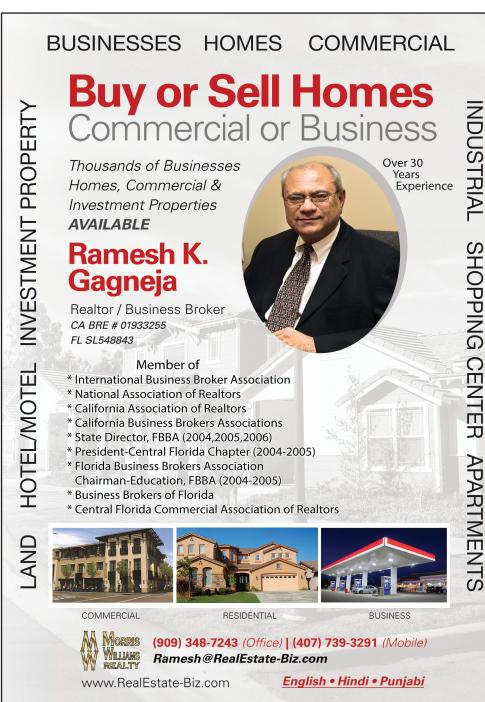
www.sandytraveling.com sandy@sandytraveling.com



Your Cruise and Land Specialist

Call today for the best land or cruise packages available and ask for special all-inclusive rates!

FST# ST39068. CST# 2034468-50



SBA LOAN NEW HOMES WORKING CAPITAL

City of Eastvale upcoming events

Events from page 1

and older who lives or works in Eastvale. The program gives participants an "in-depth, interactive, and behind-the-scenes look at local government," states the City. "Participants will also learn about our partner agencies and how we work together to foster success, development, and growth."

Applications must be sent to svasquez@eastvaleca.gov by April 30, 2022 at 5:30 p.m. The

program is limited to 25 participants. For more information or to apply, please visit our website or email svasquez@eastvaleca.gov.

Lastly, local artists are being called to showcase their art in the city. "Our Public Works team has been working hard to

secure grants that allow us to fund local art projects created by local artists," stated the City. "These projects can be murals, sculptures, literary art, musical theater, or other art mediums you specialize in!"

So, if you're interested in de-

signing and creating an art piece for the city of Eastvale, send your portfolio and a description of your project to Management Analyst, Jessica Haro at jharo@eastvaleca.gov by Monday, June 13, 2022. All art forms are welcome.

Crime recap

Crime from page 1

Norco, Michael TkachYk- 25 years of Riverside, Liborio Morales- 21 years old of Riverside, Jose Bautista- 35 years old of Riverside and Efren Castillo Caspar- 49 years old of Jurupa Valley.

Teacher arrested

Arrested from page 1

12, 2022. However, she was released from custody the following day on a \$50,000 bond.

This investigation is currently on-going. Anyone with information regarding the details of this case is encouraged to call Investigator D. Schell at (951) 203-4306.

Prostitution is not a "victimless" crime. Those victimized by commercial sexual exploitation frequently have long histories of emotional, physical, and/or sexual abuse or trauma in their backgrounds. The National Center for Missing and Exploited Children estimates 1 in 6 endangered runaways reported are likely victims of sex trafficking. Sex trafficking

victims are often subjected not

only to severe forms of emo-

tional, physical, and sexual abuse at the hands of their trafficker, they are also frequently physically and sexually assaulted by those that solicit them for prostitution.

Anyone with further information about this incident or if you suspect human trafficking activity in your area, please contact the Jurupa Valley Sheriff's Station. The Jurupa Valley Special Enforcement Team can be reached at 951-955-2600.













APRIL 2022 Eastvale News 7



Join us for weekly informational sessions - every Tuesday at 3:30 p.m.

Sign up to attend, ask questions and learn about:



College education without debt



Mentor support



Paid on-the-job training



Directed education







Local Apprenticeships Uniting a Network of Colleges & High Schools



SCAN THE QR CODE TO REGISTER FOR A TUESDAY SESSION:

(951) 372-7028

https://bit.ly/3gOX5rW

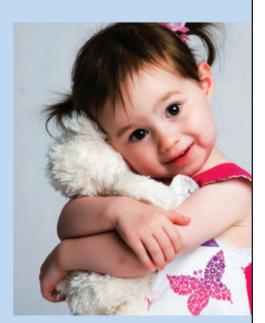
apprenticeship@norcocollege.edu

The Riverside Community College District does not discriminate on the basis of race, color, national origin, sex, disability, or age limits. The following person has been designated to handle inquiries regarding non-discrimination policies or practices: District Compliance Officer, 3801 Market Street, Riverside, CA 92501, or (951) 222-8039.



Foster homes urgently needed in your neighborhood.

- Ongoing Training and Support
- Freedom to choose
 placement preferences
- Supportive Agency Staff
- Activities and Outings throughout the year
- Financial Compensation
- Convenient Orientation Appointments
- Volunteer Opportunities Available



Call today for more information

951-735-5300

"Making a Difference in Foster Care"



Avant-Garde Foster Family Agency 1655 East 6th St. Suite A-4C, Corona CA www.avgffa.org



LANDSCAPE CONTEST

WINNERS RECEIVE \$500

Do you have drought tolerant landscape?

ENTER OUR CONTEST-BECAUSE SAVING WATER IS BEAUTIFUL!

For information and rules, visit

INLANDEMPIRELANDSCAPECONTEST.COM

Open for entries: April 1 - May 17

BROUGHT TO YOU BY YOUR INLAND EMPIRE FAMILY OF WATER AGENCIES

APRIL 2022 **Eastvale News**

Jeanne Hopper: November 6, 1950 – April 11, 2022

Mark Hopper

I met my future wife during our freshman year at Scottsdale High in 1964. She was elected the freshman class secretary and I was elected freshman class president. We worked on a variety of school projects and attended many school activities with a large group of friends. We didn't start dating until the end of our senior year and got married after I finished college on June 6, 1971. We were twenty years old.

She was a wonderful mother to our four children and a spe-

cial grandmother to our grandchildren. She loved children and launched preschools at both our church in Arizona and here in Diamond Bar. She also taught children's classes on Sunday morning and taught Vacation Bible School in the summer.

Our grandchildren loved to come to Grammy's house. She always had songs to share, new games to play and new activities to enjoy. Their favorite activity was having a Tea Party with Grammy.

Jeanne loved people. She earned her college degree in special education at ASU and

her teaching credential at Cal Poly in Pomona, CA. She also loved God and enjoyed teaching the Bible. She started the Women's Bible study program at both of our churches. She was actively involved in our missions program and traveled around the world serving people and encouraging mission-

She taught in public schools in Dallas, Texas while I was in grad school and she taught sixth grade here in Diamond Bar for fifteen years. Jeanne retired in 2006 after being diagnosed with breast cancer. She continued to undergo treatment for her cancer for the rest of her life and launched a cancer support group in our home to encourage other women and men who are dealing with that disease.

I have always said Jeanne was the better half of our ministry. She touched the lives of young children, teens, college students and young adults. She hosted baby showers and wedding showers in our home. She made meals for new mothers and cared for older widows, too. She was a remarkable wife, mother and grandmother. We will miss her so much but we are



thankful she is now with Jesus reunited with loved ones and no longer enduring the effects of cancer.

Choosing Forgiveness

Pastor Dennis Morales

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.'

A man was having a discussion with a friend about his relationship with his wife. The man said "Every time we have an argument she gets historical." The friend corrected him and said, "Do you mean hysterical?" "No, I mean historical. When we argue, she brings up stuff from the

past and holds it against me!" The devil would love to have you to hold grudges, because a grudge can move to bitterness. If there isn't forgiveness, what the Bible calls "a root of bitterness" will take place (Hebrews 12:15). The devil aims to divide marriages, families, and friends through un-forgiveness. Un-forgiveness can kill any relationship. Because we live in an imperfect world, we are bound to mess up sometime. Has someone wronged you or betrayed you?

You may not be able to fix everything, but one thing you do have the power to do, it is to forgive. Joseph was betrayed by his brothers and sold into slavery. At the end of Joseph's story, he forgives his brothers. He had complete trust in God and what He can do through forgiveness. Joseph brought his two sons, Manasseh and Ephraim, to Jacob for his blessing. Jacob asked "who are these boys?" Joseph said "These are my sons. God has given them

to me in Egypt." "Manasseh" means "forgetful" and "Ephraim" means "successful." (Genesis 48) Joseph knew the power and success of forgiveness. He simply forgave and forgot. God has essentially done the same with us (Psalm 103:12).

Calvary Chapel Eastvale meets at Eastvale Elementary located at 13031 Orange St, Eastvale. Sundays 8:30/10:30am. Livestream, YouTube Live, and Facebook Live is also available. www.calvaryeastvale.org.



World Autism Awareness Day



Melody Kraemer

Did you know that World Autism Awareness Day is an internationally recognized day on April 2? Though in my world, Autism awareness is every day. Every day I wake up, just like other moms and dads who have special needs kids. Unless you know the road and journey we are on, it's not easy to understand the ins and outs of the day and the struggles we

I may not speak for all parents with kids on the spectrum, but I have talked to many. We feel isolated, alone, and overwhelmed. Yes, we have friends, but friends and family have also left us alone because "you are busy," in their words. Let me say this and scream it to the highest mountains; we need you. I have asked many parents of kids on the spectrum what people can do for them; how can you not feel so alone and isolated? Most of the responses returned the same; they wanted to feel connected. Here are some ideas I received to help with that connection.

You have no idea what a simple, Hi, Im thinking of you does for one spirit.

1) Call, text, or even send an email. Granted, you may not get a response back right away; please understand. But know you are appreciated, and that simple message did won-

2) Invite us out and include us in your group outings; most likely, we won't be able to go, but the thought of being included helps with the loneliness.

3) If you have a moment, Babysit for us if you know our child. An hour's break can do wonders for the soul.

4) Ask if you could run an errand for us.

5) Bring us a cup of coffee, or offer a meal, send pizza.

6) Take a moment and get to know our kids. They are amaz-

As parents, we are that lonely child sitting at that cafeteria table, hoping that someone will talk to us. We teach our kids to reach out to that child sitting there; let's not forget that as adults and reach out to those

parents who feel lonely, consumed with their autistic children, and overwhelmed with life.

Proverbs 27:9 TPT

Sweet friendships refresh the soul and awaken our hearts with joy, for good friends are like the anointing oil that yields the fragrant incense of God's presence.

Melody Kraemer is the Editor and Publisher of AutismMomAdventures.com. Follow her on Instagram @So_Cal_Autism_Mom_Adventures Facebook.com/autismmomadventures. For more information or general encouragement, feel free to email her at: autismmomofboys@gmail.com.

Help is Here Free Counseling is Available

For the past twenty -five years I have run a free counseling group every Monday evening from 6-8p.m. I also run free counseling groups the first and third Friday of every month from 9a.m.-11a.m. Before the pandemic I was able to run the groups in city buildings face to face and now I run them on Zoom. To get the link to each group weekly just send me an email at nancyjstoops@verizon .net and a message telling me you would like the link to join my group. We talk about everything from stress, to providing tools to help with your child's homework. You can just come to the group and tell me what you need some help with. If you are bashful you can just join and listen. I even offer a guided med-

These are very difficult and trying times but you are not alone and support and tools are available through these free groups. We also do a lot of laughing and just have a good time. If you can't stay for the entire group that's also fine. I see so many people struggling right now and I just want to offer years of expertise in helping others resolve their problems and live better lives. We all need help from time to time so don't let your pride get in your way of joining. In a counseling group we have many opportunities to learn from each other's experiences and knowledge as

I invite you and your children or anybody you know that could use some support to come to the groups. You might actually

to live and get things done for you and your family. I come from being a teacher so I can really help your kids as well and I have a bachelor's degree in child development. I hope you will reach out and email and remember asking for help can be a refreshing way to deal with your problems.

This article was written by Nancy Stoops M.A., M.F.T. Nancy is a licensed Marriage and Family Therapist. She has a private practice in Diamond Bar and is currently accepting new clients; she is also a motivational speaker who can inspire your employees or group members. Nancy runs free family support groups, a group on loss for seniors, and groups on how to manage anger. For more information about any of

itation at the end of the groups. find a better and healthier way these services feel free to contact her at (909)229-0727. You may e-mail Nancy at nancyjstoops@verizon.net. You may purchase Nancy's books Live Heal and Grow and Midnight the Therapy Dog at Amazon.





April is Distracted Driving Awareness Month

RIVERSIDE COUNTY SHERIFF'S DEPARTMENT

Riverside County - April is Distracted Driving Awareness Month, and the Riverside County Sheriff's Department will be on alert for drivers throughout the month who are in violation of the state's hands-free cell phone law.

"Holding your phone and using it while driving is not only dangerous, but also illegal," Riverside County Sheriff's Department said. "For the safety of your family and others on the road, put the phone away and focus on driving."

According to the 2021 California Statewide Public Opinion Survey, nearly three out of every four drivers surveyed said that distracted driving because of texting was their biggest safety concern. In 2019, the California Highway Patrol (CHP) issued nearly 20,000 citations during the month of April to drivers for hands-free cell phone law violations.

Under current law, drivers are not allowed to hold a phone or electronic communications device while operating a vehicle. This includes talking, texting, or using an app. Using a handheld cell

phone while driving is punishable by a fine. Violating the hands-free law for a second time within 36 months of a prior conviction for the same offense will result in a point being added to a driver's

record.

If you have an important phone call, text, email, or need to program directions, pull over to a safe parking spot. Before starting the car, either silence your phone or put it

somewhere you can't reach. Funding for this program

is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

Voortman's eggs

Eggs from page 1

machine can handle about 36,000 eggs per hour at its peak. If the average bird lays one egg about every 26 hours, that equals a lot of chickens at the Voortman ranch!

Did you know that you can tell how fresh an egg is by how high the yolk stands up in the frying pan after you crack it? Voortman's will have your over-easies standing tall. Their fresh eggs are the highest in quality, with dark, nutrient-dense yolks. You will immediately notice a difference in your cooking and baking.

Have you ever wondered how long the eggs in the grocery stores have actually been sitting around? Despite the use-by date, there is really no way to know how long ago they were produced. With Voortman's, the eggs are selected daily, on site, and

readied for you in their store.

Third-generation egg rancher, Eddie Voortman, says, "We are a local, family-owned business that provides fresh, quality products to the public."

Customers of Voortman's rave about their all natural, cage free eggs, touting the freshness, and great pricing. One customer said, "They make the fluffiest scrambled eggs!"

The eggs come in all sizes and colors, depending on your needs. Whatever you choose, you will not be disappointed.

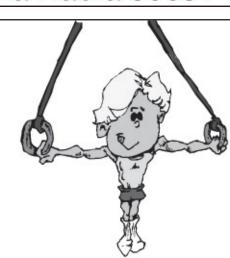
Voortman's is centrally located just minutes from Chino at 13960 Grove Avenue in Ontario (just north of Edison). You can reach Voortman's at (909) 465-1319; and Like them on Facebook at https:// www.facebook.com/pages/ Voortmans-Egg-Ranch.

Stop by any time Monday through Saturday, 8 a.m. to 5









56 Years of Fun & Fitness!

Fully Air-Conditioned Facility

FREE Registration

(\$62.50 value)

First time students only not valid with other offers. Exp.

Located off the 91 & 15 Freeway

145 Radio Road • Corona (951) 734-1888

Boys & Girls 18 months & up!



Visit us at www.kipsgymnastics.com



Window Tint

See What our Customers have to say about us on Yelp.com



- **Lifetime Warranties**

- Same Day Service





100% Guarantee

• 20+ Years Experience

air-conditioning bill

Reduce up to 81% of the heat in

your home and lower your

Window Tint

For Your Home

Designer films for shower doors,

 Rejects 99% of UV Rays that fade window coverings & furniture

Save 30% on cooling costs

paintry doors & more

FREE Estimates

(951) 737-7007

1780 Town & Country #104 - Norco

(Across from Norco DMV & Post Office)

Open Mon.-Fri. 8am - 5pm Open Saturdays

Ca. License #967922 - Licensed-Bonded-Insured

% APR FOR 18 MONTHS OR UP TO \$5500 INSTANT REBATES

HEATING & AIR CONDITIONING



FREE WITH COMPLETED REPAIR





SCHEDULE YOUR APPOINTMENT TODAY! CALL 866-MIETZ-AIR!

18784 MONTE VISTA AVE.

CHINO. CA 91710

CA LICENSE # 741824 BONDED & INSURED





6 3 8 9









*Call 800-431-5921 for details about credit requirements, costs, and terms. For new accounts, the APR for purchases is 28.99%. Subject to credit approval. Offer expires 12-31-22 See your independent Trane Dealer for complete program eligibility, dates, details and restrictions.

Service Contracts Accepted Quality Guaranteed...

YOUR DIESEL REPAIR SPECIALIST IMPORT, DOMESTIC & EUROPEAN VISIT US AT: candsautoandtruck.com

10521 Limonite Ave. Mira Loma, CA 91752 951-681-5080



32 Point Inspection, up to 7qt. Valvoline

excludes syn. oil. must present coupon. cannot combine with any other offer. limited time offer

\$69 Two Wheel \$79 Four Wheel

must present coupon, cannot combine with any other offer. limited time offer

5 Includes

must present coupon, cannot combine with any other offer. limited time offer

BRAKE SPECIAL

Includes Pads & Labor. Most Cars.

excludes european imports. must present coupon. cannot combine with any other offer. limited time offer

ALIGNMENT SPECIAL

179.95

Transmission Flush

Most Cars. Some Exclusions Apply.

excludes european imports, must present coupon, cannot combine with any other offer. limited time offer

\$25 OFF|\$50 OFF

Any Repair Over \$160 | Any Repair Over \$320

must present coupon. \$25/\$50 off applies toward labor, no parts, cannot combine with any other offer, limited time offer

A/C • BRAKES • OIL CHANGES • CLUTCH TUNE-UPS • MAJOR REPAIRS • TRANSMISSIONS



SellYourCasa.com

877.888.SOLD

