

#### HERE WE GROW

#### **New Businesses** Open

STAFF REPORTS

Eastvale - The City of Eastvale announced several new businesses that are coming to the City and others that have recently opened this month!

This week, Otoro Sushi and Teppanyaki officially opened their doors at 13394 Limonite Avenue, Suite 110 in Eastvale. They offer sushi, combination plates, hibachi, and much more! Stop by during their happy hour Tuesday

see Grow page 4

## New Radar Speed Signs In Eastvale

STAFF REPORTS

Eastvale - The City of Eastvale Public Works team and the Riverside County Sheriff's Department recently met to discuss the possible installation of radar speed signs in the City. "Radar speed signs are traffic signs that alert drivers of their speed when driving by, helping them stay within the speed limit," stated the City.

Both teams meet every month to discuss "safety concerns, traffic concerns, traffic count

and more," according to the City. The Eastvale Public Works Team is committed to the maintenance and operation of the City of Eastvale's infrastructure, according to the City website.

In the past, many residents have expressed their concern of speeding taking place throughout the community. Therefore, the potential speed signs may be a possible solution to the current issue.

However, when the City posted on their social media

updates, community feedback, about the speed signs, many residents commented against them saying they wouldn't fix the problem. Many suggested other solutions such as cameras, speed bumps, and more law enforcement.

> Mayor Pro Tem Todd Rigby also commented on the post stating, "Part of the purpose of speed radar signs is to collect data (speed mph, time of day, frequency, etc.). This data

> > see **Speed** page 4



Photo courtesy: City of Eastvale

The Eastvale Public Works team and the Riverside County Sheriff's Department recently met to discuss the possibility of installing new radar speed signs in the City.

## **Eastvale Summer Events**

STAFF REPORTS

Eastvale - There are so many family fun events coming up this summer. Mark your calendars for the events below!

The first is the annual Picnic in the Park, hosted by JCSD with the City of Eastvale as a proud presenting partner. The event will take place on June 24, 25, and 26 at the Eastvale Community Park, located at 12650 Citrus Street in East-

vale. This free event will feature picnic games, carnival rides, a beer garden, delicious food, fireworks, entertainment, and more!

The weekend includes the following: June 24th from 5 p.m. to 11 p.m. featuring Cold Duck; June 25th from 2 p.m. to 11 p.m. featuring Bruno Mars and the Hooligans, and a firework show; and June 26th from 3 p.m. to 10 p.m. featuring Como La Flor. Visit www.jcsd.us or call 951.727.3524 for additional information

Another exciting event coming up is an Independence Day Bike Parade on July 2! Bring your bike, scooter, or wagon to this family fun event at Vantage-Point Church. The event will

take place from 8:45 a.m. to 11 a.m. and will include a parade, decorating contest, prizes, a DJ, Facepainting, FREE Kona Ice and more!

Be sure to come by from 9 a.m. to 9:30 a.m. to decorate your wheels and enter to win various prizes, including tickets

see Events page 5

#### **OUR FEATURED BUSINESSES**

## Crime Recap

STAFF REPORTS

Eastvale/ - In the last month, a few updates and announcements took place in the City of Eastvale. The information listed below is courtesy of the Riverside County Sheriff's Depart-

INCIDENT: Drive-By Shoot-

INCIDENT DATE: May 22, 2022; update June 1, 2022

WHERE: Eastvale

6:08 p.m., deputies responded to a report of a shooting in the 6500 block of Red Oak Drive in the City of Eastvale. Upon arrival, deputies learned that a vehicle drove down the street, and an occupant from inside the car fired numerous rounds at an occupied residence. The gunfire struck no victims; however, several vehicles parked in the driveway sustained significant damage.

Update as of June 1: Juru-

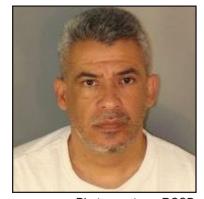


Photo courtesy: RCSD

Juan Huerta

On Sunday, May 22, 2022, at pa Valley Station Investigators continued the shooting investigation. During follow-up interviews, investigators learned the shooting stemmed from an internal family dispute, and the suspect, Juan Huerta, was identified. On June 1,2022, Jurupa Valley Station investigators and Special Enforcement Team members served a search warrant in the 2900

see Crime page 4

### Metz Air Control Voted #1 in Customer Satisfaction

**NEWS RELEASE** 

Chino - Metz Air Control has been in business since 1977 and is located in Chino. The family owned, once small company, has expanded to 16 employees. Jon and Bryan Metz are brothers who own the business together. They are dedicated and determined to uphold the values their father taught them about business and life. They pride themselves on offering honest and de-



For more information about Metz Air Control, call their office at 909-628-9525 or visit www.metzaircontrol.com.

see Metz page 10

#### Tint Your Windows At Mr. Tint

STAFF REPORTS

Norco- Car window tinting is one of the best ways to improve the look and comfort of your vehicle. You can protect the interior of the vehicle from sun damage by tinting the windows. Sunlight and heat can cause your interior, like seats and the dashboard, to fade, crack and deteriorate. Window tinting reduces the sunlight allowed into the vehicle, which in turn reduces how hot it gets inside your car. Likewise, homes and offices heat up during the day, and trying to keep your air-conditioner ahead of the game

see Tint page 4



Mr. Tint is conveniently located at 1780 Town and Country Drive, #104, in Norco. Call them at (951) 737-7007 for more information, or visit their website at http://www.mrtint-ie.com.

ABC PUBLIC RELATIONS • (909) 464-1200 • ANAPR.COM • 5375 WALNUT AVE #74, CHINO, CA 91710









IG: @abc\_public\_relations\_csgpr T: @ABCPRelations FB: ABC Public Relations CSGPR Current Resident Or

**Presorted** Standard U.S. Postage PAID Chino, CA Permit #61

## Please Join Us for Eastvale's First-Ever Restaurant Week!

The City of Eastvale is excited to announce its partnership with the Eastvale Chamber of Commerce for our first-ever Restaurant Week July 11 to July 17, 2022!

A dozen restaurants throughout Eastvale have agreed to participate in this event, meaning that any resident who visits participating businesses throughout the week of July 11 to July 17 will receive a special discount! All you have to do is bring this paper in! Once you make a purchase at these select businesses, you're invited to send a photo of your receipt to the City at restaurantweek@eastvaleca.gov for a chance to win one of our five raffles.

Restaurant Week is an amazing opportunity for residents to support local businesses while exploring the exquisite cuisine Eastvale has to offer.

A few participating businesses include Blaze Pizza, Jinya Ramen Bar, Devil's Kitchen & Teppan, EastBrew Cafe and Bakery, and more! We hope to see you participating in such an exciting event in the near future!



The Orthopedic and Total Joint Care Center

## A GAME CHANGER FOR SHOULDER SURGERY

The Orthopedic and Joint Care Center at Corona Regional Medical Center

offers comprehensive services to diagnose and treat acute and chronic conditions. Corona Regional focuses on conditions that affect the shoulders, hips and knees.



Eli Sayegh, MD Sports Medicine Orthopaedic Surgeon

Dr. Sayegh specializes in these shoulder procedures at Corona Regional Medical Center:

- Shoulder replacement
- Rotator cuff injuries
- Sports-related shoulder

To find an orthopedic specialist, visit doctors.coronaregional.com



Partners In Health and Healing 800 S. Main Street • Corona, CA 92882 951-737-4343 • coronaregional.com JUNE 2022 Eastvale News 3

## City of Eastvale News

### ABC PUBLIC RELATIONS CITY OF EASTVALE NEWS

5375 Walnut Ave, 74 Chino, CA 91708 Phone: 909.464.1200

#### PUBLISHER DO Datalia Dataliana

ABC Public Relations

#### **EDITORIAL**

Editor In Chief: Sarah Sanchez

Staff Writers, Photographers, Editorial Team: Staff Writers

#### **PRODUCTION & DESIGN**

Mark Martinez

### SOCIAL MEDIA & WEB CONTENT

Rudy Delgado Jr. instagram.com/abc\_public\_relations\_csgpr/

#### **ADVERTISING SALES**

909.464.1200

VP of Sales: Rita Rivas

Account Executives : Adriana Armijo

The City of Eastvale News is owned by ABC Public Relations It is directly delivered each month to homes and businesses. City of Eastvale News is not responsible nor liable for any claims or offerings, nor responsible for availability of products advertised. All rights reserved. Reproduction in whole or in part without permission is prohibited.

#### Write to Us

Do you have any comments, questions or concerns about the community?

Write a letter to the Editor.

#### **Eastvale News**

Please contact us at:

#### **LETTERS**:

5375 Walnut Ave, 74 Chino, CA 91708

#### E-MAIL:

editor@anapr.com

# ABC PUBLIC RELATIONS

## Happy Father's Day?



#### MICHAEL ARMIJO

Each year it comes and goes, all too fast, all too quickly. Just like my father's life, Father's Day sneaks up on me and then leaves unexpectedly. All is gone, and all is forgotten.

My father and I had a very rough relationship when I was growing up; I don't recall telling him I loved him until I was in my late 20's. We missed so much with each other; we missed a time that every child needs in order to survive, every child deserves when they walk this Earth, every child wants to reflect back upon and has a right to for a strong and independent life. Life with a father.

I missed so much with my dad, but the last five years of his life we became best friends. I miss him so much. What hurts me deep inside though was that those five fast years did me a world of good, but it has been a struggle to hold on to them. Over 25 years of a poor relationship life is hard to erase with just five years of a bond. The baseball games, the football games. The guidance, the knowledge. I tried so hard to be a good kid, I just didn't know how. I needed a father to show me a strong example that I could see and respect each day, but I just didn't have that.

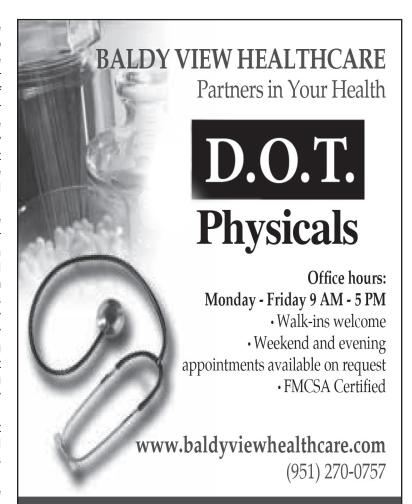
I believe the importance in being a father each day, and not waiting, or procrastinating.

Spend time TODAY, I believe in the importance of listening to your kids, knowing their favorite color, their favorite food, their favorite TV shows. The color of their eyes, the texture of their hair. The texture of their skin, the size of their palms. And to know these things by association, not because you've asked them. I've sat and listened to my kids and looked deep into their eyes. I can close my eyes and describe every inch of both my daughter and my son's face. The trends in my life were set differently, and I've managed to change them so I wouldn't have the regrets many fathers do. It wasn't easy to learn how to love, but I really do love my children, something I had to learn, something I don't remember having while growing up. Something that was very hard to feel comfortable with.

When you make that effort in being a good father, you'll understand why when your kids turn out to be these wonderful, caring individuals that overcome the harshness of society. When they tread new paths and enlighten your life. When they become successful young adults in an honest, professional industry. When they make the right decisions based on character and integrity because they saw their mother and father do the same. At that time, you'll understand the hard work paid off.

Happy Father's Day. Each year it comes far too fast, far too quickly. Just like life. But Father's Day isn't just about honoring your father on a special day or receiving gifts from your children; it's about father's earning the privilege to have a day to be honored, earning the privilege in BEING a father. When your kids call your name, just the joy of hearing the word "Dad," is a gift of love and respect we receive from our kids. And then you'll feel that every day is truly Father's Day.





1780 Town And Country Dr. #103 • Norco, CA 92860

## Office, Professional, Commercial and Retail Space



Canyon View Offices at 21308 Pathfinder Rd., Diamond Bar

Diamond Bar-Canyon View Plaza is an ideal location for multipurpose offices with 24/7 access to building. Located right next to the 57 and 60 fwy makes it highly visible and easy to find. It is across the street from Diamond Bar High School and Chevron Gas Station. Offices are all inclusive. Starting at \$700 for an executive suite. Offices range in different size up to 2300 sq ft. Free utilities, including water, trash, gas, gardening and cleaning service. Verizon is the phone carrier. Wireless internet FIOS and direct tv are available. Great space for office, retail, medical, acupuncture, nail salon, beauty salon, and school related business like tutoring. Some of the current tenants are psychologist, dentist, beauty salon, real estate brokers, mortgage brokers, tutoring, driving school, music teacher, art studio, doctor, Diamond Bar Tailoring, and used car dealers.

Offered By

Rinehart Management Co
Contact Terry at (626) 331-2441
Or Cell (626) 233-3952

## GATEWAY EXECUTIVE SUITES

SUITES • CONFERENCE ROOMS • EVENT SPACE DAY OFFICE • MEET SPACE

909.988.3478

## Tint your windows at Mr. Tint

#### Tint from page 1

can be costly.

Car window tinting also increases the value of your vehicle when done by professionals like Mr. Tint. Quality car window tinting and expert installation is essential for a professional tint job and maintaining a showroom-quality car.

autos, homes, and commercial buildings. By tinting your windows, you can not only save up to 30% on your cooling costs with a significant decrease in heat, but you can reduce up to 99% of the UV rays that fade auto interiors, window coverings and furniture in your home and

There is one goal prevalent at Mr. Tint, and that is for their Mr. Tint has a solution for customers to be 100% satisfied.

They are focused on not only providing a superior product, but with offering competitive pricing alongside exceptional customer service. Mr. Tint believes in treating the customer right in all aspects of their business. By earning your loyalty, you will refer your family, friends and business associates, and come back time and again.

Family owned and operated, Mr. Tint offers free estimates

and lifetime warranties. With over 20 years of experience, the quality of their workmanship is second to none. They are completely sure you will be satisfied, and invite you to see what other customers are saying on Yelp.

Business hours are Monday through Friday, 8 a.m. to 5 p.m.; and Saturdays, 9 a.m. to 3 p.m. Same-day service is available, and you can enjoy free beverages and Wi-Fi while you wait, or take advantage of their free shuttle service (within 10 miles).

Mr. Tint is conveniently located just minutes from Eastvale at 1780 Town and Country Drive, #104, in Norco (near the post office and DMV). Call them at (951) 737-7007 for more information, or visit their website at http://www.mrtint-ie.com. See their ad on page 11 of this publication.

## Here We Grow: New businesses open

#### **Grow** from page 1

through Thursday from 11:30 a.m. to 7:00 p.m. and Friday through Sunday from open to 5:00 p.m.

In early June, Dog Haus Biergarten also officially opened their doors in Eastvale! They are located at The Merge, 14063 Limonite Avenue Suite #100. Dog Haus offers their signature haus dogs, haus burgers, haus chicken, craft beer, sides, and ice cream. "Dog Haus has garnered critical acclaim and national attention for its signature all beef Haus Dogs and handcrafted

proprietary Haus Sausages, as well as its 100% genetically tested, humanely raised, hormone- and antibiotic-free Black Angus beef from Creekstone Farms," stated the City in their announcement. "All Dog Haus dogs, sausages and burgers are also served on grilled King's Hawaiian rolls!"

The City also announced a few new businesses that will be coming to Eastvale. Crumbl Cookies is expected to arrive in 2023 at The Station! They will be located in the Goodman Commerce Center, at the corner of Hamner Ave and Cantu-Galleano Ranch Road.

"Since opening its doors

three years ago, Crumbl has expanded to over 300 bakeries in 36 states nationwide, making it the fastest-growing cookie company in the nation,' stated the City. "With each new bakery, Crumbl will strive harder than ever to fulfill its mission of bringing family and friends together over the world's best box of cookies."

Another business that is coming to town is Olive Garden! This new restaurant is also expected to arrive at The Station in 2023. Olive Garden provides delicious Italian meals, homemade soups, iconic salads, and freshly baked breadsticks.



Photo courtesy: City of Eastvale

Otoro Sushi and Teppanyaki officially opened their doors at 13394 Limonite Avenue, Suite 110 in Eastvale. They offer sushi, combination plates, hibachi, and much more!

## Crime recap

#### Crime from page 1

block of Missouri Avenue in the City of South Gate. A handgun and numerous live rounds of ammunition were seized. Subsequently, Juan Huerta was arrested and booked into the Robert Presley Detention Center for negligent discharge of a firearm where his bail has been set at \$500,000.

Anyone with information regarding this shooting investigation is encouraged to contact

## Radar Speed Signs

**Speed** from page 1

helps law enforcement deploy traffic enforcement appropriately throughout the day and throughout the city."

In addition, many studies have shown that radar speed signs can be effective. According to radarsign.com, "studies repeatedly show that when alerted by a radar sign, speeders will slow down up to 80% of the time. Typical average speed reductions are 10-20%, and overall compliance with the posted speed limit will increase by 30-60%.

This topic was discussed at the last meeting, but no decisions have been announced by the City or the Public Works team.

Investigator Komins from the Jurupa Valley Station at 951-955-2600.

INCIDENT: Copycat Threats WHERE: Riverside County

The Riverside County Sheriff's Department made the following announcement on May

We have been made aware of "copycat threats" in the wake of the tragic school shooting in

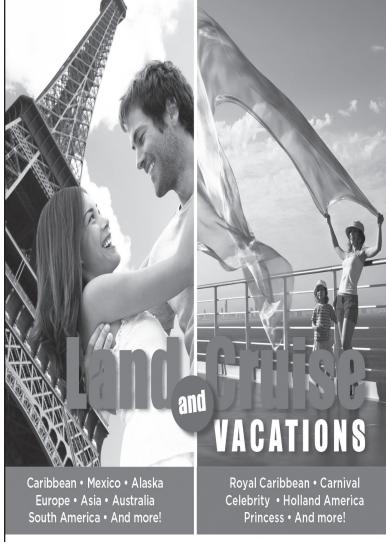
Please be assured that our Department works diligently to identify specifics on each incident and has not been able to confirm any credible threats.

Deputy presence has been increased at school events and will continue for the remainder of the school year.

The safety and security of our children is our top priority, and these copycat incidents are not taken lightly.







#### SANDRA HOUK

MAKING YOUR VACATION MORE THAN JUST A DESTINATION!

951.356.5048

www.sandytraveling.com sandy@sandytraveling.com



Your Cruise and Land Specialist

Call today for the best land or cruise packages available and ask for special all-inclusive rates!

FST# ST39068. CST# 2034468-50

JUNE 2022 Eastvale News 5

## Eastvale summer events

#### Events from page 1

to Knotts! Decorations will be provided during this time frame, then you can display your work at the parade at 9:35 a.m.

VantagePoint is located at 8500 Archibald Avenue in East-vale. For more information on how to enter the contest, email info@vantagepointchurch.org.

If you're a food lover, the City's first-ever Restaurant Week is the event for you! During the week of July 11 to July 17, residents will be able to visit 10 participating businesses, show the official Restaurant Week flyer, and receive a special discount! Check out page 2 of this publication to see the official flyer you can take in to each restaurant.

After residents make a purchase, they are encouraged to email a photo of their receipt to restaurantweek@eastvaleca. gov for a chance to win a special raffle too!

The participating businesses are: Masala House, Eastbrew Café, Little Eastern Café, Otoro Sushi, Jono's Sushi, Devil's Kitchen & Teppan, Which Wich, Jinya Ramen Bar, Bushfire Kitchen, and Blaze Pizza.

Another event in July will be Raahauge's Youth Outdoor Adventure Day on July 16! The event will take place from 8 a.m. to 4 p.m. and will include paint ball games, rock climb-

ing, archery, airsoft, kayaking, a petting zoo, falconry, various shooting ranges, food vendors, and more. The cost is only \$15 cash at the door and the first 600 kids will get a free door prize! Adults can also enter the adult raffle. For more information, visit raahauges.com or see the ad on page 5 for more

information.

The last event in July is the EATSvale Food Truck Festival on July 29. The Food Truck Festival will take place at 13200 Citrus Street in Eastvale. More information to come. Vendor requests can be directed to events@eastvale-ca.gov.

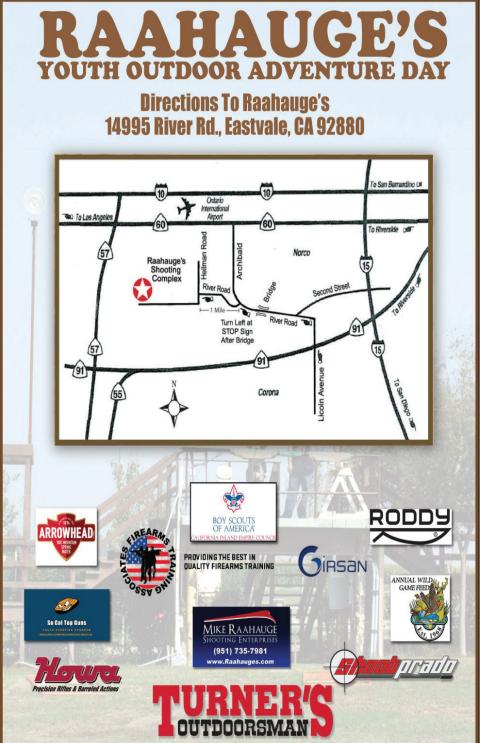


















JUNE 2022 Eastvale News 7



Join us for weekly informational sessions - every Tuesday at 3:30 p.m.

Sign up to attend, ask questions and learn about:



College education without debt



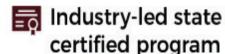
Mentor support



Paid on-the-job training



Directed education







Local Apprenticeships Uniting a Network of Colleges & High Schools



SCAN THE QR CODE TO REGISTER FOR A TUESDAY SESSION:

(951) 372-7028

https://bit.ly/3gOX5rW

apprenticeship@norcocollege.edu

The Riverside Community College District does not discriminate on the basis of race, color, national origin, sex, disability, or age limits. The following person has been designated to handle inquiries regarding non-discrimination policies or practices: District Compliance Officer, 3801 Market Street, Riverside, CA 92501, or (951) 222-8039.



PARTNERING WITH OUR COMMUNITY **SINCE 1998 TO** PROVIDE FREE, COMPASSIONATE WOMEN'S **HEALTHCARE** Corona Life Services is a nonprofit community medical and family support clinic for women and families facing unplanned pregnancies. Your generous support provides free medical resources to over 1,000 local women and families facing unplanned pregnancies each year. **OUR SERVICES INCLUDE:** Pregnancy testing Limited obstetrical ultrasound Options consultations Parenting education and men's program Essential baby and parenting supplies Community resource referrals Post-abortion, miscarriage and sexual trauma support Sexual risk avoidance education YOUR COMPASSIONATE SUPPORT AND COMMITMENT CREATE A LEGACY FOR LIFE!



PARTNER WITH US. DONATE TODAY.
VISIT WWW.CORONALIFE.ORG/DONATE



**JUNE 2022 Eastvale News** 

## Lazy Dad

#### **Mark Hopper**

When our kids were young we enjoyed camping in the beautiful White Mountains in eastern Arizona. We had a Coleman tent, a Coleman stove and a Coleman lantern. We camped along a bubbling mountain stream in the Upper Log Creek campground. The bathroom facility was a rickety wooden outhouse. It was pretty primitive but we have a lot of good memories of the times we spent there.

We also enjoyed camping with other families. One had a motor home and another had a pop-up tent trailer. We had the

leaky canvas Coleman tent. Our kids enjoyed playing with the other kids. The older kids watched over the younger kids. The mothers liked to enjoy time together and the dads liked to fish in the beautiful mountain stream.

One day one of my daughters asked if she could try fishing. I was busy trying to catch my own fish and we didn't have any extra fishing rods. But one of the other dads found a stick and put a hook and fishing line on it. Then he put some bait on the hook and helped my daughter to carefully climb out onto a dead tree limb so she could put her fishing line in the

stream.

Suddenly she felt a tug on her fishing line. She caught a fish! But she was so excited that she fell off the dead tree branch and into the cold mountain creek. I was able to wade into the cold water and help her get back to dry land. But in all of the excitement she never let go of her fishing pole. She had caught a fish and she wasn't letting go.

We still smile when we reflect on the day she caught a fish with a stick, line and hook. But as I look back on that event I realize that I had not been a good dad. I had been lazy. I didn't want to stop what I was

doing to help make her a fishing pole. Thankfully another dad did and she caught her own fish.

There is a verse in the Bible that says "Jesus did not come to be served but to serve others" (Mark 10:45). He put the needs and requests of others ahead of his own interests. This was a lesson I needed to learn too. I had put my own interests ahead of the needs of one of my kids. That day I was a lazy dad. Let me encourage you to put the needs and requests of your family ahead of your own. Be a servant leader. Be ready to respond to their requests. Watch for ways to help them



and encourage them. You will be glad you did and they will

Read 365 more stories and articles (one for every day of the vear) in the book Let me Encourage You by Mark Hopper. You can purchase two copies for only \$30 plus postage (\$5). Buy one for yourself and one to give a friend. Order your copies at mark@efreedb.org.

## God Is Speaking...

#### **Pastor Dennis Morales**

John 10:3 "... and the sheep recognize His voice and come to Him. He calls His own sheep by name and leads them out...."

We lost one of our sons at Knott's Berry Farm once and it was absolutely, not a good feeling. Our family began shouting his name. This went on it seemed for about 1 or 2 minutes. It seemed like 30 minutes. Then I jumped in at the top of my voice and shouted my son's

name. A few seconds later, I was relieved to see a security attendant coming over holding my son's hand. She explained that she saw my son was lost and she went to him. He said that he was looking for his papa. The security attendant said "suddenly, he began to say "Papa! Papa!" She knew that he had heard my voice. He then quickly took her in the direction of my voice. Out of a crowd of thousands, my son heard my voice. When God says something, it's

for good a reason and worth obeying. When he calls, it may be to say "stop," "go this way," or it may even be "not that way!" His voice is one that calls us, guides us, and protects us. God spoke audibly to some, such as Moses and Abraham, but God also speaks clearly through the pages of the Bible. There is a lot of noise in the world that can get in the way. The noise can be in the form of social media, TV, or even politics. But the more you read the Scriptures, the more readily you will know when God is speaking. Think about this for a minute. There is always music or talk on the radio. But you only hear the radio when it's turned on and tuned in. God is always speaking. The question is are you open and tuned in to His voice? The word "leads" in this verse speaks of "leading out." He knows the way and He is willing to lead you out of whatever you are going through and into His green pastures (Ps 95:7).

Calvary Chapel Eastvale



meets Sundays 8:30 & 10:30 am at Eastvale Elementary. Visit their website at www.calvaryeastvale.org. Download their app to be up to date on all events. Livestream, YouTube live, and Facebook live is available.

### Summer

#### **Melody Kraemer**

When I think all is calm and I'm finally getting a grasp on things, something comes along that shakes my world.

Oh, these last few days haven't been easy, though. It's summer and the kids are out of school. I have one that will be going into Jr high and one into high school in the fall. It may seem like a small change and butterflies in the stomach entering into a new environment. But...in the autism world, it's more like buffalos in the stomach, the gut-wrenching feeling of the unknown.

I got comfortable with our team at the school. Yes, there's a team for my boys. It's not only the teachers; so many more people are involved. I am sure that trying to schedule an IEP with all involved is very hectic, so my schedule best be open when I get that notice.

Two new schools, two new teams, new faces, a new environment, new bus drivers, new schedules, and so on have given me more anxiety than I care to deal with.

As I am trying to deal with this anxiety and grasp what is to come, I tell myself, let's enjoy these summer months and put those anxiety feelings on hold. That's easier said than done when I realized my youngest, semi nonverbal autistic child, got into my passcodes and decided he wanted to order a \$3000.00 playset for the backyard from Amazon. Plus other items he decided he wanted. I canceled all the orders except the \$3000.00 one. Having put my anxiety on

the back burner, it's now up front and center. I have to take a deep breath and remind myself Romans 15:13

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

Here's to a wonderful happy, stress-free summer.

Melody Kraemer is the Editor and Publisher of AutismMomAdventures.com Follow her on Instagram @So\_Cal\_Autism Mom Adventures



Facebook.com/autismmomadventures For more information or general encouragement, feel free to email her at: autismmomofboys@gmail.com

## Your Child's Best & Most Productive Summer

#### **Nancy Stoops**

I am a very big believer in rest and relaxation and feel summer is a great time to do that. I take a lot of time off in the summer to do exactly that but I must feel my summer is also productive as well. I force myself to move at a much slower pace and I do play a lot more but I try to remember the concept of balance as well. Summer also allows for some unique activities.

Please allow me to explain what I mean here. I see sum-

mer as a time to work on special talents and projects. Having a project can be very grounding and give you something to be working toward, which I believe is a very important concept. This doesn't in anyway, take away from very well deserved break.

The other really great piece about all of this is your child won't loose all of their skills over the summer and returning to school will be easier. Common sense tells us, if we don't use something for three months

our skills can become rusty. By allowing our children to do absolutely nothing over the summer we are not doing them good about their productivity a favor, we are doing them a grave injustice. Encourage your children to read a book, write a story about something fun, walk the dog to keep their muscles strong, help you add and subtract how many miles you'll be traveling this vacation, understand why when you throw the ball up, it always comes back down, and just keep learning the whole summer through.

Teaching them the way to find that balance that will enhance their relaxation, make them feel and allow them to have more fun than they ever have!!!!!

This article was written by Nancy Stoops M.A., M.F.T. Nancy is a licensed Marriage and Family Therapist. She has a private practice in Diamond Bar and is currently accepting new clients; she is also a motivational speaker who can inspire your employees or group members. Nancy runs free fam-



ily support groups, a group on loss for seniors, and groups on how to manage anger. For more information about any of these services feel free to contact her at (909)229-0727. You may e-mail Nancy at nancyjstoops@ verizon.net.

## New Hillcrest Baptist Church Pastor

#### **Nathan King**

Hillcrest Baptist Church is pleased to congratulate and welcome Matthew Miles as its new pastor. Pastor Matt has served as an Assistant Pastor at Temple Baptist Church in Lacey, WA since 2017. He earned his Bachelor's Degree from West Coast Baptist College in Lancas-ter, CA and a Master of Divinity from Liberty University in Lynchburg, VA. He and his wife, Rizza, have three wonderful children.

Our church is excited to have Pastor Matt with us starting in July. We invite our community and neighbors to our church every Sunday morning at 10:30am! The meeting location is at Vandermolen Elementary (6744 Carenlian St. Mira Loma, CA 91752).

Our church also provides children and nursery pro-

grams. In addition, we provide a Chinese service for those that are comfortable with Mandarin.

For more information about our church, go to visithillcrest. org or give us a call at 951-357-6737. Please pray for our church in these exciting times!



### Metz Air Control voted #1 in customer satisfaction

#### Metz from page 1

pendable service at a competitive price.

Metz Air Control is well known in the community and they believe their positive ratings are attributed to the relationships they build with their customers. They are a member of the Chino and Eastvale Chamber of Commerce and support local charities and sports teams. Metz Air Control is currently expanding their services as the surrounding communities continue to grow in housing and development. They currently serve San Bernardino, Riverside, Orange and Los Angeles counties.

Metz Air Control has been a Trane Comfort Specialist since 1999; not every dealer qualifies as a Trane Comfort Specialist. Dealers need to meet Trane's stringent standards and demonstrate a commitment to customer satisfaction and continuing education. Homeowners can trust a TCS dealer will deliver a quality installation and superior customer experience.

Every year, Metz Air Control has been recognized by Trane for outstanding customer service based on customer reviews. The communities of Chino & Chino Hills have voted Metz Air Control the People's Choice Award for the "Best Heating and Air Conditioning Company" for the past 4 consecutive years. Metz Air Control is an A+ rated member of the Better Business Bureau, 5-star YELP Company, has a 5-star Facebook rating and 5-star Google rating.

The office staff has been well trained to provide person-

al and professional services. Whether you are calling to set up a service call, need maintenance or just need information, they will make sure you are pleased with your overall experience.

When it comes to installation, every technician is background checked and trained to provide an exceptional experience for their customers. From a simple condenser change to a custom home with several systems, zoning and custom grills, Metz Air Control will provide you with a top-quality experience. They also do package units, duct changes, zoning, duct cleaning and much more.

Metz Air Control provides
Maintenance Protection
Plans to their customers for
increased value and service.
Customers participating in
these plans receive a 24-hour
turn-around service as well
as discounts for parts and
service. Please call the office
@ 909-628-9525 for more information about this program.

Seasonal specials include maintenance discounts, manufacturer rebates, and promotional offers that can always be found on their website @ www.metzaircontrol.com. Metz Air Control offers many financing options to fit your individual needs. They are also a participating contractor for the HERO and Benji Financing programs offered through Renovate America.

Metz Air Control is licensed, bonded, and insured. It is important for homeowners research any contractor you bring into your home to make sure they meet these same standards. Metz Air Control is proud to say that over 70% of their

business comes from referrals. They believe a referral is the best compliment a customer can give them.









56 Years of Fun & Fitness!

**Fully Air-Conditioned Facility** 

## FREE Registration ONE FREE Lesson

(\$62.50 value)

First time students only not valid with other offers. Exp. 7/15/22

Located off the 91 & 15 Freeway

145 Radio Road • Corona (951) 734-1888

Boys & Girls 18 months & up!



Visit us at www.kipsgymnastics.com



## Window Tint

See What our Customers have to say about us on Yelp.com



- **Lifetime Warranties**
- 100% Guarantee
- 20+ Years Experience
- Same Day Service



- FREE Estimates
- Save 30% on cooling costs
- Designer films for shower doors, paintry doors & more
- Rejects 99% of UV Rays that fade window coverings & furniture



Reduce up to 81% of the heat in your home and lower your air-conditioning bill



(951) 737-7007

1780 Town & Country #104 - Norco

(Across from Norco DMV & Post Office)

Open Mon.-Fri. 8am - 5pm Open Saturdays Ca. License #967922 - Licensed-Bonded-Insured

## % APR FOR 18 MONTHS \* 100% FINANCING AVAILABLE\*

HEATING & AIR CONDITIONING

**REPAIR & INSTALLATION** 



E SERVICE CALL WITH COMPLETED REPAIR 5128 value

Expires 06-30-21

FREE **ESTIMATE** 

REPLACEMENT





SCHEDULE YOUR **APPOINTMENT TODAY!** CALL 866-METZ-AIR!!

13784 MONTE VISTA AVE. CHINO, CA 91710

909-628-9525

**CA LICENSE # 741824 BONDED & INSURED** 







\*Call 800-431-5921 for details about credit requirements, costs, and terms. For new accounts, the APR for purchases is 28.99%. Subject to credit approval. Offer expires 12-31-21 See your independent Trane Dealer for complete program

Service Contracts Accepted Quality Guaranteed...

eligibility, dates, details and restrictions

YOUR DIESEL REPAIR SPECIALIST IMPORT, DOMESTIC & EUROPEAN VISIT US AT: candsautoandtruck.com

10521 Limonite Ave. Mira Loma, CA 91752



32 Point Inspection, up to 7qt. Valvoline

excludes syn. oil. must present coupon. cannot combine with any other offer, limited time offer

### ALIGNMENT SPECIAL

\$69 Two Wheel \$79 Four Wheel

must present coupon, cannot combine with any other offer. limited time offer

5 Includes

must present coupon, cannot combine

with any other offer. limited time offer

## 179.95 Transmission Flush

Most Cars. Some Exclusions Apply.

excludes european imports, must present coupon, cannot combine with any other offer. limited time offer

## BRAKE SPECIAL

Includes Pads & Labor. Most Cars.

excludes european imports. must present coupon. cannot combine with any other offer. limited time offer

## \$25 OFF|\$50 OFF

Any Repair Over \$160 | Any Repair Over \$320

must present coupon. \$25/\$50 off applies toward labor, no parts, cannot combine with any other offer. limited time offer

A/C • BRAKES • OIL CHANGES • CLUTCH TUNE-UPS • MAJOR REPAIRS • TRANSMISSIONS



SellYourCasa.com

877.888.SOLD

